



August Lunch Menu



Ringgold Elementary

| | | WEDNESDAY 8 | THURSDAY 9 | FRIDAY 10 |
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|  <p>***FREE - MealViewer-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***</p> | | CHOICE OF ONE ENTREE Popcorn Chicken Smackers/Dipping Sauce Breaded Steak and Gravy Chef Salad w/Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Fresh Watermelon Chunks Chocolate Chip Cookie | ***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce Fresh Pear | CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Ham Sand Let/Tom/Pickle/Doritos Mayo, Mustard Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices Fresh Apples |
| | | MONDAY 13 | TUESDAY 14 | WEDNESDAY 15 |
| CHOICE OF ONE ENTREE Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up 1/2 Chef Salad w/Big Gogurt Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches Fresh Pear | CHOICE OF ONE ENTREE Popcorn Chicken Smackers/ Dipping Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Orange Wedges Rosy Applesauce | CHOICE OF ONE ENTREE Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll 1/2 Chef Salad w/Big Gogurt /Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Pineapple Tidbits Frozen Juice Pop | ***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Orange Wedges Strawberries and Blueberries | CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Baked Potato w/ Ham and Cheese/ Roll Wow Butter Sandwich w/ Doritos Seasoned Corn Broccoli w/Cheese Chilled Peach Slices Watermelon Chunks |
| MONDAY 20 | TUESDAY 21 | WEDNESDAY 22 | THURSDAY 23 | FRIDAY 24 |
| CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun 1/2 Chef Salad w/Big Gogurt /Roll Lett,Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices Rosy Applesauce | CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges Fresh Pear | CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ Sauce 1/2 Chef Salad w/Big Gogurt/ Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Watermelon Chunks Mandarin Oranges | CHOICE OF ONE ENTREE Penne Pasta Alfredo/ Roll Fish Sticks w/Hush Puppies/Tartar Sauce Wow Butter Sandwich w/ Doritos Seasoned Green Beans Oven Baked Okra Wheat Roll Orange Wedges Applesauce Cups | CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Chicken Chili w/Cornbread 1/2 Chef Salad w/Big Gogurt/Cornbread Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Apple Wedges Pineapple Tidbits Juice Pop |
| MONDAY 27 | TUESDAY 28 | WEDNESDAY 29 | THURSDAY 30 | FRIDAY 31 |
| CHOICE OF ONE ENTREE Hamburger or Cheeseburger on bun Hot Dog on a bun Wow Butter Sandwich w/ Doritos Lett,Tom, Pickle Cup Mayo, Mustard Baked Beans Oven Baked Fries w/ketchup Apple Wedges Strawberries and Blueberries | CHOICE OF ONE ENTREE Pulled Pork Nachos w/Cheese Bowl of Chili w/Toasted Cheese Sand. Baked Potato w/Chili/Cheese Sour Cream and Roll w/Potato Fresh Squash Medley Glazed Baby Carrots Diced Pears Orange Wedges | CHOICE OF ONE ENTREE Popcorn Chicken Smackers/Dipping Sauce Breaded Steak and Gravy 1/2 Chef Salad w/Big Gogurt/ Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Fresh Watermelon Chunks Chocolate Chip Cookie | ***BREAKFAST FOR LUNCH*** Sausage and Eggs Chicken and Waffles w/Syrup Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce Fresh Pear | CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce /Roll 1/2 Chef Salad w/Big Gogurt /Roll Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices Fresh Apple |
| | | | <p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and we cups are available upon request.</p> | |
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