







# SEPTEMBER 2018 BREAKFAST



RPS/RES

MONDAY 3	Tuesday 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	Waffle w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Scrambled Eggs w/ Toast OR Cinn. Toast w/ GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
Blueberry Pancake on a stick/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	French Toast Sticks w/syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Breakfast Pizza OR Cinnamon Toast w/Oatmeal Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
Pancake on a Stick with Syrup OR Fruit and Yogurt Parfait w/ Granola Choice of Cereal with Toast Jelly offered with Toast	Chicken Biscuit OR Cinnamon Toast and Yogurt Choice of Cereal with Toast Jelly offered with Toast	Waffle w/ Syrup OR Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast	Scrambled Eggs w/Toast OR Cinn. Toast w/GO BIG YOGURT Choice of Cereal with Toast Jelly offered with Toast	Sausage or Chicken Biscuit w/gravy OR Sausage or Chicken Biscuit Fruit and Yogurt Parfait w/Granola Choice of Cereal with Toast Jelly offered with Toast
<p><b>Assorted Milk, Fruit, and Juice will be served daily with Breakfast.</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">    </div> <p><b>***FREE - MealVeiver-in your Favorite App. Store!***</b>  <b>***See your Child's Menu on your phone, tablet, or computer***</b></p>				

This Institution is an Equal Opportunity Provider

Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and we will have cups available upon request.