SEPTEMBER 2018 JOHN SIMATOVICH ELEMENTARY





Lunch Prices Daily - \$2.00 Weekly - \$10.00 Milk - \$.40

Milk & Fruit Choices Daily

Milk - \$.40 Cookies - \$.50 We serve breakfast daily 8:30 - 8:45



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Wednesday Monday **Tuesday Thursday Friday** Chicken Rings Turkey & Gravy Cheese Pizza OR Hamburger on Bun French Fries Mashed Potatoes Pretzel with Cheese Smilevs Baked Beans Broccoli Corn Carrots Mandarin Oranges Peaches Mixed Fruit Pears OR PB&J Jamwich OR - PB&J Jamwich Dinner Roll OR - PB&J Jamwich OR - PB&J Jamwich Ice Cream \$.75 Cheesy Bread French Toast Sticks Chicken Nuggets Mini Corn Dogs Pepperoni Pizza OR Peas Hashbrown **Mashed Potatoes Twister Fries** Pretzel with Cheese **Baked Beans** Green Beans Applesauce Sausage Corn OR Ham Sandwich Banana Pineapple Sliced Apples Mixed Fruit OR - Ham Sandwich Dinner Roll OR - Ham Sandwich OR - Ham Sandwich OR - Ham Sandwich Ice Cream \$.75 Chicken Patty Sandwich Pancake Wraps Salisbury Steak Cheese Pizza OR Taco **Tator Tots** Refried Beans Hashbrown Mashed Potatoes Pretzel with Cheese Green Beans Salad Mandarin Oranges Corn Green Beans OR - PB&J Sandwich Mixed Fruit Pears Banana Peaches OR - PB&J Sandwich OR - Ham Sandwich Goldfish Dinner Roll OR - PB&J Sandwich OR - PB&J Sandwich Ice Cream \$.75 Chicken Noodle Soup Chicken Smackers **Pancakes** Popcorn Chicken Pepperoni Pizza OR Waffle Fries Sausage Bosco Stick **Smileys** Pretzel with Cheese Baked Beans Broccoli Hashbrown Green Beans Corn Applesauce Sliced Apples Pears Peaches Pineapple OR - Ham Sandwich OR - Ham Sandwich OR - Ham Sandwich OR Ham Sandwich OR - Ham Sandwich Ice Cream \$.75



