

MAY 2018 Lunch Menu



RMS Middle

May the Fourth be with you!"

MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	CHOICE OF ONE ENTRÉE Beefy Nachos cheese/Sour Crm/Salsa Pasta Alfredo/2oz wheat roll Chef Salad/Ham/Cheese/Dres/2oz.Roll Seasoned Green Beans Pintos w/Cheese - Salsa Strawberries and Blueberries Taco or BBQ Sauce	CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham Sand w/Let/Tom/Pickle/Doritos Southern Style Biscuit Mashed Potatoes Buttered Green Peas Chilled Peach Slices - Mayo, Mustard	***BREAKFAST FOR LUNCH*** Sausage and Eggs Chicken and Waffles w/Syrup Southern Style Biscuit and Gravy Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Strawberry Cups	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Turkey Sand w/Let/Tom/Pickle/Doritos Chef Salad/Ham/Chse/Dres/ Broccoli w/Cheese Seasoned Corn Chilled Peach Slices Blueberry Crisp Mayo, Mustard
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
CHOICE OF ONE ENTRÉE Chicken Nuggets/roll/dipping sauce Meatloaf w/ roll Ham Sand Let/Tom/Pickle/Doritos Mashed Potatoes Pinto Beans Chilled Pears Mayo, Mustard	CHOICE OF ONE ENTRÉE Nacho W/Queso Cheese Sloppy Joe with a bun 1/2 Chef w/GO BIG yogurt/ Roll Oven Baked Fries Fresh Squash Medley Applesauce Cups Ketchup	CHOICE OF ONE ENTRÉE Hamburger w/ Bun Let/Tom/Pickle Chicken Tetrazzini w/wheat roll Ham Sand Let/Tom/Pickle/Doritos Mayo, Mustard, Ketchup Fresh Baby Carrots w/Ranch Seasoned Corn Strawberry/Blueberry Cups	CHOICE OF ONE ENTRÉE Chicken Patty/bun/let/tom/pickle Hot Dog on a Wheat Bun Chef Salad/Ham/Chse/Dres/2oz.Roll Glazed Carrots/ Tater Tots Mixed Fruit Chocolate Chip Cookie Mayo, Mustard, Ketchup	CHOICE OF ONE ENTRÉE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Ham Sand Let/Tom/Pickle/Doritos Seasoned Green Beans Broccoli w/Cheese Mixed Fruit Mayo, Mustard
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
CHOICE OF ONE ENTRÉE Teriyaki Chicken/Rice/Fortune Cookie Meat Loaf w/Roll 1/2 Chef w/ GO BIG Yogurt/Wheat Roll Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches	***BREAKFAST FOR LUNCH*** Sausage and Eggs Chicken and Waffles w/Syrup Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce	CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham Sand w/Let/Tom/Pickle/Doritos Southern Style Biscuit Mashed Potatoes Buttered Green Peas Strawberry Cup - Mayo, Mustard	CHOICE OF ONE ENTRÉE Chicken Patty on Wheat Bun Sloppy Joe on a Bun Bkd Pot./Ham/Ches/Sr Crm/ W roll Lettuce, Tomato, Pickle Cup Baked Beans Oven Baked French Fries Mixed Fruit - Mustard, Mayo, Ketchup	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Chicken Alfredo w/ a Twist/2 oz. Roll Ham Sand Let/Tom/Pickle/Doritos Seasoned Green Beans Broccoli w/Cheese Mixed Fruit Mayo, Mustard
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
CHOICE OF ONE ENTRÉE Hamburger or Cheeseburger w/ Bun Chicken Patty on Wheat Bun Turkey Sand w/Let/Tom/Pickle/Doritos Lettuce/Tomato/Pickle Cup Oven Fries - Ketchup Baked Beans - Cond - Mayo, Mustard Diced Pears	CHOICE OF ONE ENTRÉE Beefy Nachos cheese/Sour Crm/Salsa Hot Dog w Bun /Mustard, Ketchup Chef Salad/Ham/Cheese/Dres/2oz.Roll Seasoned Green Beans Pintos w/Cheese - Salsa Strawberries and Blueberries Taco or BBQ Sauce	CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham Sand w/Let/Tom/Pickle/Doritos Southern Style Biscuit Mashed Potatoes Buttered Green Peas Chilled Peach Slices - Mayo, Mustard	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Ham Sand Let/Tom/Pickle/Doritos Mayo, Mustard, Ketchup Fresh Baby Carrots w/Ranch Broccoli Dippers Fresh Apple (whole)	CHOICE OF ONE ENTRÉE Pepperoni or Cheese Pizza Ham Sand Let/Tom/Pickle/Doritos Mayo, Mustard, Ketchup Fresh Baby Carrots w/Ranch Broccoli Dippers Applesauce Cup LAST DAY OF SCHOOL
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY 1
	IN-SERVICE	IN-SERVICE ***FREE - MealViewer-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***	IN-SERVICE	

This Institution is an Equal Opportunity Provider

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water... fountains are either in the cafeteria or right outside and we will have cups available upon request.