

<mark>iger Talk</mark>

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Beard's Bulletin

Inside this issue:

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Paws-itive Parenting	2
Family Resource Center	2
101 Dalma- tians Musical	2
Character Trait of the Month	3
Counselors Corner	3
Milestones Matters	4
Notes from Nurse Amanda	4



A Peek at April:

- April 1-5—Spring Break
- April 19—No School
- April 22—1st day of GA Milestones

Wow! What a great turn-out for our Living History Night last week! The students were great, and every year I learn a lot more about historical figures. We had 78 students sign up to be here for that special night which almost doubled last year's number. Congratulations to the students that worked so hard!

I also wanted to mention that our PTO is sponsoring the World's Finest Chocolate Sale. They made a decision this year not to do the APEX fun run, so we made some adjustments, and the PTO made some inquiries about selling chocolate. So far it has been a delicious experience! In the future weeks we will have more discussion about fundraisers. Please make sure you let your Local School Governance Team (Ms. Janet Jackson and Ms. Shauna Hatch) know about what fundraisers you would like to have at school.



A Peek at the Creek

<u>March 1-22</u>

Candy Bar Fundraiser

March 7

Spring Pictures

<u>March 8 & 11</u>

No School

March 22

Dalmatian Day (all students dress in Dalmatian costumes)

March 22 & 23

101 Dalmatians Kids Musical



Paws-itive Parenting

Tips for test day:

Good news: Everyday strategies your youngster uses in reading and math will come in handy on standardized tests. Here's how:

Help your child prepare for sections where she has to read paragraphs, answer questions, and give supporting details. When you read to her at home, talk about the book, and ask her to show you evidence to back up her ideas and opinions.

Your youngster may be asked to show how she solves math problems during the test, just like she does on regular assignments. Tell her that it's better to write too much rather than not enough, especially if the test isn't timed. She might also include drawings, such as a sketch showing how she found the area of a trapezoid.



Worth quoting

"We grow great by dreams."

Woodrow Wilson



Family Resource Center

One way Title I helps our school is by having resources available to help students reach their full potential. TCE has one of the best family resource rooms in the county. From flash cards to Leap Frogs, we have something your child will love. These items make learning fun and exciting. Be sure to call or come by and check something out!

> Math Facts or Reading Fluency? We can help you!

If you have questions or concerns regarding how Title l money is spent, please contact the Principal or Parent Involvement Coordinator.

Parents and Community

Come join us on May 9, 2019 at The Catoosa County Learning Center for the Title 1 Parent and Family Engagement District Advisory Council.

The purpose of this meeting is to revise and approve the Parent and Family Engagement Policy for the 2019/2020 school year. Please RSVP with your PIC.

Parent/Guardian may request a parent/teacher conference anytime throughout the school year.

Please contact your child's teacher for scheduling parent/teacher meetings.

Friday, March 22nd will be a 101 Dalmatian Day. All students are encouraged to dress as their favorite 101 Dalmatian Character. We will end our day with a chorus performance of 101 Dalmatians Kids musical. Everyone is invited to attend our 101 Dalmatian Kids public performance on March 22 and March 23 at 6:00 p.m. Admission is \$3 Adults and \$1 Students. The chorus has worked very hard over the past few weeks and we are excited to share our production with our Tiger Creek family. Come out and support the TCE music program!

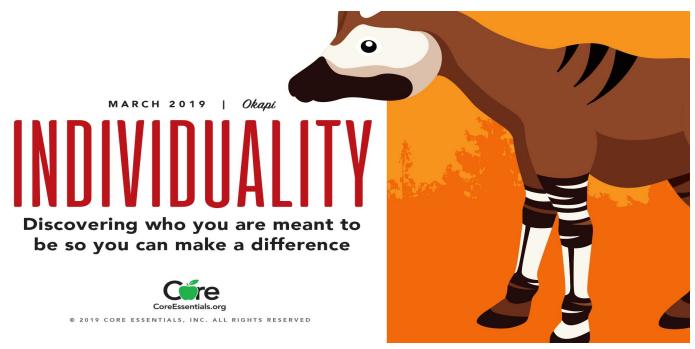




Character Education Trait-March

Whether it's recess, lunch, math class or spring break, we are all looking forward to something and we just can't wait! But this month, we are slowing down and learning to do just that—wait. So don't hesitate to jump on board with us in talking about the Bid Idea of patience.

INDIVIDUALITY is discovering who you are meant to be so you can make a difference.



Counselors Corner

Classroom Guidance Lessons

During February, guidance lessons with students in K-5 focused on career awareness. Students were encouraged to talk to family members and other adults about their job/career. Students were also encouraged to begin paying attention to their strengths, talents, abilities, and personalities so that they will know about themselves and can match a career in the future with the person that they are so they can be successful. Students were reminded that there is a job and career for every personality!





Focus on Healthy Eating

There can be many challenges to getting your family to eat healthier: a busy schedule, a limited food budget and even a lack of interest. Here are a few *Healthy Eating Tips* taken from the American Dietetic Association's *Nutrition Fact Sheet*.

• Try to have at least one meal a day together. Children tend to eat more fruits, vegetables and dairy foods at meals shared with parents.

• Get the family involved in meal planning and preparation. Children are more likely to eat foods they have helped to prepare.

• Be a good role model. Healthy eating is a lifestyle, not a fad, and needs to begin at an early age.

• Try something new. Include one new food or recipe each week and you'll soon have some favorites to incorporate into your menus.

• Stock up on healthy snacks- crackers and peanut butter, cereal, fresh fruit, pretzels or plain popcorn- and you will be less likely to choose unhealthy options.

• Be prepared when dinning out. Choose restaurants that allow you to mix food options to create a balanced meal. Think before you order.

Our *Tiger Care Health Center* has a nutritionist available to talk with you, your child or other family members who may need guidance with particular nutritional needs. Phone 706-516-1814 to reach *Tiger Care* or ask Nurse Amanda for more information.