



# September Lunch Menu

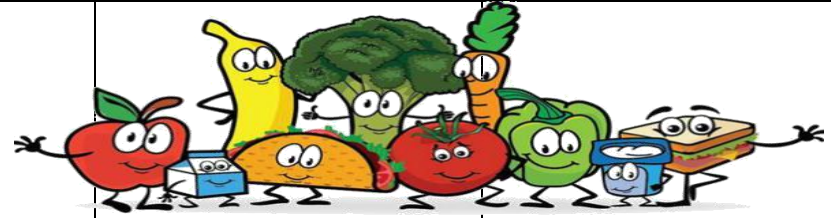


RPS/RES

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and we cups are available upon request.



\*\*\*FREE - MealViewer-in your Favorite App. Store!\*\*\*  
 \*\*\*See your Child's Menu on your phone, tablet, or computer\*\*\*



| MONDAY 3   | TUESDAY 4  | WEDNESDAY 5  | THURSDAY 6  | FRIDAY 7  |
|--|--|--|---|---|
| <br>No School   | <b>CHOICE OF ONE ENTREE</b><br>Popcorn Chicken Smackers/ Dipping Sauce<br>Marvelous Meatloaf<br>Ham Sand Let/Tom/Pickle/Doritos<br>Mustard, Mayo<br>Mashed Potatoes<br>Pinto Beans<br>2oz Roll<br>Orange Wedges<br>Rosy Applesauce                         | <b>CHOICE OF ONE ENTREE</b><br>Pulled Pork BBQ Sandwich<br>Chicken Tetrazzini w/Roll<br>1/2 Chef Salad w/Big Gogurt /Roll<br>Seasoned Green Beans<br>Creamy Cole Slaw<br>Fresh Apples<br>Pineapple Tidbits<br>Frozen Juice Pop   | <b>***BREAKFAST FOR LUNCH***</b><br>Chicken and Waffles w/Syrup<br>Sausage and Eggs<br>Seasoned Roasted Potatoes<br>Fresh Baby Carrots w/Ranch<br>Southern Style Biscuit and Gravy<br>Orange Wedges<br>Strawberries and Blueberries | <b>CHOICE OF ONE ENTREE</b><br>Turkey/ Dressing<br>Chicken Nuggets<br>Green Beans<br>Mashed Potatoes<br>Roll<br>Cranberry Sauce<br>Rosy Applesauce<br>Mandarin Oranges  |
| MONDAY 10  | TUESDAY 11   | WEDNESDAY 12   | THURSDAY 13   | FRIDAY 14   |
| <b>CHOICE OF ONE ENTREE</b><br>Chicken Patty on a bun<br>Hamburger or Cheeseburger on bun<br>1/2 Chef Salad w/Big Gogurt /Roll<br>Lett,Tom, Pickle Cup Mayo, Mustard<br>Oven Baked Fries w/ketchup<br>Baked Beans<br>Chilled Peach Slices<br>Rosy Applesauce | <b>CHOICE OF ONE ENTREE</b><br>Beefy Nachos/Cheese/Sour Cream<br>Sloppy Joe on a bun<br>Ham Sand Let/Tom/Pickle/Doritos<br>Lett,Tom, Pickle Cup Mayo, Mustard<br>Salsa<br>Pintos and Cheese<br>Creamy Cole Slaw<br>Apple Wedges<br>Fresh Pear              | <b>CHOICE OF ONE ENTREE</b><br>Chicken Nuggets w/-Dipping Sauce<br>Pulled Pork Potato/Cheese/BBQ Sauce<br>1/2 Chef Salad w/Big Gogurt/ Dressing<br>Fresh Squash Medley<br>Glazed Carrots<br>Wheat Roll<br>Watermelon Chunks<br>Mandarin Oranges  | <b>***BREAKFAST FOR LUNCH***</b><br>Penne Pasta Alfredo/ Roll<br>Fish Sticks w/Hush Puppies<br>Wow Butter Sandwich w/ Doritos<br>Seasoned Green Beans<br>Oven Baked Okra<br>Wheat Roll<br>Orange Wedges<br>Applesauce Cups          | <b>CHOICE OF ONE ENTREE</b><br>Baked Cheese Sticks w/Marinara<br>Chicken Chili w/Cornbread<br>1/2 Chef Salad w/Big Gogurt/Cornbread<br>Broccoli w/Cheese<br>Fresh Baby Carrots w/ Ranch<br>Apple Wedges<br>Pineapple Tidbits<br>Juice Pop |
| MONDAY 17  | TUESDAY 18   | WEDNESDAY 19   | THURSDAY 20   | FRIDAY 21   |
| <b>CHOICE OF ONE ENTREE</b><br>Hamburger or Cheeseburger on bun<br>Hot Dog on a bun<br>Wow Butter Sandwich w/ Doritos<br>Lett,Tom, Pickle Cup Mayo, Mustard<br>Baked Beans<br>Oven Baked Fries w/ketchup<br>Apple Wedges<br>Strawberries and Blueberries     | <b>CHOICE OF ONE ENTREE</b><br>Pulled Pork Nachos w/Cheese/Sour Cream<br>Bowl of Chili w/Toasted Cheese Sand.<br>Baked Potato w/Chili/Cheese<br>Sour Cream and Roll w/Potato<br>Fresh Squash Medley<br>Glazed Baby Carrots<br>Diced Pears<br>Orange Wedges | <b>CHOICE OF ONE ENTREE</b><br>Popcorn Chicken Smackers/Dipping Sauce<br>Breaded Steak and Gravy<br>1/2 Chef Salad w/Big Gogurt/ Dressing<br>Southern Style Biscuit<br>Mashed Potatoes<br>Seasoned Green Beans<br>Chilled Peach Slices<br>Fresh Watermelon Chunks<br>Chocolate Chip Cookie | <b>CHOICE OF ONE ENTREE</b><br>Chicken and Waffles w/Syrup<br>Sausage and Eggs<br>Seasoned Roasted Potatoes<br>Fresh Baby Carrots w/Ranch<br>Southern Style Biscuit and Gravy<br>Rosy Applesauce<br>Fresh Pear                      | <b>CHOICE OF ONE ENTREE</b><br>Baked Cheese Sticks w/Marinara<br>Spaghetti w/Meat Sauce WW Roll<br>Ham Sand Let/Tom/Pickle/Doritos<br>Seasoned Whole Kernel Corn<br>Broccoli w/Cheese<br>Chilled Pear Slices<br>Fresh Apple               |
| MONDAY 24  | TUESDAY 25   | WEDNESDAY 26   | THURSDAY 27   | FRIDAY 28   |
| <b>CHOICE OF ONE ENTRÉE</b><br>Teriyaki Chicken/Rice/Fortune Cookie<br>Lasagna Roll Up<br>1/2 Chef Salad w/Big Gogurt/Cornbread<br>Glazed Carrots<br>Broccoli w/Cheese<br>Roll 2 oz.<br>Diced Peaches<br>Fresh Pear  | <b>CHOICE OF ONE ENTRÉE</b><br>Popcorn Chicken Smackers/ Dipping Sauce<br>Marvelous Meatloaf<br>Ham Sand Let/Tom/Pickle/Doritos<br>Mustard, Mayo<br>Mashed Potatoes<br>Pinto Beans<br>2oz Roll<br>Orange Wedges<br>Rosy Applesauce                         | <b>CHOICE OF ONE ENTRÉE</b><br>Pulled Pork BBQ Sandwich<br>Chicken Tetrazzini w/Roll<br>1/2 Chef Salad w/Big Gogurt /Roll<br>Seasoned Green Beans<br>Creamy Cole Slaw<br>Fresh Apples<br>Pineapple Tidbits<br>Frozen Juice Pop   | <b>CHOICE OF ONE ENTRÉE</b><br>Chicken and Waffles w/Syrup<br>Sausage and Eggs<br>Seasoned Roasted Potatoes<br>Fresh Baby Carrots w/Ranch<br>Southern Style Biscuit and Gravy<br>Orange Wedges<br>Strawberries and Blueberries      | <b>CHOICE OF ONE ENTRÉE</b><br>Pepperoni or Cheese Pizza<br>Baked Potato w/ Ham and Cheese/ Roll<br>Wow Butter Sandwich w/ Doritos<br>Seasoned Corn<br>Broccoli w/Cheese<br>Chilled Peach Slices<br>Watermelon Chunks                     |