








October Lunch Menu



Middle

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun Chef Salad w/Dressing/Roll Lett, Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices	CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges	CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ sauce Chef Salad w/Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges	CHOICE OF ONE ENTREE <i>Penne Pasta Alfredo</i> Fish Sticks w/Hush Puppies/Tartar Sauce Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup, Mayo, Mustard Seasoned Green Beans Oven Baked Okra Wheat Roll Applesauce Cups	CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Chili w/Cornbread Chef Salad w/Ham & Cheese/Cornbread Dressing Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Pineapple Tidbits Juice Pop
MONDAY 8  FALL BREAK NO SCHOOL	TUESDAY 9  FALL BREAK NO SCHOOL	WEDNESDAY 10  FALL BREAK NO SCHOOL	THURSDAY 11 ***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce	FRIDAY 12 CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Pepperoni/ Cheese Pizza Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices
MONDAY 15 CHOICE OF ONE ENTREE Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up Chef Salad w/Dressing Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches	TUESDAY 16 CHOICE OF ONE ENTREE Chicken Tenders w/Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Rosy Applesauce	WEDNESDAY 17 CHOICE OF ONE ENTREE Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll Chef Salad w/Dressing w/Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Frozen Juice Pop	THURSDAY 18 ***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Strawberries and Blueberries	FRIDAY 19 CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Quesadilla Wrap Ham Sand Let/Tom/Pickle/Doritos Let, Tom, Pickle Cup Mustard, Mayo Seasoned Corn Broccoli w/Cheese Chilled Peach Slices
MONDAY 22 CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun Chef Salad w/Dressing/Roll Lett, Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices	TUESDAY 23 CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges	WEDNESDAY 24 CHOICE OF ONE ENTREE CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ sauce Chef Salad w/Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges	THURSDAY 25 CHOICE OF ONE ENTREE Penne Pasta Alfredo Fish Sticks w/Hush Puppies/Tartar Sauce Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup, Mayo, Mustard Seasoned Green Beans Oven Baked Okra Wheat Roll Applesauce Cups	FRIDAY 26 CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Chicken Chili w/Cornbread Chef Salad w/Ham & Cheese/Cornbread Dressing Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Pineapple Tidbits
MONDAY 29 CHOICE OF ONE ENTREE Hamburger or Cheeseburger on bun Hot Dog on a bun Ham Sand Let/Tom/Pickle/Doritos Lett, Tom, Pickle Cup Mayo, Mustard Baked Beans Oven Baked Fries w/ketchup Strawberries and Blueberries	TUESDAY 30 CHOICE OF ONE ENTREE Pulled Pork Nachos w/Cheese/Sour Cream Bowl of Chili w/Toasted Cheese Sand. Baked Potato w/Chili/Cheese Sour Cream and Roll w/Potato Fresh Squash Medley Glazed Baby Carrots Diced Pears	WEDNESDAY 31 CHOICE OF ONE ENTREE Chicken Tenders-Dipping Sauce Breaded Steak and Gravy Chef Salad w/Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Chocolate Chip Cookie	Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and cups are available upon request. <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p>***FREE - MealViewer-in your Favorite App. Store!***</p> <p>***See your Child's Menu on your phone, tablet, or computer***</p> </div>  </div>	