

JSE Café

Healthy Snack Extras

The cafeteria offers healthy snack extras for purchase during lunch in addition to the school daily lunch listed on the monthly menu. All snack extras offered adhere to the *Smart Snacks in Schools* USDA guidelines. Students are able to purchase snack extras according to the schedule below if they have money in their account unless a parent requests this not be an option. If you do not want your child purchasing the extra snacks in addition to their lunch please indicate this and return with your child. You may also indicate this on your child's mealtime account. If you have any questions please call the cafeteria or main office.

Thank you,

Sandy Denison, Kitchen Manager

Snack Extra Options by Grade Level

***Grades K-1:** only option Ice Cream Fridays, no snacks available for purchase.

***Grades 2-5:** limit one snack and one extra drink daily, Fridays Ice Cream only no additional snacks.

Snack Examples:

Baked Chips, Healthy Popcorn, Muffin—.50 cents each

Whole Wheat Cookie, Snack Mix, Cheese Stick, Bottled Water, Juice—.25 cents each

Ice Cream Fridays—.75 cents each

Please return if you do NOT want your child to make additional purchases from their lunch account.

____ I do not want my child to have the option to purchase a daily snack.

____ I do not want my child to have the option to purchase ice cream on Fridays.

Student Name(s): _____

Parent Signature: _____