



# May Breakfast Menu

Ringgold Elementary School

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	French Toast Sticks w/ syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Assorted Juice and Fruit Choice of Milk
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Pop Tart w/Yogurt OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Assorted Juice and Fruit Choice of Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Assorted Juice and Fruit Choice of Milk
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/granola Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Breakfast Pizza OR Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk	Pancake on a Stick/Syrup OR Choice of Cereal with Toast Jelly offered with Toast Assorted Juice and Fruit Choice of Milk

This Institution is an Equal Opportunity Provider