

Chocolate

Chocolate is a delicious treat. It has a long history, too. Chocolate has been found	15
as far back as 1900 BC. Mayan and Aztec cultures drank cocoa in religious celebrations.	30
The cocoa beans that were grown in the Aztec regions were used to pay taxes. This cocoa	47
was the original bean and not sweet. Christopher Columbus was the first European to	61
discover cocoa beans being used as a drink. He brought the bean to Spain. The cocoa	77
bean was used as a currency to purchase items. It wasn't until much later that sugar and	94
milk were added to cocoa, and chocolate was discovered. John Cadbury was the first to	109
discover how to make solid chocolate. This was the first chocolate bar as we know it	125
today. The process of making chocolate stayed the same for hundreds of years. It wasn't	140
until after the Industrial Revolution when special mills were created that the process	153
changed. Soon chocolate was available on a worldwide scale. Cocoa originated from South	166
America, but today it is Western Africa that produces most of the world's chocolate. The	181
next time you eat a sweet chocolate treat you can remember the long history chocolate	196
has.	197