

November Lunch Menu

Ringgold Elementary

		WEDNESDAY 1	THURSDAY 2	FRIDAY 3
 <p>***FREE - MealVeiver-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***</p> 		CHOICE OF ONE ENTREE Cheese Calzone with Marinara Sauce Chicken Tetrizzini W/wheat roll Ham Sand w/Let/Tom/Pickle/Doritos Mayo, Mustard Carrot Coins w/Ranch Seasoned Corn	CHOICE OF ONE ENTREE Beefy Nachos cheese/Sour Cream/Salsa Pulled Pork Potato/cheese/BBQ sce/Roll Chef Salad/Ham/Cheese/Dres/2oz.Roll Crunchy Okra Pintos w/Chees Rosy Applesauce Taco or BBQ Sauce	CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Spaghetti w/Meat Sauce/Cheese- Wheat Roll Wow Butter Sandwich w/Doritos Garden Salad w/ Dressing Broccoli w/cheese Chilled Diced Peaches Chocolate Chip Cookie
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
CHOICE OF ONE ENTREE Teriyaki Chicken w/Rice/Fortune Cookie Lasagna Roll Up Wow Butter Sandwich w/ Doritos Glazed Carrots Broccoli w/Cheese Roll 2 oz. Rosy Applesauce	***BREAKFAST FOR LUNCH*** Breakfast Quiche w/biscuit/gravy Sausage/Eggs/biscuit/gravy Chicken and Waffles w/syrup Seasoned Roasted Potatoes Carrot Coins w/Ranch Strawberry, Banana, and Pineapple Cup Southern Style Biscuit and Gravy	CHOICE OF ONE ENTREE Chicken Nuggets-Dipping Sauce Breaded Steak and Gravy Ham Sand w/Let/Tom/Pickle/Doritos Southern Style Biscuit Mashed Potatoes Buttered Green Peas Diced Peaches	CHOICE OF ONE ENTREE Chicken Patty on Wheat Bun Hamburger or Cheeseburger w/Bun Bkd Potato/Ham/Ches/Sour Crm/2 oz.roll Lettuce, Tomato, Pickle cups Baked Beans Oven Baked French Fries Strawberry Cup Mustard, Mayo, Ketchup	CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Bowl of Chili w/Cheese toast Chef Salad/Ham/Cheese/Dres/2oz.Roll Seasoned Green Beans Seasoned Corn Diced Pears Peach Crisp
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
CHOICE OF ONE ENTREE Hamburger or Cheeseburger w/ Bun Chicken Patty on Wheat Bun Pulled Pork Potato/cheese/BBQ sauce Lettuce/Tomato/Pickle Cup Oven Fries - Ketchup Baked Beans - Cond -Mayo, Mustard, Diced Pears. Wheat Roll 2oz.	CHOICE OF ONE ENTREE Popcorn Chicken - Dipping Sauce Meatloaf 1/2 Chef w/yogurt Mashed Potatoes Broccoli w/Cheese Wheat Rolls 2oz. Pineapple Tidbits	***BREAKFAST FOR LUNCH*** Breakfast Quiche w/Biscuit/Gravy Sausage/Eggs/Biscuit/Gravy Chicken and Waffles w/Syrup Seasoned Roasted Potatoes Carrot Coins w/Ranch Applesauce Cups	CHOICE OF ONE ENTREE Teriyaki Chicken/Rice/Fortune Cookie Chicken Tetrizzini Ham Sand w/Lett/Tom/Pickle/Doritos Seasoned Green Beans Glazed Carrots Southern Style Cornbread Chilled Peaches	CHOICE OF ONE ENTREE Turkey and Dressing Supreme Chicken Nuggets Mashed Potatoes - Cranberry Sauce Seasoned Green Beans - Wheat Rolls 2 oz. Strawberry, Banana, and Pineapple Cup Chilled Peach Slices Chocolate Chip Cookie
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
 <p>NO SCHOOL</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>	 <p>NO SCHOOL</p>	 <p>NO SCHOOL</p>
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	
CHOICE OF ONE ENTREE Chicken Nuggets - Dipping Sauces Chicken Alfredo w/a Twist Baked Potato w/ Ham and Cheese Sour cream Wheat Roll 2 oz. Seasoned Green Beans Glazed Carrots Diced Pears	CHOICE OF ONE ENTREE Popcorn Shrimp w/Hushpuppies Sloppy Joe on Bun 1/2 Chef w/GO BIG yogurt Wheat Roll 2 oz. Oven Baked Fries Creamy Cole Slaw Ketchup/Tarter Sauce Strawberry Cups	CHOICE OF ONE ENTREE Cheese Calzone with Marinara Sauce Chicken Tetrizzini w/wheat roll Ham Sand w/Let/Tom/Pickle/Doritos Mayo, Mustard Carrot Coins w/Ranch Seasoned Corn Chilled Peaches	CHOICE OF ONE ENTREE Beefy Nachos cheese/Sour Cream/Salsa Pulled Pork Potato/cheese/BBQ sce/Roll Chef Salad/Ham/Cheese/Dres/2oz.Roll Crunchy Okra Pintos w/Cheese Rosy Applesauce Taco or BBQ Sauce	

This Institution is an Equal Opportunity Provider

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available upon request.