

Fitness Club Sign Up

“What is Fitness Club?”, you ask. Fitness Club is a club where we play some of your favorite Physical Education Games we have learned in class. We will be getting lots of exercise while having fun. For example, we will play a wide variety of the dodgeball games we learned in PE. We will play terminator, four way capture the flag, scatter, betrayed, beat ball, fitness kickball, etc... We will also learn new games that we haven't played in class.

The first 40 students to sign up and get their permission slip in will be guaranteed a spot.

Return the permission slip by April 13

Coach: Mrs. Neiheisel

Schedule: The club will consist of six, one-hour sessions.

Time: 3:00 – 4:00

Location: North Gym

Cost: \$25.00

You will receive an invoice for \$25.00 which can be paid by check or online.

Club Dates

Tuesday, April 25
Friday, April 28

Tuesday, May 2
Friday, May 5

Monday, May 8
Friday, May 12

Participant Requirements:

- Be sincerely interested in playing your favorite physical education games.
- Come to the gym prepared to play.
- Be fair to all players.

FITNESS CLUB PERMISSION SLIP

Name _____ HomeroomTeacher _____

I am interested in participating in the Exercise Club. In joining, I agree to

Cooperate with the coach and with my fellow classmates.

Demonstrate good sportsmanship.

Help take care of all equipment.

Student Signature _____ Date _____

Parent Signature _____ Date _____