October 2018

IOHN SIMATOVICH ELEMENTARY





Lunch Prices Daily - \$2.00 Weekly - \$10.00 Milk - \$.40

Milk & Fruit **Choices Daily**

Cookies - \$.75 We serve breakfast daily 8:30 - 8:45

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Chicken Tenders Waffle Fries Green Beans Peaches OR - PB&J Jamwich



Taco Refried Beans Salad Banana Goldfish OR - PB&J Jamwich

Wednesday

French Toast Sticks Sausage Hashbrown Sliced Apples OR - PB&J Jamwich

Thursday

Mashed potatoes Corn Dinner Roll Pineapple OR - PB&J Jamwich

Chicken Drumstick

Cheese Pizza - OR Pretzel with Cheese Carrots Mandarin Oranges OR - PB&J Jamwich Ice Cream \$.75

12

NO SCHOOL

Chicken Fries Potato Wedges Peas Applesauce OR - Ham Sandwich

8

Hot Dog on Bun Twister Fries **Baked Beans** Peaches OR - Ham Sandwich

Bosco Sticks with Cheese OR - Baked Potato Broccoli Peas OR Ham Sandwich

Pepperoni Pizza -OR Pretzel with Cheese

Corn Mixed Fruit OR - Ham Sandwich Ice Cream \$.75

19

Pancake Wraps Hashbrown Applesauce OR - PB&J Jamwich

Hamburger on Bun French Fries **Baked Beans** Sliced Apples OR PB&J Jamwich

Popcorn Chicken Smiley's Carrots Pineapple OR PB&J Jamwich Salisbury Steak Mashed Potatoes Dinner Roll Corn Strawberries

OR PB&J Jamwich

Cheese Pizza - OR Pretzel with Cheese Green Beans Mandarin Oranges OR - PB&J Jamwich

Ice Cream \$.75

Chicken Noodle Soup Bosco Stick Peas Pineapple

OR - Ham Sandwich

WIZARD OF OZ DAY Cowardly Corn Dogs

Toto Tots Scarecrow Corn Ruby Red Strawberries Munchie Munchkins OR - Ham Sandwich

23 Pepperoni Pizza – OR Pretzel with Cheese

Green Beans Mandarin Oranges OR - Ham Sandwich Ice Cream \$.75

NO SCHOOL **FALL BREAK** 25

NO SCHOOL **FALL BREAK**

Chicken Smackers **Twister Fries** Carrots Peaches OR - PB&J Jamwich Pancakes Sausage Hashbrown Applesauce OR - PB&J Jamwich

Spaghetti with Meat Sauce 31 Garlic Toast Peas Mixed Fruit OR - PB&J Jamwich



24

