



Echols County Schools

9-12 Lunch Menus

January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 HOLIDAY NO SCHOOL TODAY	Jan - 3 PB&J SACK LUNCH ! Cheese stick, string, Chips Cookie Carrots, baby Tomatoes, Cherry Raisins, Flavored Fruit, fresh, assorted Milk ,Variety	Jan - 4 Steak Nuggets Brown Rice Blackeyed Peas Squash,Summer Strawberries ROLL,WG APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 5 Soup-Vegetable Crackers Peanut Butter and Jelly Broccoli,Florets Fruit Cocktail APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 6 Chicken Sandwich French Fries Lettuce & Tomato Corn,Wk Peaches, Frozen Birthday Cake APPLES,Fresh Milk ,Variety Or SALAD PLATE
Jan - 9 Corn Dog Potato Puffs Baked Beans Pear, Diced Cowboy Cookies APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 10 Chili CRACKERS Peanut Butter and Jelly LIMA BEANS, GREEN Peach slices,lt syrup APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 11 Chicken Tetrizzini Broccoli Carrots Fruit Cocktail ROLL,WG APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 12 Country Steak & Gravy RICE,Cooked Brown Squash,Summer Green Beans Apple Sauce ROLL,WG APPLES,Fresh Milk ,Variety Or SALAD PLATE or PB&J SACK LUNCH !	Jan - 13 Cheese Pizza Peas,sweet Corn,WK Pineapple,tidbits Rice Krispies Treat APPLES,Fresh Milk ,Variety Or SALAD PLATE
Jan - 16 HOLIDAY NO SCHOOL TODAY	Jan - 17 Taco Salad Potato Puffs Corn,Wk Fruit Cocktail Peanut Butter Bar APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 18 Ham AuGratin Potatoes Broccoli,Florets Carrots Pineapple,tidbits ROLL,WG APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 19 Soup-Vegetable Crackers Peanut Butter and Jelly Cucumbers, Raw Peach slices APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 20 Fish Sticks Cheese Grits Baked Beans Yam Patties Apple Sauce APPLES,Fresh Milk ,Variety Or SALAD PLATE
Jan - 23 Hotdog on Bun Potato Puffs Baked Beans Fruit Cocktail Oatmeal Raisin Cookie APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 24 Chili Crackers Peanut Butter and Jelly Corn Pineapple,tidbits APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 25 Ham Macaroni & Cheese Broccoli,Florets Carrots Pears ROLL,WG APPLES,Fresh Milk ,Variety Or SALAD PLATE	Jan - 26 Chicken Tenders Potatoes, Mashed Green Beans Peach slices ROLL,WG APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !	Jan - 27 Hamburger French Fries Lettuce & Tomato Corn,Wk, Strawberries BIRTHDAY CAKE APPLES,Fresh Milk ,Variety OR SALAD PLATE
Jan - 30 Chicken And Rice Turnip Greens Yam Patties Pear, diced Corn Bread APPLES,Fresh Milk ,Variety OR SALAD PLATE	Jan - 31 Soup-Vegetable Crackers Peanut Butter and Jelly Cucumbers, Raw Peach slices APPLES,Fresh Milk ,Variety OR SALAD PLATE or PB&J SACK LUNCH !			

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