

# From the JSE Cafeteria:

## Healthy Snack Extras

The cafeteria offers healthy snack extras for purchase during lunch in addition to the school daily lunch listed on the monthly menu. All snack extras offered adhere to the **Smart Snacks in Schools** USDA guidelines. Students are able to purchase snack extras according to the schedule below if they have money in their account unless a parent requests this not to be an option. If you do not want your child purchasing the extra snacks in addition to their lunch, please indicate this and return with your child. You may also indicate this on your child's mealtime account. If you have any questions, please call the school at 759-2508.

Thank you,

Sandy Denison, Kitchen Manager

## Snack Extra Option by Grade Level

**\*Grades K-1:** Ice Cream or cookie on Fridays. No snacks available for purchase.

**\*Grades 2-5:** Limit one snack and one extra drink daily, Fridays Ice Cream only, no additional snacks.

### **Snack examples:**

Baked Chips, Healthy Popcorn, Muffin - \$.75 each

Whole Wheat Cookie, Snack Mix, Cheese Stick, Small bottled Water, Juice - \$.50 each

Large bottled water - \$1.00

Ice Cream - \$.75

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Please return if you **DO NOT** want you child to make additional purchases from their lunch account.

\_\_\_\_\_ I do not want my child to have the option to purchase a daily snack.

\_\_\_\_\_ I do not want my child to have the option to purchase ice cream on Fridays.

Student Name (s): \_\_\_\_\_

Parent Signature: \_\_\_\_\_