

AUGUST 14, 2009



Cook Middle School

"Cook Middle School is a place where students work to meet their full potential and build pride."

P.R.I.D.E.



Cook County Mission Statement

Cook County School System will provide all students with an exemplary education, which will meet the diverse needs of individual students in a positive and safe environment while preparing them for academic success, productive citizenship, and lifelong learning.

Vision

The Cook County School System envisions a professional team of educators fostering community partnerships with the purpose of inspiring learning and creativity in a positive and safe environment.

Motto

Cook Middle School is a place where students work to meet their full potential and to build PRIDE.

P Productive
R Respective
I Independent
D Dependable
E Ethical

Students!



Calendar

August

14 - Back to School Dance
20 - Picture Day

September

4 - Labor Day
7 - Mid-term Progress Report
10 - PTO Open House (7:00)
26 - Parent University
29 - Students leave for Washington

October

5 - End of 1st 9 weeks
8 - TAPPS (parent conf.) 4:30-6:30
12-14 - Fall Break
16 - Report Cards Go Home

November

13 Mid-Term Progress Reports go home
23-27 Thanksgiving holidays

December

3- PTO/Band Concert/Art Show (7:00 p.m.)
17 - Report cards go home/end of 1st semester

...see you in January!!!

H1N1 (Swine Flu)

Georgia is still learning about the new virus H1N1 or to us, Swine Flu. While we are doing this there are a few tips that you can help us with.

1. Do not send your child to school with a fever, Keep them home so they don't infect others.
2. Sick children should not return to school or participate in any activities putting them in contact with others until 7 days from the onset of flu symptoms or until 24 hours after free of symptoms without medication.
3. Cover your nose and mouth when coughing or sneezing (use your sleeve) Teach your children to do the same.
4. Avoid giving children aspirin and products that contain aspirin.
5. Wash your hands often with soap and water. Alcohol based cleaners are also good.
6. Avoid touching your eyes, nose, or mouth. Germs spread that way.
7. Avoid close contact with sick people.
8. Have yourself and your family vaccinated against the regular seasonal flu.

This information not only is to help protect students from H1N1 virus but ANY VIRUS!!!!

Brought to you by Nurse Folsom and South Health District.

Cook Middle School Stingers Softball and Football Schedules

SEE YOU THERE!!!!

**2009
Cook Middle School
Lady Stinger
Softball Schedule
Head Coach: John Smith
Assistant Coach: Brittney Quick**

<u>Date</u>	<u>Opponent</u>	<u>Time</u>	<u>Location</u>
8-20-09	Lowndes	4:00	Valdosta
8-22-09(Saturday)	Lanier County	11:00	Lakeland
8-26-09	Berrien*	4:00	Adel
8-29-09(Saturday)	Lanier County	11:00	Adel
9-2-09	Thomasville*	4:00	Thomasville
9-9-09	Brooks County*	4:00	Adel
9-10-0	Hahira	4:15	Hahira
9-16-08	Worth County*	4:00	Sylvester

9-19-09 Deep South Conference Tournament

Site: To Be Determined (All day)

* denotes Deep South Conference games

All games are double-headers

COOK MIDDLE SCHOOL 2009 FOOTBALL SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Sept. 10	Brooks	Quitman	5:00
Sept. 17	Clinch	Adel	5:00
Sept. 23 (Wed)	Brooks	Adel	5:00
Sept. 30	Open		
Oct. 1	Thomasville	Adel	5:00
Oct. 8	Berrien	Adel	5:00
Oct. 15	Clinch	Homerville	5:00
Oct. 22	Playoff	TBA	TBA
Oct. 29	Championship	TBA	TBA

MRS. FULGHUM MATH TIPS

8th grade Math Resource Students that need extra help or just need to practice their new math skills there is a website for them. The web is www.classzone.com Once you get to this point, you will need to select Math, Georgia, then GO. The book to select is an aqua color that states Georgia McDougal Little Math Course 3, Georgia. Skills, concepts, and activities then can be selected



Mrs. Dobson's Math News

Mrs. Dobson's Math students spent the first few days of school organizing their Math folders and reviewing some maintenance skills that will be needed for various concepts taught this year. By the second week of school, students began to learn the concepts in the first of 11 GPS units they will study this year. The first unit focuses on factors, multiples, prime factorization, and fraction computation. The next unit, which focuses on Algebra skills, will begin in about 8 weeks.



FCA

Club Sponsor: Wanda Dobson

FCA meets on the 4th Tuesday of each month. Each month there will be a guest motivational speaker, special music, and/or student testimonies. FCA will make its annual trip to FSU for FCA/FSU Game Day on September 12th. Members will attend a rally at Bradfordville Road Baptist Church and then travel on to FSU for the game.





HARVEY'S REWARDS



**Help Our School Get Free Equipment and
You Could Win Free Groceries and an
iPod.**

**The more you shop at Harveys, the more chances
you get to win Free Groceries and an iPod
Shuffle*.**

**Register by November 15, 2009 and receive an
additional chance to win each time
you scan your Harveys Hometown Rewards Key.
Log on to www.harveys-supermarkets.com to register
your Harveys Hometown Rewards Key for
our school.**

Our school code is 43519

**This will automatically earn credit for the school, and
earns you an additional entry every time
you use your Harveys Hometown Rewards key.**

* When you use your Harveys Hometown Rewards key and are enrolled in the Harveys
Hometown Rewards program. No



BEFORE NOVEMBER 15, 2009

PARENT UNIVERSITY

Do you know what is going on with young people today? Do you know what they use the Internet and their cell phones for? Does Cook County have a problem with drugs and gangs? On Saturday, September 26th at Cook Middle School, several knowledgeable authorities will give you the answers at the Parent University.

The Parent University will begin with a continental breakfast at 8:30 in the lunchroom. Family Connections will have handouts and information about several topics as well as personnel from the Cook County Workforce. At 9:00 the carousel classes will begin. Parents will rotate every 30 minutes to each class that is loaded with pertinent information. Resource Officers Terry Arnold and Colin Millison will do a presentation on drugs and gangs. Parents will learn about the newest fads among young people. Gang affiliation is becoming a part of South Georgia and parents need to know the signs to look for. Delthia Conrad from RESA will inform parents about the dangers of technology. Students are cyberbullying, sexting, and involved in pornography, and parents need to be aware of what is going on with their child, the computer, and the cell phone. Personnel from the health department will present the stats for Cook County with STDs, AIDS, and our teen pregnancy rate. It is alarming to find how many young people have syphilis. Another class will help parents prepare their students for the new graduation requirements and find ways to help their child be successful in life. Cook County's Graduation Coaches will give tips and ideas on how parents can keep their students on the road to success and happiness.

Parents need to be informed and can not afford to miss this opportunity. Babysitting will be provided as some of the topics are not suitable for young children.



SEPTEMBER 26, 2009

WHAT'S HAPPENING??

Cook High Lady Hornet Softball

<u>Tuesday 8/11</u>	COOK	at	Lowndes	5:00	Valdosta
<u>Fri/Sat 8/14-15</u>	Brantley Co Tournament			6:00	Waycross
<u>Tuesday 8/18</u>	COOK	at	Brooks	6:00	Quitman
<u>Thursday 8/20</u>	COOK	at	Jeff Davis	5:30	Hazelhurst
<u>Tuesday 9/1</u>	COOK	at	Fitzgerald	5:00*	Fitzgerald
<u>Thursday 9/3</u>	Early	at	COOK	5:00*	Home
<u>Thursday 9/10</u>	COOK	at	Thomasville	5:00*	Thomasville
<u>Fri/Sat 9/11-12</u>	Jeff Davis Tournament		TBA		Hazelhurst
<u>Monday 9/14</u>	TCC	at	COOK	5:00	Home
<u>Tuesday 9/15</u>	Brooks	at	COOK	5:00*	Home
<u>Wednesday 9/16</u>	Jeff Davis	at	COOK	5:00	Home
<u>Thursday 9/17</u>	COOK	at	Mitchell	6:00*	Camilla
<u>Monday 9/21</u>	COOK	at	TCC	5:00	Thomasville
<u>Tuesday 9/22</u>	Berrien	at	COOK	5:00*	Home
<u>Thursday 9/24</u>	COOK	at	Albany	5:00*	Albany
<u>Fri/Sat 9/25-26</u>	Lowndes Co. Tournament		TBA		Valdosta
<u>Wednesday 9/30</u>	Region Tournament		TBA		Higher Seed
<u>Tuesday 10/6-7</u>	Region Tournament		TBA		Higher Seed
<u>Tuesday 10/13-14</u>	1 st Round of State Playoffs		TBA		Higher Seed
<u>Friday 10/16-17</u>	2 nd Round of State Playoffs		TBA		Higher Seed
<u>Thur-Sat 10/22-24</u>	State Tournament		TBA		Columbus

*Indicates Area Games

AT THE HIGH SCHOOL?

WHAT'S HAPPENING??

COOK HIGH SCHOOL 2009 VARSITY FOOTBALL SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Aug. 20 (Thurs)	Irwin County***	Ocilla	7:30
Aug. 28	Pierce County	Adel	7:30
Sept. 4	Brunswick	Brunswick	7:30
Sept. 11	Tift County	Tifton	8:00
Sept. 18	Open		
Sept. 24 (Thurs)	Albany*	Albany	7:00
Oct. 2	Fitzgerald *	Adel	7:30
Oct. 9	Mitchell County* #	Adel	7:30
Oct. 16	Thomasville *	Thomasville	8:00
Oct. 23	Berrien County *	Nashville	7:30
Oct. 30	Brooks County *	Adel	7:30
Nov. 6	Early County* &	Adel	7:30

*** Denotes Scrimmage Game

* Denotes Region Games

Denotes Homecoming

& Denotes Senior Night

AT THE HIGH SCHOOL?

WHAT'S HAPPENING??

Cook High JV Lady Hornet Softball

Monday 8/17	Crisp Co	at	COOK	5:00		Home
Wednesday 8/19	Lowndes	at	COOK	4:00	DH	Home
Monday 8/24	COOK	at	Crisp Co	5:00		Cordele
Wednesday 8/26	COOK	at	Lowndes	4:00	DH	Valdosta
Thursday 8/27	Turner Co	at	COOK	4:30		Home
Thursday 9/3	Early	at	COOK	5:00		Home
Wednesday 9/9	Cairo	at	COOK	4:30	DH	Home

COOK HIGH SCHOOL

JUTE WILSON, PRINCIPAL

PAUL DOBSON, A.D.

PAULA SIMMONS, HEAD COACH
CHRISTY DUKE, ASST. COACH

COOK HIGH SCHOOL 2009 J.V. FOOTBALL SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Sept. 10	Tift County	Adel	5:00
Sept. 17	Berrien County	Nashville	5:00
Sept. 23 (Wed)	Clinch	Homerville	5:00
Oct. 1	Fitzgerald	Adel	5:30
Oct. 8	Open		
Oct. 15	Thomasville	Adel	5:00
Oct. 22	Berrien County	Adel	5:00
Oct. 29	Brooks County	Quitman	5:00

AT THE HIGH SCHOOL?