

4TH ANNUAL REBEL CHALLENGE

SEPTEMBER 9, 2016

The Rebel Challenge is a test of perseverance and dedication. It is not a typical race of fastest time, strongest performance, or a competition to win. It is a personal commitment to finish a series of physical tasks, to encourage everyone participating, and to learn a start-strong finish-strong attitude. It is a challenge to not give up, to commit to a goal, and strive to achieve it.

The Rebel Challenge is a 2-mile course of field, trail, and concrete terrain with 20 potential tasks along the way. Similar races would call these obstacles, but this is not a typical race.

The goal of this challenge is to finish and to HAVE FUN!!!!

Physical Tasks may include:

Climb Over Hay Bales
Spider Web Crawl
Hurdles
X-pass

Army Crawl
Tire Flip
Nitro-Crossing
Dirt Dig

Weaving Poles
Leapfrog
Bulls eye
Wheel Barrel

SLIP-N-SLIDE

MUD PIT CRAWL

Water will be available throughout the course

**Turn in this form along with \$3 to sign up or \$8 to sign up + T-shirt!!

If you want a T-shirt you must place your order by September 1st**

T-Shirts will be available for pick up following Rebel Challenge

The Rebel Challenge Waiver and Consent

By signing below, I acknowledge my awareness that participation in The Rebel Challenge involves risks. I understand that my permission for/participation in the aforementioned activities may expose me/my child to risks including equipment, property damage and bodily or personal injury, normally associated with recreational activities. These risks include, but are not limited to, any one or more of the following: insect bites and stings, foreseen and unforeseen inclement weather, tripping and/or falling.

I understand the risk involved and do not hold South Habersham Middle School or the Habersham County Board of Education responsible for my participation in this event.

Participant Signature: _____ Date: _____

Printed Name: _____ Grade: _____

Parent Signature: _____ Date: _____

T-Shirt: Small Medium Large XL XXL # of shirts