



Tiger Creek Elementary

Tiger Talk

February 2018

Beards Bulletin

There is an American proverb that reads: "A bully is always a coward." We are continuing our efforts at Tiger Creek to make the school a safe zone where "nobody has the right to hurt another person." We are also aware that anytime human beings (including children) are in close quarters together, disagreements take place that our teachers and staff have to moderate and mediate. The staff needs to be aware of hurtful circumstances between students. Please encourage your children to let an adult know if they feel afraid or are put into a questionable situation by other students. Positive Behaviors are encouraged daily by administration and staff. Let's also encourage all our kids to **be ready, be safe and be respectful!** The golden rule is still the best rule: treat others the way you would want to be treated!



Principal:
David Beard

Assistant Principal:
Jackie Klopfer

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A Peek at the Creek

February 1

Title I Math Night
&
1st Grade
Performance

February 2

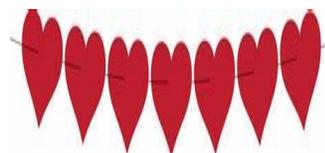
Hoops for Hearts

February 16 & 19

No School

February 26

Book Fair Opens



A Peek at March:

- March 1—Spring Pictures
- March 6—Living History Night
- March 9 & 12- No School
- March 18- Musical
- March 23—4th Grade Parent Lunch
- March 30—No School (Good Friday)





The TCE Chorus presents *Cinderella Kids*
March 16th and 17th @ 6:00 p.m.

Please join us and mark your calendars for the wonderful production of Cinderella Kids.

The students have been working diligently and will be excited to share their production with you.

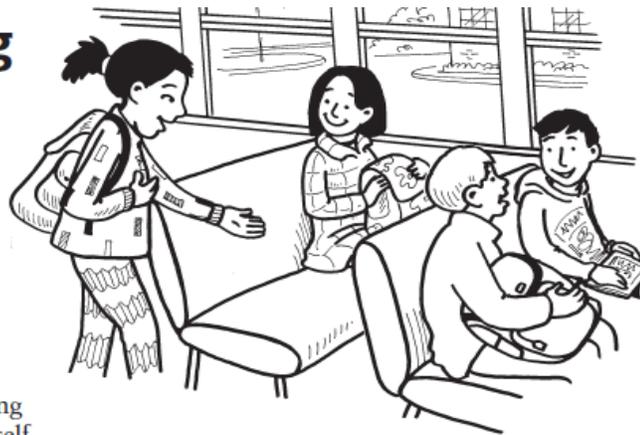
Admission is \$2 for adults, \$1 for students.

Paws-itive Parenting

An anti-bullying attitude

Having a positive attitude toward others can help to keep your youngster from participating in bullying. With these ideas, she'll be more apt to be kind to others and want them to feel included.

1. Watch your words. Let your youngster know you expect her to speak kindly. Before she says something she's unsure about, she could ask herself if she would want *you* to hear it. If she overhears another



join someone who normally sits alone on the bus. Or she could invite a new student to her birthday party. She'll see how good it feels to make someone's day—and perhaps she'll even gain a friend!♥

student calling a classmate names or gossiping, she could counter the unkind words with nice ones. ("I hear you're really good at gymnastics.")

2. Accept everyone.

Leaving people out on purpose is a form of bullying. Suggest that your child look for chances to make others feel that they belong. For example, she might ask to



Worth quoting

"Life itself is the most wonderful fairy tale."

-Martin Luther King, Jr.

I love you because...

Family members can share what they love about each other with this writing activity. Have your youngster cut out paper hearts. Write notes on them and hide for others to find. For example, maybe your child will put one under her sister's placemat that says, "I love you because you make me laugh."

Just For Fun

Q: Why did the orange lost the race ?

A: Because it ran out of juice!

Character Education Trait

Holding doors, sharing, using good manners, and showing gratitude. All these are part of being a good friend and play a big role in our monthly value! So put a little extra sweetness in your valentines this month and help us live out kindness!

Kindness- is showing others they are valuable by how you treat them.

Counselor's Corner

Leadership Team

The 5th grade Leadership Team students have chosen to raise money for the Catoosa County Children's Fund for our school-wide community service project this year.

- February 1—13: Spirit Hearts will be sold in the breezeway before school each morning. Students can honor their favorite teacher by purchasing spirit hearts for him or her. Each spirit heart will cost 10 cents. The winning teacher will be crowned King or Queen of Hearts and will win prizes.
- February 23: Hat Day (Cost \$1.00 to participate)
- March 16: Pajama Day (Cost \$1.00 to wear school dress code appropriate pajamas to school.)

Classroom Guidance Lessons

Classroom guidance lessons with PK-5 during the month of January have focused on the importance of showing commitment by making a plan and sticking with it to reach a goal. We talked about the importance of having a growth mindset and not giving up when things are challenging. We talked about the power of "yet" and the benefit of making mistakes and learning from them. Students were encouraged to accept challenges as an opportunity to help their brains grow stronger.

Kids on the Block

Chattanooga's Kids on the Block will be coming to Tiger Creek on Thursday, February 22nd to perform for our PK-5th grade students. Puppet shows will be presented on the following topics:

PK & Kindergarten: Three Ways for Me to be Hurt Free: Safety Lessons on Stranger Danger, Area Codes, & Emergency Plans

1st Grade: Rescue & Report- Bullying Prevention and Mental Health Education

2nd grade: Accepting Differences- Physical Differences (Cerebral Palsy & Blindness)/ Learning Differences (ADHD)

3rd grade: Personal Safety- Physical & Sexual Abuse Prevention (including skits and discussions of physical and sexual abuse with students)

4th grade: Helpful Actions Promoting Positive Youth: Bullying & Self-esteem

5th grade: Cyberbullying/ Safe at School

If you have any questions or concerns about your child attending the program, please call Karen Farmer at 706-935-9890 by Tuesday, February 20th.

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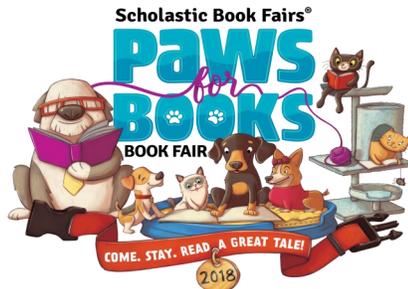
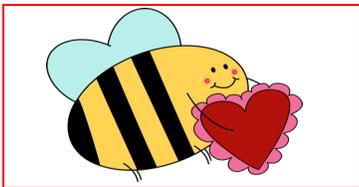
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The Book Fair will be here
from Feb. 26-March 2nd.

Our Scholastic Book Fair is coming soon and will turn the Media Center into our very own bookstore. Find hundreds of books from new and favorite authors, popular series, cool posters and school supplies, not to mention fun!

Family Resource Room

One way Title I helps our school is by having resources available to help students reach their full potential. TCE has one of the best family resource rooms in the county. From flash cards to Leap Frogs, we have something your child will love. These items make learning fun and exciting. Be sure to call or come by and check something out!

Questions about Title I
& how Title I funds are
spent?? Come in and ask
the Principal or PIC!



Notes from Nurse Amanda

Question: What is the #1 killer in the United States?

Answer: Heart disease

Heart disease is the #1 killer in the United States, of both men and women. It affects people in midlife as well as in old age. But the good news is that heart disease is often preventable. There are steps we can take to protect our heart health. And what's good for us is good for our whole family. The first step to improving heart health is to learn about risks. Know your numbers: *blood pressure, cholesterol, blood sugar and body mass index*. Ask your doctor about physical activity and a healthy eating plan. Then begin taking these steps to heart health: *follow a healthy eating plan, be physically active, maintain a healthy weight and don't smoke*. February is national Heart Month. Let's start today to keep our hearts and the hearts of our children strong.

Question: What is the # 1 chronic infectious disease of school children?

Answer: Tooth decay.

Tooth decay affects children in the United States more than any other chronic infectious disease. Untreated tooth decay causes pain and infection that may lead to problems such as eating, speaking, playing and learning. Millions of school hours are lost each year due to dental related illness. Children experiencing dental pain are unable to concentrate on school work and are unlikely to score as well on tests as children who are undistracted by pain. Oral health prevention includes proper nutrition, daily brushing and flossing of teeth, cleaning and examination of teeth by a dental health professional at least every six months and dental sealants. Keep your child under the care of a dentist. If you are in need of dental care for your child, contact the nurse for information about *Help A Child Smile*, the mobile dental office that comes to our school every six months.