



OCTOBER 2018 BREAKFAST



RPS/RES

MONDAY 1	Tuesday 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
 FALL BREAK NO SCHOOL	 FALL BREAK NO SCHOOL	 FALL BREAK NO SCHOOL	Scrambled Eggs w/ Toast OR Cinn. Toast w/ GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	Waffle w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Scrambled Eggs w/Toast OR Cinn. Toast w/GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 29	TUESDAY 30	WEDNESDAY 31	<p>Assorted Milk, Fruit, and Juice will be served daily with Breakfast.</p> <p>***FREE - MealVeiver- in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***</p>	
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast		

This Institution is an Equal Opportunity Provider

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available upon request.