






# OCTOBER 2018 BREAKFAST



ALL

<p><b>MONDAY 1</b></p> <p>Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>Tuesday 2</b></p> <p>Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>WEDNESDAY 3</b></p> <p>French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>THURSDAY 4</b></p> <p>Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>FRIDAY 5</b></p> <p>Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>
<p><b>MONDAY 8</b></p>  <p>FALL BREAK</p>	<p><b>TUESDAY 9</b></p>  <p>FALL BREAK</p>	<p><b>WEDNESDAY 10</b></p>  <p>FALL BREAK</p>	<p><b>THURSDAY 11</b></p> <p>Scrambled Eggs w/ Toast OR Cinn. Toast w/ GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>FRIDAY 12</b></p> <p>Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>
<p><b>MONDAY 15</b></p> <p>Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>TUESDAY 16</b></p> <p>Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>WEDNESDAY 17</b></p> <p>French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>THURSDAY 18</b></p> <p>Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>FRIDAY 19</b></p> <p>Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>
<p><b>MONDAY 22</b></p> <p>Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>TUESDAY 23</b></p> <p>Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>WEDNESDAY 24</b></p> <p>Waffle w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>THURSDAY 25</b></p> <p>Scrambled Eggs w/Toast OR Cinn. Toast w/GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>FRIDAY 26</b></p> <p>Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>
<p><b>MONDAY 29</b></p> <p>Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>TUESDAY 30</b></p> <p>Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>WEDNESDAY 31</b></p> <p>French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast</p>	<p><b>Assorted Milk, Fruit, and Juice will be served daily with Breakfast.</b></p>    <p><b>***FREE - MealVeiver-in your Favorite App. Store!***</b>  <b>***See your Child's Menu on your phone, tablet, or computer***</b></p>	

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Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available upon request.