North Georgia Middle School Athletic League
By-Laws

I. Objectives:
A. To develop and coordinate the athletic program for middle school students.
B. To promote and encourage the highest academic standards for middle school athletes.
C. To promote the principles of sportsmanship and fair play and to enhance school spirit.
D. To help maintain high standards in competitive sports and help participants develop improved self-esteem.
E. To provide for the continued growth and development of students who are athletically inclined.
F. To promote good school attendance and citizenship.
G. To teach players basic fundamentals in each athletic event.
H. To coordinate each middle school athletic program with the high school their students will be attending.

II. Code of Ethics:
A. No athletic team will run up the score or take advantages to embarrass a weaker opponent.
B. Coaches must abide by the standards of professional behavior and fair play.
C. Coaches must refrain from confrontations or arguments.
D. Appeals and/or protests should be filed within 24 hours of any contest in question.
E. All board of control decisions will be final.
F. All coaches are urged to allow for significant playing time each season for all players.
G. The principal or designee either at his/her discretion or at the direction of an official, shall remove any spectator or player using threatening or vulgar words or gestures to or about any player, coach, official, or other spectator.
H. The local school will sponsor all teams.
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III. Membership:
   A. Each member school must agree to adhere to all rules of the North GA Middle School Athletic League.
   B. Each member school must be accredited by the Georgia State Department of Education. (Standard School) See Georgia Public Standards.
   C. Acceptance of new members shall be by majority vote of membership.

IV. Controlling Authority:
   A. The League membership shall consist of the administrators, athletic directors, and coaches of each member school.
   B. All decisions and league actions will be made/taken by the board of control, which shall consist of one representative per school. The representative shall be either the member school’s principal or the principal’s proxy.
   C. Officers of the board of control shall be a president, vice-president, secretary, and treasurer.
   D. The primary duty of the president is scheduling and moderating meetings.
   E. The primary duty of the vice-president is to act as purchasing agent for the league.
   F. The primary duty of the treasurer is to account for league funds and disburse funds as the league deems necessary.
   G. The primary duty of the secretary is to record meeting minutes, update by-laws, and prepare master schedules for league sports.
   H. Elections will be held at the final regular meeting of the school year in odd numbered years. In the event of a vacancy, an election will be held at the next meeting. The elected individual will complete the un-expired vacant term but may be re-elected to a full term at the next regular election.
V. Meetings:
A. Four regular meetings will be scheduled each year. Regular meetings are to be scheduled as follows:
   • At least one week prior to the Football Jamboree,
   • Prior to the beginning of basketball and/or wrestling practice,
   • Before track season,
   • After track season
   • The league president may call emergency meetings with a 24-hour notice given to all members through the school.
   • The League President will be responsible for scheduling all meetings, specifying the meeting place, and notifying the membership.
B. Whenever feasible, the next regular meeting will be scheduled at the conclusion of each regular meeting.
C. A quorum shall consist of a majority of member schools.
D. Any item to be voted upon must have a motion and a second.
E. League decisions will be based on a majority vote of the quorum.
F. Principals or their proxy must be present at the meeting to vote.
G. Each member school is permitted one vote, regardless of the number of individual members present at the meeting from that school.
H. The individual member representing the school on the board of control will exercise the vote.
I. At the conclusion of the meeting the secretary/treasurer will prepare and disseminate minutes of the meeting to all member schools.
J. A financial statement shall be made to each member school at the close of each school year. Excess funds or debits shall be evenly distributed among all schools at the end of the last sport of the year.
K. The board of control may carryover a balance not to exceed $2,000 each year.

VI. Amendments:
This Constitution may be amended by a majority vote of a quorum of the board of control.
VII. General Policies

A. All school athletics shall be under the supervision of the principal of the member school.

B. Each sport has the option of having one preseason scrimmage (excluding a jamboree) per year. A scrimmage is defined as an informal game played between two teams. Teams may practice together, e.g. two teams are practicing high jump at the high school for track, as long as the practice does not violate the one scrimmage rule.

C. The principal has the unquestioned authority to cancel, call off, suspend, halt, and otherwise restrict any game, event, practice, or season as a result of student safety issues or other valid concerns. Any such action must be reported to the league president promptly.

D. Specific sports governed by this league (or “league sports”) are non-graded (no 6th grade) football, non-graded girls’ softball, 6th/7th and 8th graded boy’s basketball, 6th/7th and 8th grade girl’s basketball, non-graded wrestling, non-graded co-ed track, boy’s and girl’s non-graded soccer, non-graded baseball, and non-graded golf.

E. Standard admission prices for all athletic events shall be $4.00 for adults and $2.00 for students (K-12). Standard admission for tournaments (including Jamborees and League meets) will be $4.00 for adults and $2.00 for students. No admission will be charged for pre-school age children. Employees of member schools or school systems will be admitted to all games, tournaments, and Jamborees free of charge upon presentation of an activity pass or employee I.D. from their school or school system.

F. All interscholastic programs shall be considered extracurricular and all practice and games shall be conducted before or after the school day.

G. There is not a limit on the number of games played in a season or the number of games played during a week unless otherwise specified in the NGMSAL by – laws.

H. There is not a specific time that games or practices have to be terminated unless otherwise stated in the NGMSAL by – laws.

I. Varsity type inter-school competitive sports are prohibited in grades one through five.

J. All rules of the North GA Middle School Athletic League must be in compliance with all rules and regulations as required by Georgia Public Schools Standards. All interscholastic activities will follow GHSA rules unless otherwise stated in the league by-laws.

K. In all interscholastic competitions where officials are used, the league will use officials from certified associations. Officials for playoff games will be paid for by the league. A school resource officer may also be scheduled for playoff games and paid for by league funds or the home school may request reimbursed for providing an SRO. All gate proceeds for playoff games must be sent to the league treasurer. The league treasurer will compensate the official’s association for the entire season. The League Secretary is responsible for providing the initial master schedules to the League Treasurer. In the event of any changes in the schedule, the school designated as the home school will be responsible for notifying the official’s association and the league treasurer of the changes. Compensation of officials for non-league events will be the responsibility of the individual school. Note: Due to differences in the way wrestling is scheduled, individual schools will compensate the wrestling official’s association for all home matches. Likewise, individual schools will schedule officials for all home wrestling matches. Schools will follow the direction of the SOAA (Officials) in regard to scheduling and compensation of officials for soccer.

L. Each school will be responsible for providing clock operators, gatekeepers, bookkeepers, chain operators, etc. for all home games

M. Rotations for coordinating the different sports each year shall be assigned by using an alphabetical listing of member school (see S below).
N. Forfeiture of games is discouraged. The goal of the NGMSAL is to increase student participation. Therefore, no forfeiture can occur in any league sport without the consent of an administrator from each of the participating schools. Exceptions are, of course, individual wrestling matches and track events.

O. Delegation to member schools of certain league responsibilities may be made each year by the president when it makes sense to do so.

P. Hardship Committee – There will be a hardship committee consisting of the board of control. All cases will be brought before the committee. There must be a unanimous vote by the members in order for the hardship to be approved.

Q. Investigation Committee – In the case of any illegal or unethical behavior by a member team and/or coach, there will be an investigation committee consisting of the Whitfield County Schools safety director, an assistant superintendent, and the league’s board of control. The safety director and assistant superintendent will bring the findings of any investigation to the board of control. They will then determine if any disciplinary action should be taken by way of a majority vote.

R. Summer workouts for NGMSAL will be the same as member GHSA schools.
S. The NGMSAL and member schools will not restrict participation of students in any other athletic leagues as long as participation in the other league does not conflict or interfere with participation in NGMSAL and member school practices, games, tournaments, or meets. Students may not play junior varsity sports at the high school until after the middle school season ends.

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T. Wrestling, Golf, Cross Country, Football Jamboree, Basketball, and Track league tournament FINALS will be hosted by a designated school on a rotational basis.

U. All required practice sessions will take place during the school week. Practice for a given sport will terminate with the season of the sport.

V. Practice and travel to practice sessions and games will be after the school day except in instances where the alternative would result in the possibility of game cancellation.

W. In the event of inclement weather or other unforeseen circumstances, the principal of a school hosting a game may, at his/her discretion, cancel the game. It is the responsibility of the canceling school to notify other schools affected and the officials. If at all possible, missed games should be made up.

X. Standardized league plaques/trophies shall be purchased by the league and awarded in each league-sponsored sport. See Section XV.

Y. Videotaping of any league event by any league school is permitted for the purpose of preparation and/or review. Schools will not be required, but are permitted, to share video tapes of their own teams.
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Z. Gate receipts for the league-sponsored events (Jamboree, Tournaments, League Meet/Match, etc) in each sport shall be turned over to the league treasury after basic expenses are paid. Officials will be paid from the league treasury.

AA. If deemed necessary by the host, on-site security and medical personal should be secured for the best price possible.

BB. All schedules for league events will follow the same basic rotation each year. In odd numbered years home and away games are switched from the previous year. In even numbered years schedules are rotated so that each school’s first game in the odd numbered year becomes the last game in the even numbered year and home and away games are switched from the previous year. Special Note: For rotation purposes, spring sports are on the same rotation as their counterparts the previous fall.

CC. All sports will have tournaments/league meets at the end of the season.

DD. A middle school 8th grade student cannot participate in any high school junior varsity activities until the middle school season is completely over. Anyone not in 8th grade is ineligible to participate in junior varsity events per GHSA.

EE. A middle school student (6, 7, or 8th grade) cannot participate in football (high school or middle school) with full pads until the start of the middle school season. The NGMSAL will set the date for full pads in advance of the football season.
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VIII. Eligible Participants:

A. The Georgia State Board of Education Policy governing No Pass- No Participate will govern eligibility. This policy must be monitored regularly by the local school administration.

B. Initial eligibility for seventh and eighth graders will be based on the last semester prior to the beginning of practice. Students must pass a minimum of three academic classes to be eligible. Students can lose eligibility at the semester only (December and May). A student may regain eligibility after a minimum of three weeks into the next semester. A student participating in a winter sport, who is failing at the semester report card, will be suspended from participation in that sport (the player may practice and sit with the team at the game but may not participate in games) until the next grade report (3 weeks after report card or 3 weeks after school starts) verifies passing grades. (2014 date January 24th). These are the minimum eligibility requirements. Administrators and coaches may extend eligibility requirements.

C. Sixth graders, prior to receiving middle school grade reports, are automatically eligible for participation in non-graded league athletic activities, provided that an event has been approved.

D. Sixth graders may be allowed to participate in non-graded athletic events as approved by individual Boards of Education.

E. Seventh grade students participating in league sports may not reach their fifteenth birthday on or before May 1 of the current school year.

F. Eighth grade students participating in league sports may not reach their sixteenth birthday on or before May 1 of the current school year.

G. Middle School students who begin competition in a particular sport as 6th graders may compete in that sport no more than 3 years.

H. Middle School students who begin competition in a particular sport as 7th graders may compete in that sport no more than 2 years.

I. Middle School students who begin competition in a particular sport as 8th graders may compete in that sport no more than 1 year.

J. In order for students to be eligible for participation in any league sport they must be properly enrolled in a member school.

K. All practice shall be limited to prospective team members.

L. Practices may start on the Monday following the end of the latest sport of that season. For example, basketball and wrestling may begin practice on the Monday following the end of the football season. All spring sports may begin practice the Monday after the last basketball game. Football and softball official practice may begin on the first day of school.

M. Students may be allowed to participate in two sports concurrently at their home school provided that the principal and both coaches approve. All other eligibility requirements must be met.

N. The principal must receive written approval of parents or guardians before a student is allowed to participate in interscholastic activities. The inherent potential danger of the specific sport must be included in the statement. Student athletes are required to have on file a current sports physical and proof of health insurance or the purchase of school insurance.

O. Students may be restricted from playing in a game or games for disciplinary reasons. Any pupil under any type of suspension from school is not eligible to attend practice in any capacity, dress out, travel with the team, or play in any game during the time of suspension from school or assignment to an in-school suspension program.

P. Students, upon completion of the suspension or the in-school suspension may be immediately re-eligible for participation. The in-school suspension will be deemed to be complete at the end of the school day on the final day of the suspension or in-school suspension. Students
under out of school suspension are deemed to be re-eligible on the first day back in school following the suspension.

Q. In regard to eligibility for all school-sponsored athletic events, both league and non-league, the league by-laws are the controlling authority and are to be followed.

R. Students who transfer schools are ineligible to participate in the sport(s) that are currently in season unless a true move is made. The parent will have to provide a water bill or an electric bill to prove residency. Students will be eligible for any sports after the current season is completed. A current season starts when a student begins practice/try-outs with a school.

S. Coach or player ejected by game official or game manager from a game will miss the next play date (both 7th and 8th grade games if scheduled for two games on that date). Soccer players will miss the half they are ejected and the next half of play (on the same day or the next game.)
IX. Football:

A. Football will consist of one league team made up of 7th/8th graders. 6th graders are not allowed to participate.

B. A Football Jamboree will be played prior to the beginning of the middle school football season. The Jamboree will be held on a Saturday at a stadium selected by the school responsible for coordinating football that year. One coach shall be allowed on the field during the jamboree. The Jamboree host school will be responsible for scheduling an ambulance and medical personnel to be committed for the day. Games will be scheduled as closely as possible, and schedules will be adhered to as closely as possible. In the case that a member school cannot field a team, the host school will play an extra game so that all other teams get to play against two different opponents.

C. Uniforms and equipment for all games and practices shall be standard and provide adequate protection for participants.

D. Games will be played on Thursdays, with the exception that one game may be moved from Thursday afternoon to Saturday as long as both schools agree, officials are available, and the game is played within the regular season.

E. Spring football practice is prohibited.

F. League standings in football will be determined by the team’s overall win/loss record. Semi–final games will consist of a game between team #1 and team #4 and a game between team #2 and team #3. These games will be played at the higher seed’s home field. The championship game will be played by the semi–final winners at the higher seed’s home field.

G. Games will consist of four 7-minute quarters. Halftime for all football games shall be 5 minutes. If the game is held at a field with no lighting, the principals and coaches from the two teams shall determine whether or not to institute a running clock in the fourth quarter of a game. There are no tie-breakers for regular league games, tie breakers are only played during the playoffs.

H. In the event a member school cannot field one or both team’s arrangements may be made to schedule an additional game with an opponent outside the league. No additional games are to be scheduled with league opponents.

I. Coaches may use communication equipment without the responsibility for supplying them to visiting teams.

J. Schools will provide a chain crew for home games. At least one of the chain crew must be an adult.

K. All punts will be “live”.

L. When a team is playing on a field that does not have lighting, the 6th/7th–grade game will have a running clock if the 4th quarter does not start before or on 5:30 p.m.

M. If a team is ahead by 26 points or more at the start of the 3rd quarter, both coaches have the option of decided on a running clock for that quarter. If a team is ahead by 26 points or more in the 4th quarter it is mandatory that there be a running clock for that quarter.
X. Basketball
A. Basketball games will be scheduled for Monday and Thursday nights to avoid conflicts with high school games. In some circumstances games may be played on another night.
B. An optional practice may be scheduled on Saturday or Sunday. Any optional Sunday practice must begin after 12:00.
C. All basketball games shall consist of 4 six-minute quarters and one 6-minute halftime.
D. In most cases, 6th/7th grade game will begin at 4:30. During a game the clock can only be stopped if a team has timeouts or if an injury occurs. 8th Grade games will follow immediately. If a team is behind on the scoreboard by 30 or more points at the end of the 3rd quarter, then there will be a running clock for the 4th quarter. There will NOT be a running clock during playoff games. If a player or coach is ejected, then they will be ineligible for the remainder of that game and the next game.
E. Both the 6th/7th and 8th basketball seasons will conclude with a basketball tournament. The 6th/7th Grade tournament and the 8th Grade tournament when at all possible will be played the same week.
F. Regular season standings will be used in the determination of seeding for tournament brackets. Games will be scheduled as closely as possible, and schedules will be adhered to as closely as possible. The first two rounds of the league tournament will be played at the higher seed’s home court. The championship game will be played at the host school for that year. The league tournament will be single elimination and will go as follows:
   • Semi - Finals
     o Seed 1 vs Seed 4
     o Seed 2 vs Seed 3
     Higher seed hosts
   • Championship –
G. League final standings will be determined by the tournaments.

XI. Track
Each school will be allowed to have 2 entries per event in the final league track meet.

XII. Wrestling
A. Weigh-ins for all league matches will be held at each individual school on the morning of the match before the beginning of the school day (students checking in late will be weighed at the discretion of the administration of the school) with weights faxed to the opposing school or carried to the meets. Weigh-in forms are to be signed by the school administrator or administrator’s proxy.
B. Each school is responsible for scheduling referees for home matches. Payment procedure, however, is the same.
C. The league recognized weight classes are: 72, 78, 86, 94, 100, 108, 115, 123, 130, 140, 154, 165, 180, 220 and 275. Note that these are maximum weights; however, a wrestling weight allowance of 2 pounds will be given after the Thanksgiving holiday.
D. In order for a wrestler to be eligible in a weight class for the league tournament, the participant must have wrestled at least half of their (the individual wrestler) matches in that weight class during the regular season.
E. Wrestlers will be required to weigh-in at the start of the playoffs and will not be required to weigh-in for the reminder of the post season.
XIII. **Soccer**
A. Soccer is a non-graded sport.
B. Schools will field a boy’s and a girl’s team.
C. Soccer games will consist of two thirty minute halves with a five-minute half time. The games will start at 4:30. If a game is tied at the end of regulation it will end in a tie (regular season only), playoff games will have (2) five-minute overtime periods will be played then 5 penalty kicks per team then 1 penalty kick per team until a tie is broken.
D. The league schedule will consist of each team playing each other one time.
E. Regular season standings will be used in the determination of seeding for tournament brackets. Games will be scheduled as closely as possible, and schedules will be adhered to as closely as possible. The first two rounds of the league tournament will be played at the higher seed’s home field. The championship game will be played at the host school for that year. The league tournament will be single elimination and will go as follows:
   - Semi-Finals
     o Seed 1 vs Seed 4 (Tuesday May 14th)
     o Seed 2 vs Seed 3
     Higher Seed Hosts (Thursday May 16th)
   - Championship
F. The season standings will be determined by a tournament at the end of the season.
G. There will be a point system to break up tie breakers at the end of the season. The point system will go as follows:
   Win – 3 points
   Tie – 1 point
   Loss – 0 points
H. Home team is required to provide vests and wear them if both team has same color uniform.

XIII. **Baseball**
A. Baseball is a non-graded sport.
B. Each team must play all other teams twice.
C. Baseball games will be scheduled for Monday and Thursday nights. In some circumstances games may be played on another night.
D. Games will automatically be called when a team has completed three turns at bat and is at least 15 runs behind, four turns at bat and is at least 15 runs behind, or five or more turns at bat and is at least 10 runs behind.
E. The season standings will be determined by a tournament at the end of the season. Seeds for the tournament will be determined by the results of the regular season. In the league tournament, team #1 will play team #4 and team #2 will play team #3 in the semi-final games at the higher seed’s home field. The winners of the semi-final games will play for the championship at the host’s field for that year.
F. Baseball bats may only be a maximum of minus 5 ratios from length to weight (ex. 32 inch 27 ounce).
G. Home team is responsible for making up games-if game is not made up then it is a forfeit.
H. After two innings of play, the trailing team has the option to end the game when an unsurmountable lead has occurred.

XIII. **Softball:**
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A. The Whitfield County Middle School Athletic League will have a fall girls’ fast-pitch softball program.
B. The standard softball for all league play must have NFHS stamp.
I. Softball games will be scheduled for Monday and Thursday nights. In some circumstances games may be played on another night.
J. A standard game consists of 7 innings.
K. International Tie Breaker rules will be followed beginning with the eighth inning.
L. Softball officials will call missing bases and leaving bases early.
M. In an effort to keep the pace of the game appropriate, a player can be used as a substitute runner for the person playing the catcher/pitcher position. The person coming in does not count as an official substitute, simply a courtesy runner, in order to allow the catcher time to put on required equipment for the next inning.
N. Games will automatically be called when a team has completed three turns at bat and is at least 15 runs behind, four turns at bat and is at least 12 runs behind, or five or more turns at bat and is at least 8 runs behind.
O. Officials are to encourage coaches and players to help to keep the game going at an appropriate pace.
P. The umpire will designate the time keeper.
Q. The season standings will be determined by a tournament at the end of the season. Seeds for the tournament will be determined by the results of the regular season. In the league tournament, team #1 will play team #4 and team #2 will play team #3 in the semi – finals at the higher seed’s home field. The winners of the semi – final games will play for the championship at the host’s field for that year.
R. Double Headers are allowed.
S. This distant from home plate to the pitching rubber will be 40 feet in length.
T. A team is allowed to have an extra hitter and/or designated hitter in their lineup. No more than 10 players can be in the batting lineup.
U. Games will start at 4:30 p.m. This will be the standard starting time for a weekday game unless unforeseen circumstances arise (such as weather, travel, etc.).
V. Softball will be allowed to hold tryouts in May after all spring sports are completed. It is optional for a school to hold tryouts in May.
W. After two innings of play, the trailing team has the option to end the game when an unsurmountable lead has occurred.

XIV. Cheerleading:
A. Member schools can have 1 squad consisting of 6th, 7th, and 8th grade students.
B. Cheerleading tryouts will be conducted at the local level. All cheerleaders must meet the same eligibility requirements as other athletes.
C. With the exception of tournaments, cheerleaders will not cheer at any away basketball games.
D. Cheerleading squads should follow the same safety regulations as high school.
E. Cheerleading should not refer to GHSA, as GHSA only provides guidelines for high school “competition” cheerleading and not middle school cheer.

XIV. Golf
A. Golf will be a non – graded sport.
B. Girls and boys will both be eligible to participate.
C. Golf season will be conducted during the fall semester.

XV. Cross Country
A. Cross country will be a non-graded sport.
B. Girls and boys will both be eligible to participate.
C. Cross country will be conducted during the fall semester.
D. To be eligible for the Cross Country League Championship, a runner must participate in at least half of the meets the school participates in before the Championship.
XVI. Trophies and Awards
The league treasurer (or designee) will be responsible for the purchase and delivery of the following
league trophies and awards.

Football
(Team trophies only) 6/7th Grade – 1st, 2nd
7th/8th Grade – 1st, 2nd

Softball
(Team trophies only) 1st, 2nd

Basketball
(Team trophies only) 6/7th Grade Boys – 1st, 2nd
6/7th Grade Girls – 1st, 2nd
8th Grade Boys – 1st, 2nd
8th Grade Girls – 1st, 2nd

Wrestling
(Team trophies) 1st and 2nd
(Medals) 15 weight classes – 1st and 2nd in each weight class

Soccer
(Team trophies only) Boys – 1st, 2nd
Girls – 1st, 2nd

Baseball
(Team trophies only) 1st and 2nd

Golf
(Team trophies only) Boys – 1st, 2nd
Girls – 1st, 2nd

Track
(Team trophies) Boys 1st and 2nd
Girls 1st and 2nd

(Individual medals for boys and girls 1st and 2nd in each of the following events.)
(Individual ribbons for 3rd, 4th, 5th, and 6th in each of the following events.)

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XVII. Tie Breaker Formula

The following tie breaker formula will be used in all sports in the event of a tie between two or more teams at the end of the regular season.

1. Head to head competition
2. Record vs. common opponent outside of the tie (#1 team, #2 team, #3 team, etc.)
3. Point differential between the tied teams. If teams are still tied, point differential will be calculated from the rest of the league opponents starting with the highest seed.
   - Football - 18 points will be the maximum awarded.
   - Soccer – 5 goals will be the maximum amount awarded.
   - Baseball/Softball – 8 runs will be the maximum amount awarded.
   - Basketball – 20 points will be the maximum amount awarded.
4. Coin toss