The Big Buzz

January

Avoid Viruses

Frequent hand washing can reduce school absences

Scientists estimate that up to 80% of infections are spread through poor hand hygiene. That means a simple step-hand washing- is the top way to stay healthy and avoid missing school. Teach your child to:

Wash properly. He should wet his hands, lather with soap and wash for 20 seconds. It takes about this long to sing the "Happy Birthday" song twice.

Include all parts of his hands-front, back, fingernails, between fingers, etc. After washing, he should use a clean paper towel to turn off the faucet and open the bathroom door.

Wash his hands often, especially before eating. Soap and water work best. If they aren't available, he can use a hand sanitizer. To be effective, a sanitizer should have at least 60% alcohol.

Sneeze or cough into his elbow instead of his hand to reduce the spread of germs to others.

Social Studies Standards

Kindergarten:

I can identify the purpose of national holidays and describe the people or events celebrated.

I can identify important American symbols and explain their meaning. ie: the pledge of allegiance, the bald eagle, the statue of liberty.

1st grade:

I can locate my city, country, state and continent on a map or globe.

I can describe the life of historical figures in American history.

2nd grade:

I can compare and contrast the Georgia Creek and Cherokee cultures of the past to Georgians today.

I can describe the Georgia Creek and Cherokee cultures of the past in terms of tools, clothing, homes, ways of making a living and accomplishments.

A Look Ahead

1/20	2/14-17	2/28-3/6	3/13-16	3/19
MLK Holiday	Winter Break	Spring Book Fair	March Holiday	Parent Conferences 3:30-5:30