

Lunch

SEPTEMBER 2017

Ringgold Elementary

			FRIDAY 1	
<p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available for those who need one.</p> 				
			<p>CHOICE OF ONE ENTRÉE Stuffed Crust Cheese or Pepp Pizza Pasta Italiano w/ Roll 2 oz. Wow Butter Sandwich w/Doritos Fresh Squash Medley w/Onions Seasoned Corn Mixed Fruit Blueberry Crisp</p>	
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
<p>LABOR DAY</p>	<p>CHOICE OF ONE ENTRÉE Teriyaki Chicken w/Rice/Fortune Cookie Penne Pasta Alfredo Wow Butter Sandwich w/Doritos Glazed Carrots Garden Salad/Choice of Dressing Wheat Roll 2 oz. Rosy Applesauce</p>	<p>CHOICE OF ONE ENTRÉE Cheese Calzone w/ Marinara Sauce Lasagna Roll up w/ Roll 2 oz. Chef Salad/Ham/Ches/Drsg/roll Seasoned Green Beans Carrot Coins w/Ranch Dip Sliced Pears Chocolate Chip Cookie</p>	<p>CHOICE OF ONE ENTRÉE Chicken Patty on Wheat Bun Hamburger or Cheeseburger w/Bun Bkd Potato/Ham/Cheese/Sour Crm Lettuce, Tomato, Pickle cups Baked Beans Oven Baked French Fries Pineapple Tidbits</p>	<p>CHOICE OF ONE ENTRÉE Turkey and Dressing Supreme Chicken Nuggets Green Beans Mashed Potatoes Cranberry Sauce/Wheat Roll 2 oz. Rosy Applesauce</p>
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
<p>CHOICE OF ONE ENTRÉE Hamburger or Cheeseburger w/ Bun Breaded Chicken Sandwich Baked Potato/Chili/Cheese Roll 2 oz. Lettuce/Tomato/Pickle Cup Oven Fries - Ketchup Baked Beans - Cond -Mayo, Mustard, Sliced Peaches Ketchup</p>	<p>CHOICE OF ONE ENTRÉE Popcorn Chicken - Dipping Sauce Meatloaf 1/2 Chef Salad w/Yogurt Mashed Potatoes Broccoli w/Cheese Fresh Baked Wheat Rolls 2oz. Pineapple Tidbits</p>	<p>CHOICE OF ONE ENTRÉE Teriyaki Chicken/Asian Rice Fish Stks/Hush Pups/Tarter/ketchup Bkd Potato/Ham/Cheese/Sour Crm Green Beans Seasoned Pinto Beans Southern Style Cornbread Mixed Fruit</p>	<p>CHOICE OF ONE ENTRÉE Hot Dog/Bun/Chili BBQ Pulled Pork on Bun 1/2 Chef Salad w/Yogurt w/Roll 2 oz. Oven Baked Onion Rings Creamy Cole Slaw/Carrot Coins w/ Ranch Mandarin Oranges Mustard, Ketchup</p>	<p>CHOICE OF ONE ENTRÉE Pepperoni/Cheese/Pizza Wedges Penne Pasta Alfredo w/ Roll 2 oz. Wow Butter Sandwich w/Doritos Glazed Carrots Garden Salad w/Dressing Rosy Applesauce</p>
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
<p>CHOICE OF ONE ENTRÉE Chicken Nuggets - Dipping Sauces Pasta Italiano Baked Potato w/ Chili and Cheese Wheat Roll 2 oz. Seasoned Green Beans Glazed Carrots Peach Cup</p>	<p>CHOICE OF ONE ENTRÉE Popcorn Shrimp w/Hushpuppies Sloppy Joe on Bun 1/2 Chef Salad w/Yogurt w/Roll 2 oz. Oven Baked Fries Creamy Cole Slaw Ketchup Pineapple Tidbits</p>	<p>CHOICE OF ONE ENTRÉE Cheese Calzone with Marinara Sauce Chicken Tetrzzini Bkd Potato/Ham/Cheese/Sour Crm Fresh Sliced Cucumbers w/Ranch Dip Seasoned Corn Wheat Roll 2 oz. Rosy Applesauce</p>	<p>CHOICE OF ONE ENTRÉE 2 Crunchy Tacos w/Cheese BBQ Pulled Pork Potato w/Cheese Chef Salad/Ham/Ches/Drsg/roll Shredded Lettuce,Salsa/Sour Cream Pintos w/Cheese Crunchy Okra Carrot Coins w/ Ranch Chilled Sliced Peaches Taco or BBQ Sauce</p>	<p>CHOICE OF ONE ENTRÉE Stuffed Crust Cheese or Pepp Pizza Pasta Italiano w/ Roll 2 oz. Wow Butter Sandwich w/Doritos Fresh Squash Medley w/Onions Seasoned Corn Mixed Fruit Blueberry Crisp</p>
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
<p>CHOICE OF ONE ENTRÉE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham/Cheese/sand Doritos mayo/msrd Southern Style Biscuit Mashed Potatoes Broccoli w/Cheese Peach Cup</p>	<p>CHOICE OF ONE ENTRÉE Teriyaki Chicken w/Rice/Fortune Cookie Penne Pasta Alfredo Wow Butter Sandwich w/Doritos Glazed Carrots Garden Salad/Choice of Dressing Roll 2 oz. Rosy Applesauce</p>	<p>CHOICE OF ONE ENTRÉE Cheese Calzone w/ Marinara Sauce Lasagna Roll up w/ Roll 2 oz. Chef Salad/Ham/Ches/Drsg/roll Seasoned Green Beans Fresh Sliced Cucumbers w/Ranch Dip Sliced Pears Chocolate Chip Cookie</p>	<p>CHOICE OF ONE ENTRÉE Chicken Patty on Wheat Bun Hamburger or Cheeseburger w/Bun Bkd Potato/Ham/Cheese/Sour Crm Lettuce, Tomato, Pickle cups Baked Beans Oven Baked French Fries Pineapple Tidbits</p>	<p>CHOICE OF ONE ENTRÉE Baked Cheese Sticks w/Marinara Pasta Italiano w/ Roll 2 oz. Chef Salad/Ham/Cheese/Dressing Carrot Coins w/Ranch Seasoned Corn Mixed Fruit</p>

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