



Tiger Creek Elementary

# Tiger Talk

February 2019

## Beards Bulletin

We want to congratulate Grant Skinner, one of our sharp 3rd Grade students in Ms. Lunsford's Room who recently competed in the North Georgia RESA Technology Competition held in Rome, GA. He competed against other students from many schools across the Northwest region of Georgia in Multimedia Applications. Way to go Grant! Also, a big shout out to our parents who attended Math night on Thursday, January 31—the teachers had some fantastic activities and helps for parents as we all are trying to tame that beast we call "Mathematics." It was a great night that show-cased our extremely talented 1st Grade students who were proclaiming "Math Rocks!"

**SPIRIT HEARTS ON SALE NOW 10 CENTS EACH  
FEBRUARY 1–13  
IN THE BREEZEWAY BEFORE SCHOOL**

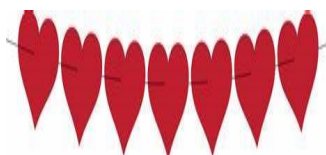


## A Peek at the Creek

February 1  
Hoops for Hearts  
February 2  
4th Grade Parent  
Lunch

February 15,  
18 & 19  
No School  
February 25-28  
Dr. Seuss Week

February 28  
Title 1 Living History  
Night



Principal:  
David Beard  
Assistant Principal:  
Jackie Klopfer

## **Inside this issue:**

Chorus/Musical	2
Paws-itive Parenting	2
Counselor's Corner	3
Character Education Trait	3
Title I Family Resource Room	4
Yearbook	4
Notes from Nurse Amanda	4

## **A Peek at March:**

- March 7—Spring Pictures
- March 8 & 11—No School
- March 22 & 23—Musical
- March—Spring Fundraiser (date: TBD)





The TCE Chorus presents 101 Dalmatians  
March 22 and 23 @ 6:00 p.m.

Please join us and mark your calendars for the wonderful production of 101 Dalmatians Kids.

The students have been working diligently and will be excited to share their production with you.

Admission is \$2 for adults, \$1 for students.



## Paws-itive Parenting

### Parent to Parent—Boost Independence

Coaxing my daughter, *Grace*, through her routine on school mornings was no easy task. I decided that she needed to become more independent- and that our mornings could be more pleasant. So I've started having her get ready by herself. I let *Grace* pick out an alarm clock and showed her how to set it. Then, on her closet door, we posted a list of her morning tasks, including getting dressed, brushing her teeth, and fixing her hair. Now when we're both ready, we meet downstairs for breakfast before we head out the door. Our mornings are much easier, and I think *Grace* is proud of her newfound independence.

### Q&A Time for a cell phone?

**Q:** My fourth-grader says some of his friends are getting cell phones, and now he wants one. *Are cell phones appropriate at his age?*

**A:** Most kids this age don't really need a cell phone, since they are supervised by adults who carry phones. And owning a phone, especially one with internet access, is a big responsibility. To decide when to give your son a phone, first think about your family's budget. Also, consider how well he follows safety rules and takes care of his belongings. Those are good indicators of how he will behave with a phone. If you feel he's ready, you might start with a lower-cost one with limited features. Then, crate guidelines. Perhaps he may use his phone only to call or text family members and close friends. Discuss consequences for breaking or losing it. And set times when his phone is off-limits, such as during family meals, in the hour before bedtime, and after lights-out.

### Worth quoting

"Joy is not in things; it is in us."

-Richard Wagner

### I love you because...

Family members can share what they love about each other with this writing activity. Have your youngster cut out paper hearts. Write notes on them and hide for others to find. For example, maybe your child will put one under her sister's placemat that says, "I love you because you make me laugh."

### Just For Fun

**Q:** Why did the banana say to the apple?

**A:** Nothing. Bananas can't talk!

## Character Education Trait

This month, we are looking for ways to use our hands for good! We are teaching kids to notice when someone needs help, and then stepping up to do it. Helping out a neighbor, a friend at school, or a family member are all great ways to show...

**SERVICE** is lending a hand to help someone else.

## Counselor's Corner

### Leadership Team

Spirit hearts will be on sale February 1-13 before school in the breezeway. Students may purchase hearts to honor their favorite teachers for 10 cents each. The teachers with the most hearts purchased for him or her will be crowned King or Queen of Hearts on February 14 and will earn prizes. All of the money collected from the sale of spirit hearts will be donated to the Catoosa County Children's Fund.




### Classroom Guidance Lessons

Classroom guidance lessons with PK-5 during the month of January have focused on the importance of importance of self-control. We have discussed strategies to help improve in the area of self-control, including stopping to think through our choices before we act and then choosing the best choice based on the possible outcomes.

### NED's Kindness Adventure

NED'S Kindness Adventure assembly is visiting our school on February 14th! The performer will inspire your child to be kind-hearted and caring through story-telling, music and an interactive video of NED's trip to Kenya.

## WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 50 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 10 <sup>th</sup> percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6<sup>th</sup> grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 schooldays, and Student C will have read for 3.

(Nagy and Bierman, 1987.)

## WANT TO BE A BETTER READER? SIMPLY READ.



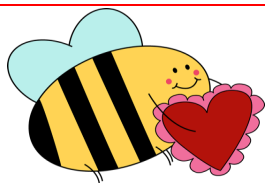
**Tiger Creek Elementary**  
**The Best School in the World**

134 Rhea McClanahan Dr.  
Tunnel Hill, Ga. 30755

We're on the Web!  
[www.catoosa.k12.ga.us/tce](http://www.catoosa.k12.ga.us/tce)



Phone: 706-935-9890  
Fax: 706-965-8906



Please remember TCE is a **Tobacco Free Campus.**

This includes our morning/afternoon car rider line and Tiger Clinic area.

Smoking is prohibited anywhere on school grounds.

Yearbook order forms will be sent home in the next week or so. Please take this time and purchase a keepsake of your child's time here at TCE!

## 2018-2019 Yearbook

### Family Resource Room

One way Title I helps our school is by having resources available to help students reach their full potential. TCE has one of the best family resource rooms in the county. From flash cards to Leap Frogs, we have something your child will love. These items make learning fun and exciting. Be sure to call or come by and check something out!

**Questions about Title I & how Title I funds are spent?? Come in and ask the Principal or PIC!**



### Notes from Nurse Amanda

**Question: What is the #1 killer in the United States?**

**Answer: Heart disease**

Heart disease is the #1 killer in the United States, of both men and women. It affects people in midlife as well as in old age. But the good news is that heart disease is often preventable. There are steps we can take to protect our heart health. And what's good for us is good for our whole family. The first step to improving heart health is to learn about risks. Know your numbers: *blood pressure, cholesterol, blood sugar and body mass index*. Ask your doctor about physical activity and a healthy eating plan. Then begin taking these steps to heart health: *follow a healthy eating plan, be physically active, maintain a healthy weight and don't smoke*. February is national Heart Month. Let's start today to keep our hearts and the hearts of our children strong.

**Question: What is the # 1 chronic infectious disease of school children?**

**Answer: Tooth decay.**

Tooth decay affects children in the United States more than any other chronic infectious disease. Untreated tooth decay causes pain and infection that may lead to problems such as eating, speaking, playing and learning. Millions of school hours are lost each year due to dental related illness. Children experiencing dental pain are unable to concentrate on school work and are unlikely to score as well on tests as children who are undistracted by pain. Oral health prevention includes proper nutrition, daily brushing and flossing of teeth, cleaning and examination of teeth by a dental health professional at least every six months and dental sealants. Keep your child under the care of a dentist. If you are in need of dental care for your child, contact the nurse for information about *Help A Child Smile*, the mobile dental office that comes to our school every six months.