








October Lunch Menu



Elementary

| MONDAY 1 | TUESDAY 2 | WEDNESDAY 3 | THURSDAY 4 | FRIDAY 5 |
|--|--|--|---|--|
| <p>CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun 1/2 Chef Salad w/Big Gogurt /Roll Lett,Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices</p> | <p>CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges</p> | <p>CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ Sauce 1/2 Chef Salad w/Big Gogurt/ Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges</p> | <p>CHOICE OF ONE ENTREE Penne Pasta Alfredo/ Roll Fish Sticks w/Hush Puppies Wow Butter Sandwich w/ Doritos Seasoned Green Beans Oven Baked Okra Wheat Roll Applesauce Cups</p> | <p>CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Chicken Chili w/Cornbread 1/2 Chef Salad w/Big Gogurt/Cornbread Broccoli w/Cheese Fresh Baby Carrots w/ Ranch Pineapple Tidbits Juice Pop</p> |
| MONDAY 8 | TUESDAY 9 | WEDNESDAY 10 | THURSDAY 11 | FRIDAY 12 |
|  <p>FALL BREAK NO SCHOOL</p> |  <p>FALL BREAK NO SCHOOL</p> |  <p>FALL BREAK NO SCHOOL</p> | <p>***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Rosy Applesauce</p> | <p>CHOICE OF ONE ENTREE Baked Cheese Sticks w/Marinara Spaghetti w/Meat Sauce WW Roll Pepperoni/ Cheese Pizza Seasoned Whole Kernel Corn Broccoli w/Cheese Chilled Pear Slices</p> |
| MONDAY 15 | TUESDAY 16 | WEDNESDAY 17 | THURSDAY 18 | FRIDAY 19 |
| <p>CHOICE OF ONE ENTREE Teriyaki Chicken/Rice/Fortune Cookie Lasagna Roll Up 1/2 Chef Salad w/Big Gogurt/Cornbread Glazed Carrots Broccoli w/Cheese Roll 2 oz. Diced Peaches</p> | <p>CHOICE OF ONE ENTREE Popcorn Chicken Smackers/ Dipping Sauce Marvelous Meatloaf Ham Sand Let/Tom/Pickle/Doritos Mustard, Mayo Mashed Potatoes Pinto Beans 2oz Roll Rosy Applesauce</p> | <p>CHOICE OF ONE ENTREE Pulled Pork BBQ Sandwich Chicken Tetrazzini w/Roll 1/2 Chef Salad w/Big Gogurt /Roll Seasoned Green Beans Creamy Cole Slaw Fresh Apples Frozen Juice Pop</p> | <p>***BREAKFAST FOR LUNCH*** Chicken and Waffles w/Syrup Sausage and Eggs Seasoned Roasted Potatoes Fresh Baby Carrots w/Ranch Southern Style Biscuit and Gravy Strawberries and Blueberries</p> | <p>CHOICE OF ONE ENTREE Pepperoni or Cheese Pizza Baked Potato w/ Ham and Cheese/ Roll Wow Butter Sandwich w/ Doritos Seasoned Corn Broccoli w/Cheese Chilled Peach Slices</p> |
| MONDAY 22 | TUESDAY 23 | WEDNESDAY 24 | THURSDAY 25 | FRIDAY 26 |
| <p>CHOICE OF ONE ENTREE Chicken Patty on a bun Hamburger or Cheeseburger on bun 1/2 Chef Salad w/Big Gogurt /Roll Lett,Tom, Pickle Cup Mayo, Mustard Oven Baked Fries w/ketchup Baked Beans Chilled Peach Slices</p> | <p>CHOICE OF ONE ENTREE Beefy Nachos/Cheese/Sour Cream Sloppy Joe on a bun Ham Sand Let/Tom/Pickle/Doritos Lett,Tom, Pickle Cup Mayo, Mustard Salsa Pintos and Cheese Creamy Cole Slaw Apple Wedges</p> | <p>CHOICE OF ONE ENTREE Chicken Nuggets w/-Dipping Sauce Pulled Pork Potato/Cheese/BBQ Sauce 1/2 Chef Salad w/Big Gogurt/ Dressing Fresh Squash Medley Glazed Carrots Wheat Roll Mandarin Oranges</p> | <p>CHOICE OF ONE ENTREE Penne Pasta Alfredo/ Roll Fish Sticks w/Hush Puppies Wow Butter Sandwich w/ Doritos Broccoli w/Cheese Oven Baked Okra Wheat Roll Applesauce Cups</p> | <p>CHOICE OF ONE ENTREE Turkey w/ Dressing Chicken Nuggets w/ Dipping Sauce Mashed Potatoes Green Beans Wheat Roll Cranberry sauce Pineapple Tidbits Juice Pop</p> |
| MONDAY 29 | TUESDAY 30 | WEDNESDAY 31 | <p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and cups are available upon request.</p>   <p>***FREE - MealViewer-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***</p> | |
| <p>CHOICE OF ONE ENTRÉE Hamburger or Cheeseburger on bun Hot Dog on a bun Wow Butter Sandwich w/ Doritos Lett,Tom, Pickle Cup Mayo, Mustard Baked Beans Oven Baked Fries w/ketchup Strawberries and Blueberries</p> | <p>CHOICE OF ONE ENTRÉE Pulled Pork Nachos w/Cheese/Sour Cream Bowl of Chili w/Toasted Cheese Sand. Baked Potato w/Chili/Cheese Sour Cream and Roll w/Potato Fresh Squash Medley Glazed Baby Carrots Diced Pears</p> | <p>CHOICE OF ONE ENTRÉE Popcorn Chicken Smackers/Dipping Breaded Steak and Gravy 1/2 Chef Salad w/Big Gogurt/ Dressing Southern Style Biscuit Mashed Potatoes Seasoned Green Beans Chilled Peach Slices Chocolate Chip Cookie</p> | | |