



Eligibility Center



**2017-18** GUIDE FOR THE  
**COLLEGE-BOUND  
STUDENT-ATHLETE**



# PLAY COLLEGE SPORTS

Want to play college sports?  
Learn what it takes to reach the top of your game at  
[ncaa.org/playcollegesports](https://ncaa.org/playcollegesports)

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## HOW TO USE THIS GUIDE

This guide answers important questions for four groups of people involved in the NCAA initial-eligibility process:

- High school students who hope to compete in college sports at an NCAA Division I or II school.
- Parents, guardians and family members of high school students.
- High school counselors and athletics administrators.
- High school and nonscholastic coaches.

## HAVE A QUESTION ABOUT NCAA ELIGIBILITY?

Find answers to many typical questions about NCAA eligibility by:

- Reading this guide.
- Searching Frequently Asked Questions at [ncaa.org/studentfaq](http://ncaa.org/studentfaq).
- Visiting [ncaa.org/playcollegesports](http://ncaa.org/playcollegesports).
- Visiting the Help section of [eligibilitycenter.org](http://eligibilitycenter.org).
- Calling the NCAA Eligibility Center.



Eligibility Center

### NCAA ELIGIBILITY CENTER CONTACT INFORMATION

#### ONLINE

[ncaa.org/playcollegesports](http://ncaa.org/playcollegesports)  
[eligibilitycenter.org](http://eligibilitycenter.org)

Follow us on Twitter @NCAAEC

#### PHONE

U.S. and Canada except Quebec  
(toll free): 877-262-1492  
International callers:  
011-317-917-6222

#### CERTIFICATION PROCESSING

NCAA Eligibility Center  
Certification Processing  
P.O. Box 7136  
Indianapolis, IN 46207-7136

#### OVERNIGHT DELIVERY

NCAA Eligibility Center  
Certification Processing  
1802 Alonzo Watford Sr. Drive  
Indianapolis, IN 46202



## WELCOME FROM THE PRESIDENT

Dear college-bound student-athlete:

I am glad you are interested in pursuing your education and sport at the college level. College sports provide a chance to compete at a high level while earning an education that will lead to opportunities beyond your playing career. Through our commitment to academics, well-being and fairness, we at the NCAA strive to provide you with a positive opportunity for personal development and future success, no matter what career path you choose.



This guide is designed to educate you, your family and high school administrators about the initial-eligibility process for NCAA Divisions I and II schools. If you are interested in NCAA Division III, please visit [ncaa.org/d3](http://ncaa.org/d3), create a free Profile Page on [eligibilitycenter.org](http://eligibilitycenter.org), or contact the athletics office at a Division III campus for its initial-eligibility standards.

No matter in which division you choose to play, I encourage you to take an active role in the process of preparing for college. More than 1,100 schools are part of the NCAA and sponsor stellar academic and athletics programs, so it is never too early to start looking for your best fit. If you do choose to attend a Division I or II school, the information in this guide is designed to make your transition to college sports easier, and get you playing sooner.

At the NCAA, we want to make sure high school athletes meet standards that ensure they are prepared to succeed in the college classroom. Initial eligibility affects your ability to receive an athletics scholarship and to practice and compete in your first year as a full-time college student. Work closely with your high school counselors, coaches, parents/guardians and mentors as you transition to college.

If you have questions, please reach out to us. The NCAA Eligibility Center strives to make your registration and certification experience positive and helpful.

I wish you the best of luck as you embark on this important journey, and look forward to your future success.

All the best,  
**Mark Emmert**  
NCAA President



## WHAT IS THE NCAA?

The National Collegiate Athletic Association is an organization dedicated to providing a pathway to opportunity for college athletes. More than 1,100 colleges and universities are members of the NCAA. Those schools work together with the NCAA national office and athletics conferences across the country to support nearly half a million college athletes that make up 19,500 teams competing in NCAA sports.

The NCAA's diverse members include schools ranging in size from those with hundreds of students to those with tens of thousands. The NCAA's current three-division structure was adopted in 1973 to create a fair playing field for teams from similar schools and provide college athletes more opportunities to participate in national championships.

Among the three NCAA divisions, Division I schools generally have the biggest student bodies, manage the largest athletics budgets

and offer the highest number of athletics scholarships. The Division II approach provides growth opportunities through academic achievement, learning in high-level athletics competition and a focus on service to the community. The Division III experience offers participation in a competitive athletics environment that pushes college athletes to excel on the field and build upon their potential by tackling new challenges across campus.

To learn more about the pathway that's right for you, visit [ncaa.org/divisions](http://ncaa.org/divisions).

**The NCAA membership and national office work together to help more than 480,000 student-athletes develop leadership, confidence, discipline and teamwork through college sports.**

### HELPFUL HINTS

- Visit [ncaa.org/playcollegesports](http://ncaa.org/playcollegesports) to learn more about opportunities available at NCAA schools.
- Know current and future academic standards for Division I and Division II.
- Complete NCAA-approved courses throughout high school. Your high school counselor can help you find and select courses.
- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org) during your sophomore year if you are interested in playing college sports.
- After six semesters, ask your high school counselor to send official transcripts from all high schools you have attended to the NCAA Eligibility Center.

# OUR THREE DIVISIONS

## DIVISION I

Division I schools generally have more students, larger athletics budgets and more athletics department support than schools in Division II or III.

## DIVISION II

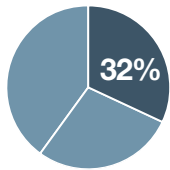
Schools in Division II emphasize a life balance in which academically and athletically gifted students can compete at a high level, while maintaining a traditional collegiate experience.

## DIVISION III

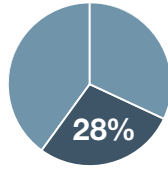
Academics are the primary focus for Division III student-athletes who experience shorter sports seasons, reducing their time away from academic studies and other campus activities.

### NUMBER OF SCHOOLS

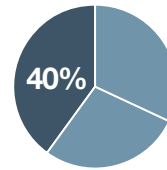
347



309



442



### MEDIAN UNDERGRADUATE ENROLLMENT

9,970

2,524

1,790

### STUDENTS WHO ARE ATHLETES

1 in 25



[180,699]

1 in 13



[120,434]

1 in 6



[191,398]

### AVERAGE NUMBER OF TEAMS PER SCHOOL

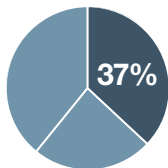
19

16

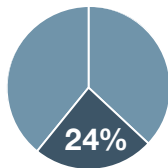
18

### PERCENTAGE OF NCAA STUDENT-ATHLETES IN DIVISION

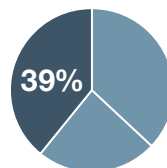
37%



24%



39%



### ATHLETICS SCHOLARSHIPS

**Multiyear, cost-of-attendance athletics scholarships available**

53 percent of athletes receive athletics aid

**Partial athletics scholarships model**

56 percent of athletes receive athletics aid

**No athletics scholarships**

75 percent of athletes receive non-athletics aid

### Do schools in all three divisions offer athletics scholarships?

Schools in Divisions I and II provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes. Division III schools do not offer athletically related financial aid, but student-athletes may receive academic or need-based financial aid similar to other students on campus. For more information about scholarships, see page 36.

### Are initial-eligibility standards similar in all three divisions?

If you want to compete at a Division I or II school, you must meet academic and amateurism standards set by the NCAA membership. Divisions I and II requirements can be found on pages 11 and 14, respectively. At Division III schools, you must meet the admission standards set by the school for all incoming students and amateurism standards set by the NCAA membership. For more information about Division III, see page 17.

# THINKING OF GOING PRO?

There are more than 480,000 NCAA student-athletes, and **fewer than 2 percent** will go pro in their sport.

	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	BASEBALL	MEN'S ICE HOCKEY	MEN'S SOCCER
High School Student-Athletes	546,428	429,380	1,083,308	488,815	35,155	440,322
High School Senior Student-Athletes	156,122	122,680	309,517	139,661	10,044	125,806
NCAA Student-Athletes	18,684	16,593	73,660	34,554	4,102	24,803
NCAA Freshman Roster Positions	5,338	4,741	21,046	9,873	1,172	7,087
NCAA Senior Student-Athletes	4,152	3,687	16,369	7,679	912	5,512
NCAA Student-Athletes Drafted	44	35	251	695	51	75
Percent High School to NCAA	3.4%	3.9%	6.8%	7.1%	11.7%	5.6%
Percent NCAA to Professional	1.1%	0.9%	1.5%	9.1%	5.6%	1.4%
<b>Percent High School to Professional</b>	<b>0.03%</b>	<b>0.03%</b>	<b>0.08%</b>	<b>0.50%</b>	<b>0.51%</b>	<b>0.06%</b>

\*Percentages based on estimated data.

For the rest, the experiences of college athletics and the life lessons they learn along the way will help them as they pursue careers in business, education, athletics administration, communications, law, medicine and many more fields. Education is a vital part of the college athletics experience, and student-athletes treat it that way.

Overall, student-athletes graduate at higher rates than their peers in the student body, and those rates rise each year.

## NCAA SPORTS

The NCAA conducts 90 national championships in 24 sports across Divisions I, II and III, with 45 championships administered for women and 42 for men. That means almost 54,000 student-athletes participate in NCAA championships each year.

From signature events like the NCAA March Madness® men's and women's basketball tournaments to rowing, rifle, softball and skiing, the NCAA administers championships to ensure student-athletes have a first-class experience. But the NCAA also is committed to quality events for everyone involved, from the coaches to the fans and broadcast audiences.

It is important to the NCAA that our championships have a positive impact on the communities that host them. The NCAA hosts youth clinics and various fan events to complement the competition — creating what is hoped to be a championship experience for everyone involved.

FALL SPORTS		WINTER SPORTS		SPRING SPORTS		EMERGING SPORTS
<b>Men:</b>	<b>Women:</b>	<b>Men:</b>	<b>Women:</b>	<b>Men:</b>	<b>Women:</b>	<b>Women:</b>
Cross Country	Cross Country	Basketball	Basketball	Baseball	Beach Volleyball	Equestrian
Football	Field Hockey	Fencing	Bowling	Golf	Golf	Rugby
Soccer	Soccer	Gymnastics	Fencing	Lacrosse	Lacrosse	Triathlon
Water Polo	Volleyball	Ice Hockey	Gymnastics	Outdoor Track and Field	Outdoor Track and Field	
		Indoor Track and Field	Ice Hockey	Tennis	Rowing	
		Rifle	Indoor Track and Field	Volleyball	Softball	
		Skiing	Rifle		Tennis	
		Swimming and Diving	Skiing		Water Polo	
		Wrestling	Swimming and Diving			

# TIME MANAGEMENT

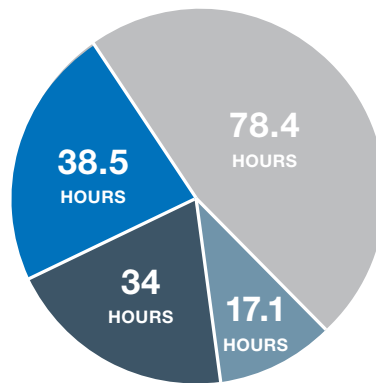
What Division I student-athletes should expect.

Time management is a key component of any college student's success, but it is especially important for students who play Division I sports. From classes to competition, and everything in between, the student-athlete schedule stays busy year-round. Know what awaits before you step foot on campus.

## What takes up a Division I student-athlete's time?

*Time spent on activities per week\**  
(168 total hours per week)

- Athletics
- Academics
- Socializing / Relaxing
- Other (e.g., sleep, job, extracurriculars)



*\*Medians collected from the 2015 NCAA GOALS Study*



# 2/3

Two-thirds\* of Division I student-athletes said they spend as much or more time on athletics during the offseason as during their competitive season.

*\*Based on the 2015 NCAA GOALS study*

### Athletics activities include the following:

#### Did you know?

Activities marked with an \* are considered countable athletically related activities (CARA). NCAA rules limit the time student-athletes can spend on these activities each week. Check with your campus athletics department for more information.

 Competition*	 Practice*	 Strength and conditioning*	 Supplemental workouts*
 Film review*	 Academic meetings	 Injury treatment and prevention	 Sports psychologist sessions
 Nutritionist sessions	 Prospective student-athlete host duties	 Team fundraising	 Media activities
 Community service	 Compliance meetings		

# 4.4-8.6 hours

During a typical day of competition, Division I student-athletes report spending anywhere from 4.4 to 8.6 hours\* on their sport. For the full breakdown by sport, visit [ncaa.org/time-management](http://ncaa.org/time-management).

*\*Based on a 2015 survey of Division I student-athletes*





## QUESTIONS TO ASK

**While you are on a campus visit, consider asking the following questions about time expectations.**

- Would the time demands of being on this sports team allow me to pursue the academic major of my choosing? Why or why not?
- What does the typical team travel look like (for example, mode of transportation, duration of trip, percentage of day dedicated to academics)?
- What resource would be available to me as a student-athlete to help with my time management skills?
- What does a typical day-week look like when the team is in season and how does that compare to a day-week during the offseason?
- What are the major requirements or expectations of being on this team that I may not be aware of?
- Would I have time in the offseason to pursue interests outside athletics (for example, internships, study-abroad experiences, etc.)? If yes, how much?

### REMEMBER ...

***In addition to receiving your academic and amateurism certification from the NCAA Eligibility Center, you also must apply and be accepted to your school before you can compete in college.***

# INITIAL ELIGIBILITY

Initial-eligibility standards help ensure you are prepared to succeed in college. The eligibility process also protects the fairness and integrity of college sports by ensuring student-athletes are amateurs.

If you want to practice, compete and receive an athletics scholarship during your first year at a Division I or II school, the NCAA Eligibility Center must certify you as eligible. Throughout the process, NCAA Eligibility Center staff members partner with students and their families, as well as high school administrators and coaches.

## Get Ready. Get Set. Go!

### REMEMBER ...

***As a college-bound student-athlete, you are responsible for your eligibility — that means planning ahead, taking high school classes seriously and protecting your amateur status. It can be a difficult first step, but the benefits of being a student-athlete are worth the effort.***

#### GRADE 9

##### Plan

- Start planning now: take the right courses and earn the best grades possible.
- Ask your counselor for a list of your high school's NCAA-approved core courses to make sure you take the right classes.
- Sign up for a free Profile Page to receive reminders about NCAA academic and amateurism requirements.

#### GRADE 10

##### Register

- Register for a Profile Page or Certification Account with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).
- If you fall behind academically, ask your counselor for help finding approved courses you can take.

#### GRADE 11

##### Study

- Check with your counselor to make sure you are on track to complete the required number of NCAA-approved courses.
- Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code **9999**.
- At the end of the year, ask your counselor to send or upload your official transcript to the NCAA Eligibility Center. If you took classes at more than one high school or program, ask each school to submit an official transcript.
- Make sure you are on track to graduate on time with your class.

#### GRADE 12

##### Graduate

- Complete your final NCAA-approved core courses as you prepare for graduation.
- Take the ACT or SAT again, if necessary, and submit your scores to the NCAA Eligibility Center using code **9999**.
- Request your final amateurism certification beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your NCAA Eligibility Center account at [eligibilitycenter.org](http://eligibilitycenter.org).
- After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center.
- Reminder: Only students on an NCAA Division I or II school's institutional request list will receive a certification.

# STUDENT REGISTRATION

If you want to play NCAA sports at a Division I or II school, you need to register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). You should plan to register during your sophomore year of high school. If you have questions about your eligibility or the registration process, this guide will help you. You also can search our frequently asked questions at [ncaa.org/studentfaq](http://ncaa.org/studentfaq). Finally, you can call us toll free at 877-262-1492. International students should use our **International Contact Form** found on [ncaa.org/international](http://ncaa.org/international) or call 011-317-917-6222. The information below is intended to help walk you through the registration process.

## Choose from our two account types to get started:

- 1. Certification Account:** You need to be certified by the NCAA Eligibility Center to compete at an NCAA Division I or II school. You also need to be fully registered with a Certification Account before you can make official visits or sign a National Letter of Intent in Division I or II.
- 2. Profile Page:** If you plan to compete at a Division III school or currently are not sure in which division you want to compete, create a Profile Page. If at any time you wish to pursue a Division I or II path, you will be able to transition to a Certification Account. You may not move from a Certification Account to a Profile Page.

For Certification Accounts, please allow between 30 to 45 minutes to register completely. If you need to exit and come back at a later time, you can save and exit once your account is created.

Reference the “Help” section located in the top task bar at any time to answer your questions as you work through registration.

## IMPORTANT INFORMATION

Date I registered: \_\_\_\_\_

My NCAA ID#: \_\_\_\_\_

My email address: \_\_\_\_\_

My high school(s) attended: \_\_\_\_\_

Date my six-semester transcript was sent: \_\_\_\_\_

Date my test score was sent: \_\_\_\_\_

Date my final transcript (with proof of graduation) was sent: \_\_\_\_\_



## REGISTRATION ESSENTIALS

Below are some items you should have with you as you create an account at [eligibilitycenter.org](http://eligibilitycenter.org):

### **VALID STUDENT EMAIL**

You need a valid email address that you check regularly and will have access to after high school to register. This is important for updating prospective student-athletes about their account. If you have a sibling that has previously registered, you will need to use a different email address than the one on your sibling's account.

### **BASIC STUDENT PERSONAL INFORMATION**

This includes information such as your name, gender, date of birth, primary and secondary contact information and address.

### **BASIC STUDENT EDUCATION HISTORY**

We will ask you to provide details about all high schools or secondary schools you have attended in the United States or internationally, and additional programs you have attended. Be sure to include all schools, regardless of whether you received grades or credits. If you attended ninth grade at a junior high school located in the same school system in which you later attended high school, do not list the ninth-grade school.

### **STUDENT SPORTS PARTICIPATION HISTORY**

Select the sport(s) you plan to participate in at an NCAA school. For Certification Accounts, we will ask you to

provide details for any expenses or awards you received, any teams you have practiced or played with or certain events in which you participated outside of the traditional high school season. It also includes information about any individuals who have advised you or marketed your skills in a particular sport. This information helps the NCAA Eligibility Center certify your amateur status when it is requested by an NCAA school.

### **PAYMENT – CERTIFICATION ACCOUNTS ONLY**

Your Certification Account will be complete when your registration fee is paid (or submission of a fee waiver if you are eligible). You may pay online by debit, credit card or e-check. The registration fee for students in the United States, U.S. territories (includes American Samoa, Guam, Northern Mariana Islands, Puerto Rico and U.S. Virgin Islands) and Canada is \$80. The fee for all other international students is \$135. Profile Pages do not have a fee.

*All fees are nonrefundable once you have successfully registered. If you completed a duplicate registration and paid your registration fee twice, you may be eligible for a refund of the duplicate registration fee. To receive a refund, you will need to complete and submit an NCAA refund form.*

## Fee Waiver

You are eligible for a waiver of the registration fee if you have received a waiver of the ACT or SAT fee. This is not the same as a U.S. state voucher. You must have an authorized high school official submit your fee waiver documentation online once you complete your registration.

### **ACT**

In order to be eligible for an ACT fee waiver, you must meet one of these indicators of economic need:

- Your family receives low-income public assistance.
- Your family income is at or below the Bureau of Labor Statistics Low Standards Budget.
- You are a ward of the state.
- You live in a foster home.
- You are homeless.
- You participate in free or reduced-price lunch program at school.
- You participate in a federally funded TRIO Program such as Upward Bound.

### **SAT**

You are eligible for consideration for an SAT fee waiver if you are a U.S. citizen or a foreign national taking the SAT in the United States or its territories and you meet one of the following requirements:

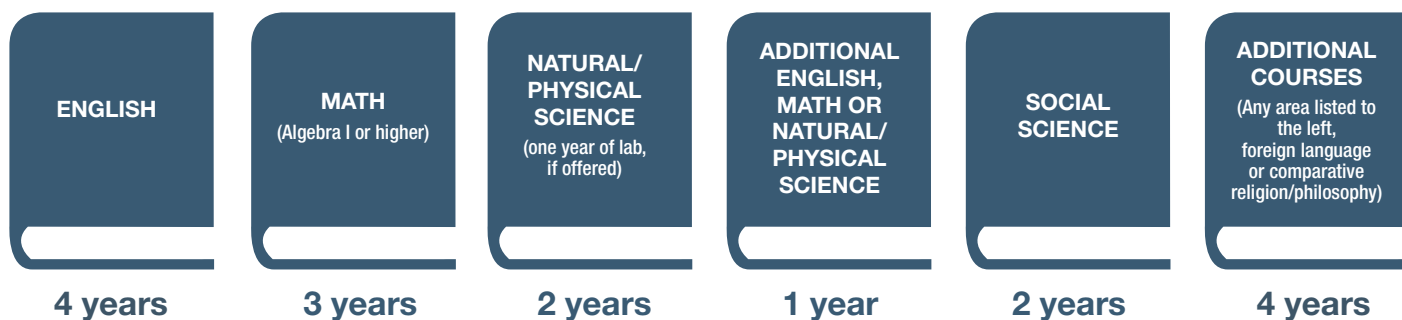
- You are enrolled in a program for the economically disadvantaged such as AVID or TRIO.
- Your family's annual income falls within the levels listed by the U.S. Department of Agriculture (USDA) for free or reduced-price lunches.
- Your family receives public assistance.
- Your family lives in federally subsidized public housing.
- You live in a foster home.

If you are a home schooled student in the United States or U.S. territories who cannot afford to pay the test fees, you must provide proof of eligibility to your local high school or agency administrator. Only a school or agency administrator can provide you with the fee waiver card for the appropriate test. Students from countries other than the United States or its territories are not eligible for a fee waiver.

# DIVISION I ACADEMIC STANDARDS

Division I schools require you to meet academic standards for NCAA-approved core courses, core-course GPA and test scores. To be eligible to practice, compete and receive athletics scholarships in your first full-time year at a Division I school, you must graduate from high school and meet ALL of the following requirements:

1. Complete a total of 16 core courses in the following areas:



*Note: See the core-course progression requirements.*

2. Complete 10 out of your 16 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester. Once you begin your seventh semester, you must have more than 10 core courses completed to be able to repeat or replace any of the 10 courses used to meet the 10/7 requirement. Students whose academic credentials are solely international (including Canada) are not required to meet the 10/7 requirement.
3. Complete the 16 NCAA-approved core courses in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
4. Earn an SAT combined score or ACT sum score that matches your core-course GPA (minimum 2.300) on the Division I sliding scale. SAT scores earned on or after March 2016 will be evaluated based on concordance tables established by the College Board.

**How to plan your high school courses to meet the 16 core-course requirement:**

$$4 \times 4 = 16$$

- 4 English courses (one per year)
- + 4 math courses (one per year)
- + 4 science courses (one per year)
- + 4 social science (and/or additional) courses (one per year)

---

**16 NCAA core courses**

## Academic Certification Decisions

To receive an academic certification, you must have:

- A final official transcript with proof of graduation.
- Official transcripts from ALL high schools attended.
- Test scores.
- No open academic tasks.
- Be on a Division I school's institutional request list.

Being placed on a school's institutional request list notifies the NCAA Eligibility Center to complete an academic evaluation for you once all of your appropriate documents have been submitted.

Once a certification has been completed, you will receive one of the following decisions if you are being recruited by a Division I school:

### EARLY ACADEMIC QUALIFIER

If you meet specific criteria after six semesters of high school, you may be deemed an early academic qualifier for Division I and may practice, compete and receive an athletics scholarship during your first year of enrollment. You will need:

Minimum SAT combined score\* (math and critical reading) of 900 OR minimum ACT sum score of 75; and a core-course GPA of 3.000 or higher in a minimum of 14 core courses:

- Three years of English.
- Two years of math.
- Two years of science.
- Two additional years of English, math or natural/physical science.
- Five additional core courses in any area.

A final high school transcript is required to be submitted to the NCAA Eligibility Center after high school graduation for all early academic qualifiers.

### QUALIFIER

You may practice, compete and receive an athletics scholarship during your first year of enrollment at an NCAA Division I school.

### ACADEMIC REDSHIRT

You may receive an athletics scholarship during your first year of enrollment and may practice during your first regular academic term but may NOT compete during your first year of enrollment. You must pass either eight quarter or nine semester hours to practice in the next term.

### NONQUALIFIER

You will not be able to practice, receive an athletics scholarship or compete during your first year of enrollment at a Division I school.

## What if I Don't Graduate on Time?

In Division I, if you do not graduate on time (in four years/eight semesters), the NCAA Eligibility Center still will use your grades and coursework for the first four years/eight semesters in your certification. You still will need to provide proof of graduation (once you graduate) and you may not use any coursework taken after your high school graduation toward your certification.

## What if I Don't Meet the Division I Standards?

If you have not met all of the Division I academic standards, you may not compete in your first year at a Division I college. However, if you qualify as an academic redshirt, you may practice during your first term in college and receive an athletics scholarship for the entire year.

To qualify as an academic redshirt, you must graduate high school and meet ALL of the following academic standards:

- Complete 16 core courses.
- Earn an SAT combined score\* or ACT sum score matching your core-course GPA (minimum 2.000) on the Division I sliding scale.

## Courses Taken After High School

For Division I, only courses completed in your first eight semesters will qualify as core courses. If you graduate from high school on time (in eight semesters) with your incoming ninth-grade class, you may use one core course completed in the year after graduation (summer or academic year) before full-time collegiate enrollment. You may complete the core course at a location other than the high school from which you graduated and may initially enroll full time at a collegiate institution at any time after completion of the core course. A college course taken after high school graduation can be used toward your initial eligibility and will be awarded 0.5 units unless awarded one full unit by your home high school, and it must appear on your home high school transcript with grade and credit.

An additional core-course unit taken after on-time high school graduation cannot replace a course used to meet the core-course progression (10/7) requirement, but an additional core course after on-time graduation may replace one of the remaining six core-course units necessary to meet core-course requirements.

*\*Remember, if you took the SAT on or after March 2016 you need to compare your score on the College Board concordance table. Learn more about the concordance table on page 24 or visit [ncaa.org/test-scores](http://ncaa.org/test-scores).*

## Sliding Scale for Division I

\*Remember, if you took the SAT on or after March 2016 you need to compare your score on the College Board concordance table. Learn more about the concordance table on page 24 or visit [ncaa.org/test-scores](http://ncaa.org/test-scores).

DIVISION I FULL QUALIFIER SLIDING SCALE		
CORE GPA	SAT*	ACT SUM
	READING/MATH	
3.550	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58

DIVISION I FULL QUALIFIER SLIDING SCALE		
CORE GPA	SAT*	ACT SUM
	READING/MATH	
2.750	720	59
2.725	730	60
2.700	740	61
2.675	750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840	70
2.425	850	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.299	910	76
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	81
2.125	970	82
2.100	980	83
2.075	990	84
2.050	1000	85
2.025	1010	86
2.000	1020	86

**ACADEMIC REDSHIRT**

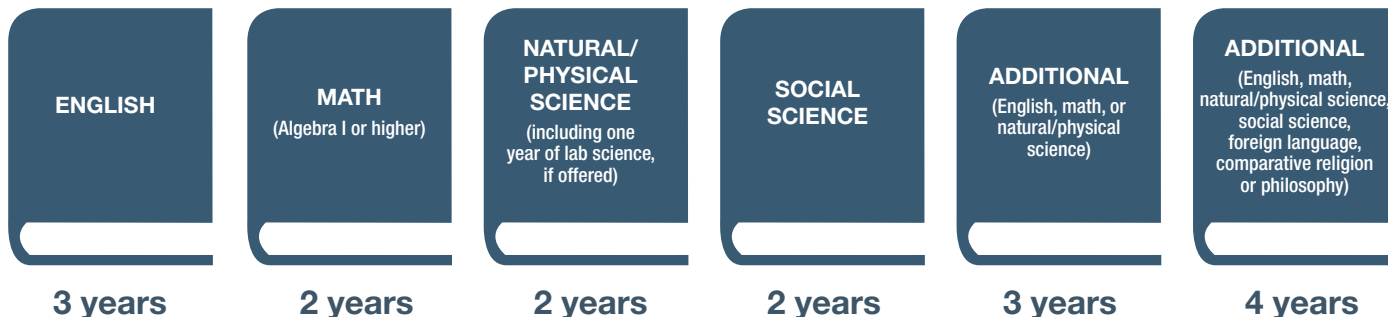
# DIVISION II ACADEMIC STANDARDS

Division II schools require college-bound student-athletes to meet academic standards for NCAA core courses, core-course GPA and test scores.



To be eligible to practice, compete and receive an athletics scholarship in your first full-time year at a Division II school, you must graduate from high school and meet ALL of the following requirements:

1. Complete 16 core courses in the following areas:



2. Earn an SAT combined score\* or ACT sum score that matches your core-course GPA (minimum 2.200) on the Division II competition scale.





## Academic Certification Decisions

To receive an academic certification, you must have:

- A final official transcript with proof of graduation.
- Official transcripts from ALL other high schools attended.
- Test scores.
- No open academic tasks.
- Be on a Division II school's institutional request list.

Being placed on a school's institutional request list notifies the NCAA Eligibility Center to complete an academic evaluation for you once all of your appropriate documents have been submitted.

Once a certification has been completed, you will receive one of the following decisions if you are being recruited by a Division II school:

### EARLY ACADEMIC QUALIFIER

If you meet specific criteria listed below after six semesters, you may be deemed an early academic qualifier for Division II and may practice, compete and receive an athletics scholarship. You will need:

Minimum SAT combined score (math and critical reading) of 820 on the old SAT or 900 on the redesigned SAT OR minimum sum score of 68 on the ACT; and a core-course GPA of 2.5 or higher in a minimum of 14 core courses in the following areas:

- 3 years of English.
- 3 years of math.
- 2 years of natural or physical science.
- 6 additional core courses in any area.

A final high school transcript is required to be submitted to the NCAA Eligibility Center after high school graduation for all early academic qualifiers.

### QUALIFIER

You may practice, compete and receive an athletics scholarship during your first year of full-time enrollment at an NCAA Division II school.

### PARTIAL QUALIFIER

You may receive an athletics scholarship during your first year of enrollment and may practice during your first year of enrollment, but may NOT compete.

### NONQUALIFIER

You will not be able to practice, receive an athletics scholarship or compete during your first year of full-time enrollment at a Division II school.



## What if I Don't Meet the Division II Standards?

If you enroll full time at a Division II school and you have not met all Division II academic standards, you may not compete in your first year. However, if you meet the standards to be a partial qualifier, you may practice and receive an athletics scholarship in your first year at college. To be a partial qualifier, you must graduate high school and meet ALL of the following standards:

- Complete 16 core courses; AND
- Earn an SAT combined score\* or ACT sum score matching your core-course GPA (minimum 2.000) on the Division II partial qualifier sliding scale.

## Core-Course Timeline

If you plan to attend a Division II school, you must complete 16 NCAA core courses after starting grade nine and before your first full-time college enrollment.

## Courses Taken After High School

For Division II, you may use an unlimited number of core courses completed after graduation (summer or academic year) before full-time collegiate enrollment. You may complete the core course(s) at a location other than the high school from which you graduated. A college course taken after high school graduation can be used toward your initial eligibility and will be awarded 0.5 units unless awarded one full unit by your home high school, and it must appear on your home high school transcript with grade and credit.

*\*Remember, if you took the SAT on or after March 2016 you need to compare your score on the College Board concordance table. Learn more about the concordance table on page 24 or visit [ncaa.org/test-scores](http://ncaa.org/test-scores).*

## Sliding Scale for Division II

\*Remember, if you took the SAT on or after March 2016 you need to compare your score on the College Board concordance table. Learn more about the concordance table on page 24 or visit [ncaa.org/test-scores](http://ncaa.org/test-scores).

DIVISION II FULL QUALIFIER SLIDING SCALE		
USE FOR DIVISION II BEGINNING AUGUST 2018		
CORE GPA	SAT* READING/MATH	ACT SUM
3.300 & above	400	37
3.275	410	38
3.250	420	39
3.225	430	40
3.200	440	41
3.175	450	41
3.150	460	42
3.125	470	42
3.100	480	43
3.075	490	44
3.050	500	44
3.025	510	45
3.000	520	46
2.975	530	46
2.950	540	47
2.925	550	47
2.900	560	48
2.875	570	49
2.850	580	49
2.825	590	50
2.800	600	50
2.775	610	51
2.750	620	52
2.725	630	52
2.700	640	53
2.675	650	53
2.650	660	54
2.625	670	55
2.600	680	56
2.575	690	56
2.550	700	57
2.525	710	58
2.500	720	59
2.475	730	60
2.450	740	61
2.425	750	61
2.400	760	62
2.375	770	63
2.350	780	64
2.325	790	65
2.300	800	66
2.275	810	67
2.250	820	68
2.225	830	69
2.200	840 & above	70 & above

DIVISION II PARTIAL QUALIFIER SLIDING SCALE		
USE FOR DIVISION II BEGINNING AUGUST 2018		
CORE GPA	SAT* READING/MATH	ACT SUM
3.050 & above	400	37
3.025	410	38
3.000	420	39
2.975	430	40
2.950	440	41
2.925	450	41
2.900	460	42
2.875	470	42
2.850	480	43
2.825	490	44
2.800	500	44
2.775	510	45
2.750	520	46
2.725	530	46
2.700	540	47
2.675	550	47
2.650	560	48
2.625	570	49
2.600	580	49
2.575	590	50
2.550	600	50
2.525	610	51
2.500	620	52
2.475	630	52
2.450	640	53
2.425	650	53
2.400	660	54
2.375	670	55
2.350	680	56
2.325	690	56
2.300	700	57
2.275	710	58
2.250	720	59
2.225	730	60
2.200	740	61
2.175	750	61
2.150	760	62
2.125	770	63
2.100	780	64
2.075	790	65
2.050	800	66
2.025	810	67
2.000	820 & above	68 & above

# DIVISION III INFORMATION

Division III schools provide an integrated environment focusing on academic success while offering a competitive athletics environment. Division III rules minimize potential conflicts between athletics and academics and focus on regional in-season and conference play.

While Division III schools do not offer athletics scholarships, 75 percent of Division III student-athletes receive some form of merit or need-based financial aid.

If you are planning to attend a Division III school, you can create a free Profile Page at [eligibilitycenter.org](https://eligibilitycenter.org) to learn more about college sports. Division III schools set their own admissions and eligibility standards. You can visit [ncaa.org/d3](https://ncaa.org/d3) or contact the Division III school you are planning to attend to learn more.



# WHAT IS A CORE COURSE?

NCAA schools require college-bound student-athletes to build a foundation of high school courses to prepare them for the academic expectations in college.

For a high school class to be an NCAA-approved core course, it **MUST** meet these conditions:

1. Be an academic, four-year college preparatory course in these subject areas:
  - English.
  - Math (Algebra I or higher).
  - Natural/physical science.
  - Social science.
  - Foreign language.
  - Comparative religion or philosophy.
2. Be taught at or above your high school's regular academic level.
3. Receive credit towards high school graduation and appear on an official transcript with course title, grade, and credit awarded.

## What is Not a Core Course

Not all high school classes are NCAA-approved core courses. Some examples of courses that are not NCAA-approved core courses include:

- Courses in non-core areas, fine arts or vocations such as driver education, typing, art, music, physical education or welding.
- Courses that prepare students for the world of work or life, or for a two-year college or technical school, such as personal finance, consumer education or tech prep.
- Courses taught below grade level, at a slower pace or with less rigor or depth, such as basic, essential, fundamental or foundational courses.

- Courses that are not academic in nature such as film appreciation, video editing or greenhouse management.
- Credit-by-exam courses are not considered NCAA-approved core courses.

Find your high school's list of NCAA-approved courses at [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist). Make sure you are taking the courses on the approved list and ask your counselor if you need help.

## Core-Course Credits

You can earn credit for a core course only once. If you take a course that repeats the content of another core course, you earn credit for only one of these courses and the higher grade counts toward your core-course GPA.

Generally, you receive the same number of credits from the NCAA for a core course that you receive from your high school for the class. A one-year class taken over a longer period of time is considered one core course and is not awarded more than one credit.

## Courses Taken Before High School

If you take a high school class such as Algebra I or Spanish I in eighth grade, the class may count toward your 16 core courses if it appears on your high school's list of NCAA-approved courses and is shown on your high school transcript with grade and credit.

## Courses Taken After High School

For information about courses taken after high school, see page 12 for Division I or page 15 for Division II.



# NONTRADITIONAL AND ONLINE COURSES

Nontraditional courses are classes taught online or through distance learning, credit recovery, independent study, individualized instruction or correspondence methods.

For a nontraditional course to count as an NCAA-approved core course, it must meet ALL of the following requirements:

- The course must prepare students for academic work at a four-year college.
- A student in the course must have regular instructor-led interaction for the purpose of instruction, evaluation and assistance for the duration of the course. This may include, for example, exchanging emails between the student and teacher, online chats, phone calls, feedback on assignments and the opportunity for the teacher to engage the student in individual instruction.
- The course must have a defined time period for completion. For example, it should be clear whether the course is meant to be taken for an entire semester or a more condensed time period.
- The course should be clearly identified as nontraditional on the student's official high school transcript.
- The course must appear on the school's list of NCAA-approved courses.

## REMEMBER ...

***Log in to your NCAA Eligibility Center account frequently to update your school information if you take additional academic programs.***



A nontraditional course could fail to meet NCAA core-course requirements for any of the following reasons:

- Does not have teacher-based instruction.
- Does not require regular and ongoing instructor-led interaction between the student and teacher.
- Does not require students to complete the entire course.
- Allows students to take numerous courses at the same time, especially courses in the same subject area or that are sequential.
- Does not prepare students for four-year college classwork.
- Does not have official student grade records.

To find out if a nontraditional program or course is approved, you can go to [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist) to search the school or program's list of NCAA-approved courses. You will find information about any nontraditional programs or courses in the "Additional Information" box as seen below.

### Additional Information

**Coursework from this school/program meets NCAA nontraditional core-course legislation.**



# GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your core-course grade-point average (GPA) based on the grades you earn in NCAA-approved core courses. Only your best grades from the required number of NCAA core courses will be used. Grades from additional core courses will be used only if they improve your grade-point average.

Your GPA is calculated on a 4.000 scale. Numeric grades such as 92 or 87 are changed to letter grades such as A or B. The NCAA Eligibility Center does not use plus or minus

grades when calculating your GPA. Weighted honors or advanced placement courses may improve your core-course GPA but your high school must notify the NCAA Eligibility Center that it weighs grades in these classes.

In Pass/Fail grading situations, the NCAA Eligibility Center will assign your high school's lowest passing grade for a course in which you received a Pass grade. For most high schools, the lowest passing grade is a D, so the NCAA Eligibility Center generally assigns a D as a passing grade.

## Calculating Your Quality Points

In order to determine your quality points earned for each course, multiply the quality points for the grade by the amount of credit earned.

### Examples:

- An A grade (4 points) for a trimester course (0.34 units):  
 $4 \text{ points} \times 0.34 \text{ units} = 1.36 \text{ total quality points}$
- An A grade (4 points) for a semester course (0.50 units):  
 $4 \text{ points} \times 0.50 \text{ units} = 2.00 \text{ total quality points}$
- An A grade (4 points) for a full-year course (1.00 units):  
 $4 \text{ points} \times 1.00 \text{ units} = 4.00 \text{ quality points}$

The following worksheets will help you to determine your core-course GPA.

## QUALITY POINTS

A = 4 points  
B = 3 points  
C = 2 points  
D = 1 point

## UNITS OF CREDIT

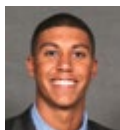
1 quarter unit = 0.25 units  
1 trimester unit = 0.34 units  
1 semester unit = 0.50 units  
1 year = 1 unit



The most important lesson I have learned from being a student-athlete is how to deal with adversity. Life isn't easy, and being a student-athlete can be difficult at times, too.

To conquer adversity, I've learned to stay positive and always have a plan.

I plan on how to ace an upcoming test or beat an upcoming opponent.



**Ty Dennis**  
Football  
Minnesota State University, Mankato



# DIVISION I WORKSHEET

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

**Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.**

ENGLISH (4 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
✓	Example: English 9	.50		A		(.5 x 4) = 2
	<b>TOTAL ENGLISH UNITS</b>					<b>TOTAL QUALITY POINTS</b>

MATHEMATICS (3 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
✓	Example: Algebra I	1.0		B		(1.0 x 3) = 3
	<b>TOTAL MATHEMATICS UNITS</b>					<b>TOTAL QUALITY POINTS</b>

NATURAL/PHYSICAL SCIENCE (2 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL NATURAL/PHYSICAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>

ADDITIONAL YEAR IN ENGLISH, MATHEMATICS OR NATURAL/PHYSICAL SCIENCE (1 YEAR REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL ADDITIONAL UNITS</b>					<b>TOTAL QUALITY POINTS</b>

SOCIAL SCIENCE (2 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL SOCIAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>

ADDITIONAL ACADEMIC COURSES (4 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL ADDITIONAL ACADEMIC UNITS</b>					<b>TOTAL QUALITY POINTS</b>

	<b>TOTAL QUALITY POINTS FROM EACH SUBJECT AREA / TOTAL CREDITS = CORE-COURSE GPA</b>		/		=	
--	--	--	---	--	---	--

Quality Points / Credits = Core-Course GPA

Core-Course GPA (16 required). Ten core courses must be completed before the seventh semester and seven of the 10 must be a combination of English, math or natural or physical science for competition purposes.

# DIVISION II WORKSHEET

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

**Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.**

ENGLISH (3 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
Example: English 9	.50		A		(.5 x 4) = 2
<b>TOTAL ENGLISH UNITS</b>					<b>TOTAL QUALITY POINTS</b>
MATHEMATICS (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
Example: Algebra I	1.0		B		(1.0 x 3) = 3
<b>TOTAL MATHEMATICS UNITS</b>					<b>TOTAL QUALITY POINTS</b>
NATURAL/PHYSICAL SCIENCE (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL NATURAL/PHYSICAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>
ADDITIONAL YEARS IN ENGLISH, MATHEMATICS OR NATURAL/PHYSICAL SCIENCE (3 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL ADDITIONAL UNITS</b>					<b>TOTAL QUALITY POINTS</b>
SOCIAL SCIENCE (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL SOCIAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>
ADDITIONAL ACADEMIC COURSES (4 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL ADDITIONAL ACADEMIC UNITS</b>					<b>TOTAL QUALITY POINTS</b>
<b>TOTAL QUALITY POINTS FROM EACH SUBJECT AREA / TOTAL CREDITS = CORE-COURSE GPA</b>		/		=	
	<b>QUALITY POINTS</b>	/	<b>CREDITS</b>	=	<b>CORE-COURSE GPA</b>



# TRANSCRIPTS

Ask your high school counselor to send an official transcript to the NCAA Eligibility Center after completing six semesters. If you have attended more than one high school or took courses from more than one program, the NCAA Eligibility Center needs an official transcript from ALL high school(s) or program(s). You also will need to ask your high school counselor to send your final transcript with proof of graduation once you have completed high school. The NCAA Eligibility Center does not accept grades from one high school or program transcribed on another high school's transcript.

High schools have the capability to upload transcripts directly to a student's account from the High School Portal for free. As with other electronic transcript providers, this process is much quicker than using the U.S. Postal Service or any overnight delivery method. Students should contact their high school counselor to ask for their transcript to be uploaded or sent electronically through one of the approved e-transcript providers listed below:

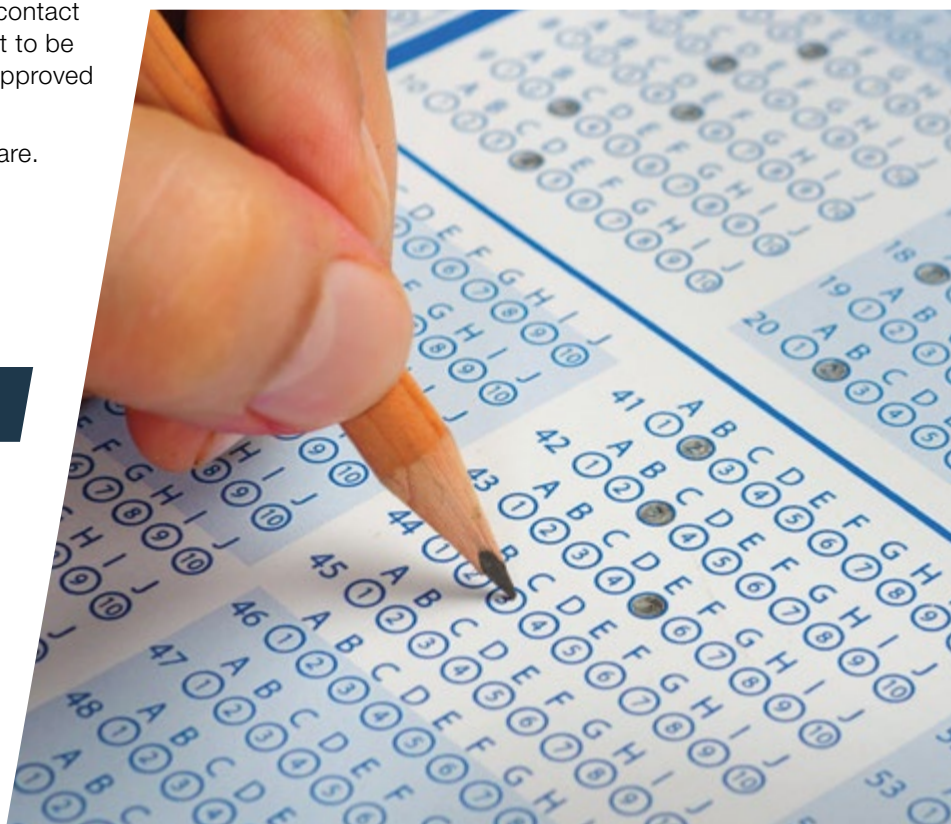
- National Transcript Center/  
Pearson Edustructure.
- Scribbles Software.
- Parchment.
- ConnectEDU.
- Scrip-Safe/Credentials.
- USMO ET.
- XAP.

## REMEMBER ...

*If you have attended more than one high school or took courses from more than one program, the NCAA Eligibility Center needs an official transcript from ALL high schools or programs.*

Please note that the NCAA Eligibility Center does **not** accept faxed or emailed transcripts. In order to send a transcript by U.S. mail or through an overnight or express delivery service, please use the appropriate addresses on page 2.

**Note:** Some approved programs that have a list of NCAA-approved courses are not credit-awarding institutions and, therefore, do not produce official transcripts. If you attend an approved program that does not award credit, a grade report from the program should be submitted, but in order for it to be used in an academic certification, it **MUST** be accompanied by an official transcript from a high school that formally awards credit with the course title, grade and credit awarded represented.



# EQUIVALENCY TESTS/DIPLOMAS

A state high school equivalency test (e.g., General Educational Development) may be accepted as proof of graduation under certain conditions, but it will not satisfy requirements for core courses, GPA or ACT/SAT scores. The equivalency test may be accepted as proof of graduation if taken after the graduation date of your class and before

full-time enrollment into any college or university. You will need to submit an official copy of the applicable certificate along with test scores through the mail to the NCAA Eligibility Center. You can contact your state education agency to request the certificate and test scores to be sent to the NCAA Eligibility Center.

# TEST SCORES

Every time you register for the SAT or ACT, use the NCAA Eligibility Center code **9999** to send your scores directly to us from the testing agency. Tests scores on transcripts will NOT be used in your academic certification. The NCAA Eligibility Center does not accept SAT subject test scores. You may take the SAT or ACT an unlimited number of times before you enroll full time in college. If you take either test more than once, the best subscore from different tests are used to give you the best possible score.

If you take the SAT or ACT after you graduate high school, the NCAA Eligibility Center may ask you to confirm that you have not yet enrolled full time in college, by completing and submitting a student matriculation letter.

**Note:** If you took the SAT before March 2016 and then took the redesigned SAT at a later date, the NCAA Eligibility Center will not combine section scores from the previous and redesigned SAT when determining your initial eligibility. We will only combine section scores from the same version of the test. Because the redesigned SAT varies in design and measures different academic concepts than the past SAT, a numerical score on the past test may not be equivalent to the same numerical score on the redesigned test.

## ACT

An ACT sum score is calculated by adding your English, math, reading and science subscores.

## SAT

A combined SAT score is calculated by adding your critical reading and math subscores. SAT scores earned on or after March 2016 will be evaluated based on the College Board concordance table.

## College Board Concordance Table

The SAT test changed in March 2016 and varies in design and measures different academic concepts than the past SAT. A numerical score on the past test may not be equivalent to the same numerical score on the redesigned test (March 2016 and after). The NCAA's sliding scales for Divisions I and II were created using the old test model. If you took the SAT on or after March 2016, you need to use the College Board concordance table to determine where your new test scores fall on our sliding scales.

If you took the SAT on or after March 2016, follow these steps to understand your score:

1. Find your reported SAT score on the College Board concordance table. Look at what your score converts to on the old SAT.
2. Take the converted (old) SAT score and look at the Division I or II sliding scales to see what GPA you will need to meet NCAA initial-eligibility requirements.

You can find the College Board concordance table on our website: [ncaa.org/test-scores](http://ncaa.org/test-scores).

Here is an example of a student taking the SAT in December 2016 using the above steps to find his or her score on the concordance table:

	REPORTED SCORE	CONCORDED SCORE
SAT (December 2016)	930	850

Remember: We will use your highest SAT score in your academic certification to provide you the best result possible.

## Testing Dates

The NCAA Eligibility Center accepts national SAT and ACT exams, and state-administered ACT exams.

### NATIONAL TESTING DATES

#### SAT

Aug. 26, 2017  
Oct. 7, 2017  
Nov. 4, 2017  
Dec. 2, 2017  
March 10, 2018  
May 5, 2018  
June 2, 2018

#### ACT

Sept. 9, 2017  
Oct. 28, 2017  
Dec. 9, 2017  
Feb. 10, 2018  
April 14, 2018  
June 9, 2018  
July 14, 2018

## Puerto Rico

If you plan to enroll in a Division II school in Puerto Rico, you may use a minimum combined score on the Prueba de Aptitud Académica verbal and math reasoning sections of 730 to satisfy the test-score requirement.



# EDUCATION-IMPACTING DISABILITIES

For academic eligibility purposes, the NCAA defines an education-impacting disability (EID) as a current impairment that has a substantial educational impact on a student's academic performance and requires accommodation.

Some of the most common EIDs include:

- Learning disabilities or disorders.
- Attention Deficit Hyperactivity Disorder.
- Mental health disorders.
- Medical conditions.
- Deafness or hard of hearing.
- Autism Spectrum Disorder.

If you have a documented EID, you must meet the same initial-eligibility standards as other students but may be provided certain accommodations to help meet those standards. For instance, if you have a documented EID, you may be allowed to take classes designed for students with EIDs if the classes appear on the list of NCAA-approved courses at your school.

If you plan on attending a **Division I** school and your EID documentation is approved by the NCAA Eligibility Center, you may take up to three additional core courses after graduating high school and before enrolling full time at a Division I school, as long as you graduate high school in eight consecutive semesters after starting ninth grade.

If you plan on attending a **Division II** school, you may take an unlimited number of core courses after starting ninth grade and before enrolling full time at a Division II school.

## Submitting Your EID Documentation

If you are a student with a documented EID, you only need to alert the NCAA Eligibility Center about your EID if you are planning on enrolling full time at a Division I school and would like to take additional core courses after you graduate high school. Information about EIDs submitted to the NCAA is **not** released to colleges unless the student-athlete makes a specific written request.

To document your EID with the NCAA Eligibility Center, you must submit the following materials:

1. A complete NCAA EID cover sheet.
2. Your NCAA identification number, high school graduation year, permanent address and phone number.
3. Current, signed documentation of your diagnosis (including test data) and/or recommendations from the treating professional (e.g., medical doctor, clinical psychologist or other qualified individual).
4. Current copy of your Individualized Education Program (IEP) or Section 504 Plan. If your high school did not provide an IEP or 504 Plan, the high school must submit documentation describing the available accommodations or an explanation of why accommodations were not provided.
5. A signed Buckley Statement form allowing certain individuals to review your EID information and speak on your behalf to the NCAA. A parent or guardian who would like to discuss your EID request with the NCAA must be listed on the Buckley Statement.

The cover sheet and Buckley Statement can be found at [ncaa.org/playcollegesports](http://ncaa.org/playcollegesports).

## Where to Send Your EID Documents

**NCAA Eligibility Center  
EID Services  
P.O. Box 7110  
Indianapolis, IN 46207-7110**

**Fax:** 317-968-5100

**Email:** [ec-processing@ncaa.org](mailto:ec-processing@ncaa.org)

If approved, you will be notified in writing and provided with additional information about available accommodations.

## SAT/ACT Exam with Accommodations

If you have a documented EID, you also may request to take an SAT or ACT exam with accommodations to satisfy test-score requirements by:

- Registering for accommodations using the directions provided by the SAT or ACT.
- Following procedures governed by SAT or ACT. The test may not be administered by a member of your high school athletics department or any NCAA school's athletics department.

If you take an SAT or ACT exam with accommodations, you may take the test on a date other than a national testing date, but you still must achieve the required test score.

Your high school counselor can help you register to take an SAT or ACT exam with accommodations.

# HOME SCHOOL STUDENTS

Learning at home is not necessarily the same as being home schooled. Because of recent growth in online and virtual education, a student may be able to learn at home through an online school with online teachers, which would not be considered a parent-directed tutor.

Courses that will be evaluated as home school courses are those in which a parent or parent-directed tutor:

- Plans and delivers actual instructional activities such as lectures, discussions, tutorials, feedback or assistance.
- Determines the student's comprehension of the material by grading and evaluating student performance and achievement on assignments and assessments and providing appropriate re-teaching and feedback.
- Determines the overall grade the student achieved in the course.
- Places the grade on a transcript or grade report or reports the grade to an approved home school umbrella program.

## How to Register

If you are a home school student and want to play NCAA sports at a Division I or II school, you need to register with the NCAA Eligibility Center and meet the same standards as all other students.

Once you have completed your registration, visit [ncaa.org/playcollegesports](http://ncaa.org/playcollegesports) and navigate to the Home School Students section for a tool kit to provide you with necessary home school resources.

## Where to Send Your Home School Documents:

All documents must be submitted via email to [ec-processing@ncaa.org](mailto:ec-processing@ncaa.org) or mailed to the following address:

**NCAA Eligibility Center  
(ATTN: Home School Evaluation)  
1802 Alonzo Watford Sr. Drive  
Indianapolis, IN 46202-6222**





## INTERNATIONAL STUDENTS

An international student is one who has taken coursework outside the United States from school years 9 and up. International students must submit the following information:

- Your transcripts for years 9 and up in the native language.
- Proof of graduation in the native language, including certificates, diplomas or final leaving exams.
- Certified line-by-line English translations of these documents if they are issued in a language other than English.

Please refer to the current Guide to International Academic Standards for Athletics Eligibility and the International Students page of the NCAA Eligibility Center section of [ncaa.org](http://ncaa.org) for current NCAA Eligibility Center policies and specific details about the documents you must submit: [ncaa.org/international](http://ncaa.org/international). Use our **International Contact Form** on this page if you have specific questions that you cannot find the answer to in our other resources.

In certain situations, the NCAA Eligibility Center may request additional documentation to clarify that your academic information is complete, valid and accurate. Your task list will be used to communicate these requests.

Your documents must be mailed to the NCAA Eligibility Center by the issuing body. Documents that are faxed or emailed will be considered unofficial and cannot be used for certification purposes.

In addition to your academic credentials, students also must submit all SAT or ACT scores. Your scores must be sent electronically to the NCAA Eligibility Center by the testing agency.

All documents mailed to the NCAA Eligibility Center become the property of the NCAA Eligibility Center and cannot be returned. This includes any original documents that are mailed.

Failure to include any of these items will delay the review of your records.

“

**To me, being a student-athlete means to strive for excellence. We do it in a multitude of ways: we strive for excellence in our sport, in our academics and in our communities. It means to never settle, to continue to grow, to better yourself and your teammates every day, and to leave your team and your sport better than it was when you started.**



**Jasmyn Lindsay**  
Softball  
Queens University  
of Charlotte

”

# AMATEURISM

When you register for a Certification Account with the NCAA Eligibility Center, you will be asked a series of questions about your sports participation to determine your amateur status. More than 90 percent of student-athletes who register are automatically certified. In some instances, the NCAA Eligibility Center staff may need to gather additional information to evaluate your amateur status.

The following activities may impact your amateur status:

- Signing a contract with a professional team.
- Playing with professionals.
- Participating in tryouts or practices with a professional team.
- Accepting payments or preferential benefits for playing sports.
- Accepting prize money above your expenses.
- Accepting benefits from an agent or prospective agent.
- Agreeing to be represented by an agent.
- Delaying your full-time college enrollment to play in organized sports competitions.

## Requesting Final Amateurism Certification

If you are enrolling at a Division I or II school for the fall semester, you may request an amateurism certification decision from the NCAA Eligibility Center on or after April 1, before your enrollment in college. If you are enrolling in college in the spring semester, you may request a final amateurism decision on or after Oct. 1, before your enrollment in college.

## Delayed Enrollment

After you graduate high school, you have a certain amount of time – called a grace period – to enroll full time at an NCAA school. If you do not enroll at the first opportunity after your grace period, you will use one season of competition for each calendar year during which you continue to compete in organized competition. Please see the chart on the next page for specific time frames per sport in Divisions I and II.

In most sports, you may delay full-time college enrollment for one year after your expected high school graduation without impacting your eligibility. In Division I tennis, you must enroll full time at a college or university during the first regular academic term of college, which occurs following the six-month period after you graduate high school. In Division I men's ice hockey or skiing, you may be required to enroll full time in college before you turn 21 to avoid impacting your eligibility.

## Who is an Agent?

An individual who directly or indirectly represents you by marketing your athletics ability or reputation, who attempts to benefit from guiding you to a particular NCAA school, or who attempts to benefit from your expected earnings as a professional athlete.

## What is a Professional Team?

A team that declares itself to be professional or provides any player MORE than the following expenses for participation:

- Meals and lodging directly tied to competition and practice directly related to the competition.
- Transportation expenses, such as to and from practice, training or competition.
- Apparel, equipment and supplies related to competition and practice directly related to competition.
- Coaching and instruction, or the use of facilities and entry fees.
- Health or medical insurance, medical treatment and physical therapy directly associated with an individual's participation on a team or in an event.
- Other reasonable expenses such as laundry money.

## What is Organized Competition?

Competition is considered organized if ANY of the following conditions exist:

- Official score is kept.
- Standings or statistics are maintained.
- Official timer or game officials are used.
- Admission is charged.
- Teams are regularly formed or team rosters are predetermined.
- Team uniforms are used.
- An individual or team is privately or commercially sponsored.
- The competition is either directly or indirectly sponsored, promoted or administered by an individual, an organization or any other agency.

**Division I:** It is scheduled and publicized in advance.

**Division II:** It is scheduled in advance.

# OVERVIEW OF NCAA DIVISIONS I AND II PRE-ENROLLMENT AMATEURISM BYLAWS

<p><i>Before initial full-time enrollment at a college or university, may a college-bound student-athlete ...</i></p>	<p>PERMISSIBLE IN DIVISION I?</p>	<p>PERMISSIBLE IN DIVISION II?</p>
<p><b>try out with a professional team?</b></p>	<p><b>Men's ice hockey and skiing:</b> Yes. May receive actual and necessary expenses for one visit (up to 48 hours) from each professional team. Self-financed tryouts may be for more than 48 hours.</p> <p><b>All other sports:</b> Yes. May not be compensated above actual and necessary expenses.</p>	<p>Yes</p>
<p><b>enter into a professional draft?</b></p>	<p>Yes</p>	<p>Yes</p>
<p><b>accept prize money?</b></p>	<p><b>Tennis:</b> Yes, if it does not exceed \$10,000 per calendar year and comes from the sponsor of the event. Once the \$10,000 limit is reached, additional prize money may not exceed actual and necessary expenses and the expenses are provided by the sponsor of the event, or the team for which the individual represents.</p> <p><b>All other sports:</b> Yes, if it does not exceed actual and necessary expenses and comes from an amateur team or sponsor of the event.</p>	<p>Yes</p>
<p><b>receive benefits from an agent?</b></p>	<p>No</p>	<p>No</p>
<p><b>enter into an agreement with an agent (oral or written)?</b></p>	<p>No, except in baseball a student-athlete who is drafted before collegiate enrollment may use the services of an agent to negotiate with a professional team, provided he discontinues the agent agreement before enrolling in college.</p>	<p>No</p>
<p><b>delay full-time collegiate enrollment and participate in organized competition?</b></p> <p><i>[If you are charged with season(s) of competition under this rule, you also will have to serve an academic year in residence at the NCAA college or university.]</i></p>	<p><b>Tennis:</b> Must enroll full time at a Division I school during the first regular academic term that occurs following the six-month period after the expected date of high school graduation (based on start of ninth grade).</p> <p><b>Men's ice hockey and skiing:</b> Any activity in organized competition after your 21st birthday and before initial full-time enrollment in a Division I school will count as varsity competition (no academic year-in-residence requirement).</p> <p><b>All other sports:</b> Must enroll full time at a college or university during the first regular academic term that occurs following the one-year period after your expected date of high school graduation or you will lose one season of intercollegiate competition for each calendar year during which you continue to participate in organized competition.</p>	<p><b>All sports:</b> Must enroll full time at a college or university during the first regular academic term that occurs following the one-year period after high school graduation or will lose one season of intercollegiate competition for each calendar year during which you continue to participate in organized competition.</p> <p><b>Men's ice hockey:</b> May compete for two years after graduation and prior to full-time college enrollment.</p> <p><b>Skiing:</b> May compete for two years after graduation, provided participation is sanctioned by the U.S. Ski and Snowboard Association or its international counterparts.</p>

# IMPORTANT TERMS

**Celebratory standardized signing form (A form used by Division III institutions.):** This form is a standard NCAA-provided, nonbinding athletics celebratory signing form after a college-bound student-athlete has been accepted for enrollment at a Division III school.

**Contact:** A contact happens any time a college coach says more than, “Hello,” during a face-to-face meeting with you or your parents off the college’s campus.

**Contact period:** During a contact period, a college coach may have face-to-face contact with you or your parents, watch you compete, visit your high school, and write or telephone you or your parents.

**Dead period:** A college coach may not have any face-to-face contact with you or your parents on or off the college campus at any time during a dead period. The coach may write and call you or your parents during this time.

**Evaluation:** An evaluation happens when a college coach observes you practicing or competing.

**Evaluation period:** During an evaluation period, a college coach may watch you compete, visit your high school, and write or telephone you or your parents. However, a college coach may not have face-to-face contact with you or your parents off the college’s campus during an evaluation period.

**Financial aid (scholarship):** Any money you receive from a college or another source, such as outside loans or grants. Financial aid may be based on athletics ability, financial need or academic achievement.

**Five-year clock:** If you play at a Division I school, you have five calendar years in which to play four seasons of competition. Your five-year clock starts when you enroll as a full-time student at any college. Thereafter, your clock continues, even if you spend an academic year in residence as a result of transferring, decide to redshirt, do not attend school or attend school part time during your college career.

**Full-time student:** Each school determines what full-time status means. Typically, you are a full-time student if you are enrolled for at least 12 credit hours in a term, but some schools define a full-time student as someone who takes fewer than 12 credit hours in a term.

**International student:** An international student is any student who is enrolled in a secondary school outside the United States, U.S. territories or Canada (except Quebec).

**Institutional request list:** An institutional request list (IRL) is a list of college-bound student-athletes who an NCAA Division I and/or II school is interested in recruiting. The action of adding a college-bound student-athlete to the IRL informs the NCAA Eligibility Center of the school’s interest in having an academic certification decision for the student-athlete.

**Official commitment:** When you officially commit to attend a Division I or II college, you sign a National Letter of Intent, agreeing to attend that school for one academic year.

**Official visit:** During an official visit, the college can pay for transportation to and from the college for you, lodging and meals (Division I allows for up to three meals per day) for you and your parents or guardians, as well as reasonable entertainment expenses, including three tickets to a Division I home sports event or five tickets

to a Division II home sports event. Before a college may invite you on an official visit, you will have to provide the college with a copy of your high school transcript and ACT, SAT or PLAN score (test scores are required for Division I only) and register for a Certification Account with the NCAA Eligibility Center.

**Quiet period:** During this time, a college coach may not have any in-person contact with you or your parents off the college’s campus. The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or call you or your parents during this time.

**Recruited:** If a college coach contacts you off campus, pays your expenses to visit the campus, or in Divisions I and II, issues you a National Letter of Intent or a written offer of financial aid, you are considered recruited.

**Recruiting calendar:** NCAA member schools limit recruiting to certain periods during the year. Recruiting calendars promote the well-being of college-bound student-athletes and ensure fairness among schools by defining certain periods during the year in which recruiting may or may not occur in a particular sport.

**Season of competition:** Generally, NCAA rules say that any competition in a season — regardless of the amount of time — counts as having played a season in that sport. If you play any time during a season, regardless of how long you played, it counts as having played for an entire season in that sport. Your season of competition starts when you spend one second in competition on the field, court, gym or track.

**Ten-semester/15-quarter clock:** If you play at a Division II or III school, you have the first 10 semesters or 15 quarters in which you are enrolled as a full-time student to complete your four seasons of participation. You use a semester or quarter any time you attend class as a full-time student or are enrolled part time and compete for the school. You do not use a term if you only attend part time with no competition or are not enrolled for a term.

**Two-year college:** An school from which students can earn an Associate of Arts, an Associate of Science or an Associate of Applied Science within two years. Some people call these schools community colleges or junior colleges.

**Unofficial visit:** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a Division I home athletics contest or five complimentary admissions to a Division II home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time, except in the sports of lacrosse, wrestling and women’s gymnastics as listed on the next page. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

**Verbal commitment:** A verbal commitment happens when you verbally agree to play sports for a college before you sign or are eligible to sign a National Letter of Intent. The commitment is not binding on you or the school and can be made at any time.

**Walk-on:** Someone who is not typically recruited by a school to participate in sports and does not receive a scholarship from the school, but who becomes a member of one of the school’s athletics teams.



# RECRUITING CALENDARS

## SOPHOMORE YEAR – DIVISION I

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li><b>Men's Ice Hockey</b> — You may begin receiving recruiting materials January 1 of your sophomore year.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach can make unlimited calls beginning June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>	<ul style="list-style-type: none"> <li>Sports other than Lacrosse may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> <li><b>Women's Ice Hockey</b> — A college coach may call international college-bound student-athletes once on or after July 7 through July 31 after sophomore year.</li> <li><b>Men's Ice Hockey</b> — May not be made before January 1 of sophomore year.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> <li><b>Men's Ice Hockey</b> — May not be made before June 15 after sophomore year.</li> </ul>
<b>Official visit</b>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> <li><b>Lacrosse, Women's Gymnastics, Wrestling</b> — not permitted.</li> </ul>



Being a student-athlete is an opportunity to be part of something greater than myself ... College sports has given me an education, valuable transferrable skills, the teammates and friends I surround myself with, and the opportunity to participate in SAAC and excel in a leadership role I could have never imagined taking on.



**Nicole Sherwin**  
Women's Soccer  
Northern Arizona University



# JUNIOR YEAR – DIVISION I

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>Electronic correspondence</b> (e.g., text messaging, instant messenger, email)	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence June 15 after your sophomore year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>All forms of electronic correspondence permissible September 1 of your junior year.</li> <li>Correspondence must be private until you provide a written commitment to the NCAA school.</li> </ul>
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>Allowed.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving September 1 of your junior year.</li> <li><b>Men's Ice Hockey</b> — You may begin receiving recruiting materials January 1 after your sophomore year.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> <li><b>Lacrosse</b> — You may not call a coach before September 1 of your junior year.</li> </ul>
<b>College coaches may call you</b>	<ul style="list-style-type: none"> <li>Unlimited.</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited beginning September 1 of your junior year.</li> </ul>	<ul style="list-style-type: none"> <li>One call from April 15 to May 31 of your junior year. Additional calls may not be made before September 1 of your senior year.</li> </ul>	<ul style="list-style-type: none"> <li>May not be made before September 1 at the beginning of your junior year.</li> <li><b>Swimming &amp; Diving</b> — May not be made before July 1 following completion of junior year, or the opening day of classes of your senior year, whichever is earlier.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes. Contacts other than April period may only occur at your school. Contacts in April may occur at your school or residence.</li> <li>No contact on the day of a competition.</li> <li>Contacts may not occur during the time of day when classes are in session.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning March 1 of your junior year only at the student's school or residence.</li> <li>No contact on the day of a competition.</li> <li>Contacts may not occur during the time of day when classes are in session.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>	<ul style="list-style-type: none"> <li><b>Women's Gymnastics</b> — Allowed after your junior year beginning July 15.</li> <li><b>Women's Ice Hockey</b> — Allowed after your junior year beginning July 7.</li> <li><b>Fencing</b> — Allowed after completion of participation in the USA Fencing National Championship and July Challenge and after completion of junior year.</li> <li><b>Wrestling</b> — Allowed beginning your junior year after September 1 only at the student's school or residence.</li> <li><b>Lacrosse</b> — Allowed beginning your junior year after September 1 only at the student's school or residence.</li> <li><b>All Other Sports</b> — Allowed beginning July 1 after your junior year.</li> </ul>

## JUNIOR YEAR – DIVISION I CONTINUED

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>Official visit</b>	<ul style="list-style-type: none"> <li>Allowed January 1 of your junior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed April of your junior year beginning Thursday following the Women's Final Four.<sup>®</sup></li> </ul>	<ul style="list-style-type: none"> <li>Allowed April 1 of your junior year through the Sunday before the last Wednesday in June, provided the official visit is not in conjunction with participation in an institutional camp or clinic.</li> </ul>	<ul style="list-style-type: none"> <li>None allowed.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> <li><b>Wrestling, Lacrosse and Women's Gymnastics</b> — Not allowed before September 1 of your junior year.</li> </ul>



## SENIOR YEAR – DIVISION I

RECRUITING METHOD	MEN'S BASKETBALL	WOMEN'S BASKETBALL	FOOTBALL	OTHER SPORTS
<b>Electronic correspondence</b> (e.g., text messaging, instant messenger, email)	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence June 15 after your sophomore year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>	<ul style="list-style-type: none"> <li>All forms of electronic correspondence permissible September 1 of your junior year.</li> <li>Correspondence must be private until you provide a written commitment to the NCAA school.</li> </ul>
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>
<b>College coaches may call you</b>	<ul style="list-style-type: none"> <li>Unlimited.</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited.</li> </ul>	<ul style="list-style-type: none"> <li>Once per week beginning September 1 outside contact period.</li> <li>Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> <li>Unlimited during contact period.</li> </ul>	<ul style="list-style-type: none"> <li>Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning July 1 prior to your senior year.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed.</li> </ul>
<b>Official visit</b>	<ul style="list-style-type: none"> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits, except during a dead period.</li> </ul>
<b>How often can a coach see me or talk to me off the college's campus?</b>	<ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) six times.</li> <li>One evaluation during September, October and November.</li> <li>Two evaluations—April 15 through May 31 (once to evaluate athletics ability and once to evaluate academic qualifications).</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians not more than three times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>

## DIVISIONS II AND III

RECRUITING METHOD	DIVISION II	DIVISION III
<b>Recruiting materials</b>	<ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications at any time.</li> <li>A coach may begin sending you printed recruiting materials June 15 before your junior year in high school.</li> </ul>	<ul style="list-style-type: none"> <li>You may receive printed materials any time.</li> </ul>
<b>Telephone calls</b>	<ul style="list-style-type: none"> <li>No limit on number of calls by college coach beginning June 15 before your junior year.</li> <li>You may make calls to the coach at your expense.</li> </ul>	<ul style="list-style-type: none"> <li>No limit on number of calls or when they can be made by the college coach.</li> <li>You may make calls to the coach at your expense.</li> </ul>
<b>Off-campus contact</b>	<ul style="list-style-type: none"> <li>A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 before your junior year.</li> <li>No limit on number of contacts off campus.</li> </ul>	<ul style="list-style-type: none"> <li>A college coach may begin to have contact with you or your relatives or guardians off the college's campus after your sophomore year.</li> <li>No limit on number of off-campus contacts.</li> </ul>
<b>Official visit</b>	<ul style="list-style-type: none"> <li>You may make official visits starting June 15 before your junior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>	<ul style="list-style-type: none"> <li>You may make official visits starting January 1 of your junior year. (Effective August 1, 2015)</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division III colleges.</li> </ul>
<b>Unofficial visit</b>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time, except during a dead period.</li> </ul>	<ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits any time.</li> </ul>



**Being a student-athlete to me means excelling in all phases of life, academically, athletically and personally. Being a student-athlete has sharpened my time management skills, enhanced my ability to work in a team setting and perhaps most importantly, has prepared me for life beyond college. I would not be in the position I am today had it not been for my past four years as a student-athlete and for that, I am eternally grateful.**



**James "Jimmy" Gehrels**  
Men's Volleyball  
Pepperdine University



# SCHOLARSHIPS

NCAA Divisions I and II schools provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes. Division III schools do not offer athletics scholarships.

Only about **2 percent** of high school athletes are awarded athletics scholarships to compete in college. Of the student-athletes participating in sports with professional leagues, very few become professional athletes. A college education is the most rewarding benefit of your student-athlete experience.

Division I schools may provide tuition and fees, room and board, books, and other expenses related to attendance at the school. Division II full scholarships cover tuition and fees, room, board, and course-related books and supplies. Most student-athletes who receive athletics scholarships receive an amount covering a portion of these costs. Many student-athletes also benefit from academic scholarships, NCAA financial aid programs such as the NCAA Division I Student-Athlete Opportunity Fund and need-based aid such as Federal Pell Grants. You must report all financial aid you receive to your NCAA school's financial aid office. If you have questions about what financial aid can be accepted,

you should contact your NCAA school's financial aid office and athletics department for help.

Division I schools may provide you with multiyear scholarships. Additionally, Division I schools may pay for you to finish your bachelor's or master's degrees after you finish playing NCAA sports. NCAA rules require you to be registered with the NCAA Eligibility Center in order to be recruited, to go on an official visit, to receive an offer of financial aid or to sign a National Letter of Intent, but it is not required for you to receive an academic evaluation before any of these activities.

If a school plans to reduce or not renew your aid, the school must notify you in writing by July 1 and provide an opportunity for you to appeal. In most cases, the head coach decides who receives a scholarship, the scholarship amount and whether it will be renewed.

Contact the NCAA school you hope to attend for more detailed information about NCAA financial aid rules.

# NATIONAL LETTER OF INTENT

A National Letter of Intent (NLI) is signed by you, agreeing to attend a Division I or II college for one academic year. NLI member institutions agree to provide financial aid to you for a minimum of one academic year as long as you are admitted to the school and are eligible for financial aid under NCAA rules.

The NLI is voluntary and not required for you to receive financial aid or participate in sports. Signing an NLI ends the recruiting process because coaches are prohibited from recruiting student-athletes who have signed NLIs with other NLI member institutions.

If you sign an NLI but decide to attend another college, you may request a release, but it is the school's discretion to grant your NLI release or not. If you sign an NLI with one school but attend a different school, you lose one full year of eligibility and must complete a full academic year at the new school before being eligible to compete. If you have questions about the NLI, visit the website at [nationalletter.org](http://nationalletter.org).





Eligibility Center



CREATING **A PATHWAY TO OPPORTUNITY** FOR NEARLY  
**HALF A MILLION STUDENT-ATHLETES**  
**IN 24 SPORTS AT 1,100 SCHOOLS.**