

# January 2018 Lunch Menu

Ringgold Elementary

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
NO SCHOOL <b>HAPPY NEW YEAR</b>	NO SCHOOL Happy Holidays!	NO SCHOOL Happy Holidays!	NO SCHOOL For Students  IN-SERVICE DAY	NO SCHOOL For Students  IN-SERVICE DAY
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
CHOICE OF ONE ENTRÉE Hot Dog on a Bun Pulled Pork on Bun w/ BBQ Sauce Ham Sand w/Let/Tom/Pickle/Doritos Tater Tots - Ketchup Baked Beans - Cond -Mayo, Mustard, Mixed Fruit	Fiesta Day Taco Soup Pull Pork Nachos w/ Queso Cheese Chicken Fajita Salad/Jalapeno Ranch Broccoli Dippers Glazed Carrots Salsa Corn Bread Strawberries and Blueberries	CHOICE OF ONE ENTRÉE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce/2 oz Roll Chef Salad/Ham/Chse/Dres/2oz.Roll Seasoned Green Beans Whole Kernel Corn Diced Pears	***BREAKFAST FOR LUNCH*** Sausage and Eggs Chicken and Waffles w/Syrup Breakfast Quiche Seasoned Roasted Potatoes Carrot Coins w/Ranch Southern Style Biscuit and Gravy Sliced Peaches	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Bowl of Chili w/Cheese toast Chef Salad/Ham/Chse/Dres/2oz.Roll Seasoned Green Beans Seasoned Corn Chilled Peach Slices Blueberry Crisp
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
NO SCHOOL HOLIDAY <b>M.L.K. DAY</b>	CHOICE OF ONE ENTREE Popcorn Shrimp w/Hushpuppies w/ Wheat Roll 2 oz. Ketchup/Tarter Sloppy Joe with a bun 1/2 Chef w/GO BIG yogurt Oven Baked Fries Creamy Cole Slaw Applesauce cups	CHOICE OF ONE ENTREE Cheese Calzone with Marinara Sauce Chicken Tetrazzini w/wheat roll Ham Sand Let/Tom/Pickle/Doritos Mayo, Mustard Carrot Coins w/Ranch Seasoned Corn Chilled Pears	CHOICE OF ONE ENTREE Popcorn Chicken - Dipping Sauce Meatloaf 1/2 Chef w/yogurt Mashed Potatoes Broccoli w/Cheese Wheat Rolls 2oz. Strawberries and Blueberries	CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce/WW Roll Wow Butter Sandwich w/Doritos Garden Salad w/ Dressing Seasoned Green Beans Chilled Pears Chocolate Chip Cookie
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
CHOICE OF ONE ENTRÉE Hamburger or Cheeseburger w/ Bun Chicken Patty on Wheat Bun Whole Grn Pretzel w/Cheese Sauce Lettuce/Tomato/Pickle Cup Oven Fries - Ketchup Baked Beans - Cond -Mayo, Mustard, Diced Pears	CHOICE OF ONE ENTRÉE Beefy Nachos cheese/Sour Crm/Salsa Pulled Pork Potato/cheese/BBQ sce/Roll Chef Salad/Ham/Cheese/Dres/2oz.Roll Crunchy Okra Pintos w/Cheese - Salsa Strawberries and Blueberries Taco or BBQ Sauce	CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham Sand w/Let/Tom/Pickle/Doritos Southern Style Biscuit Mashed Potatoes Buttered Green Peas Chilled Peach Slices	***BREAKFAST FOR LUNCH*** Sausage and Eggs Chicken and Waffles w/syrup Breakfast Quiche Seasoned Roasted Potatoes Carrot Coins w/Ranch Southern Style Biscuit and Gravy Strawberries and Blueberries	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Chicken Alfredo w/a Twist/2 oz. Roll Baked Potato w/Ham and Chse /2oz Roll Broccoli w/ Cheese Seasoned Green Beans Mixed Fruit
MONDAY 29	TUESDAY 30	WEDNESDAY 31		
CHOICE OF ONE ENTREE Hot Dog on a Bun Pulled Pork on Bun w/ BBQ Sauce Ham Sand w/Let/Tom/Pickle/Doritos Oven Fries - Ketchup Broccoli Dippers w/ Ranch Mixed Fruit - Cond -Mayo, Mustard	Fiesta Day Taco Soup Pull Pork Nachos w/ Queso Cheese Chicken Fajita Salad/jalapeno ranch Pintos w/Cheese - Salsa Glazed Carrots - Corn Bread Strawberries and Blueberries	CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce/2 oz Roll Whole Grn Pretzel w/Cheese Sauce Seasoned Green Beans Seasoned Corn Diced Pears		

This Institution is an Equal Opportunity Provider

*Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water... fountains are either in the cafeteria or right outside and we will have cups available upon request.*