

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2019

Kansas School for the Deaf

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>No School Labor Day</p>	<p>3</p> <p>Ham & Cheese on Biscuit</p> <p>French Bread Pizza w/ Marinara Green Beans Golden Corn Applesauce</p>	<p>4</p> <p>Breakfast Burrito w/ Salsa</p> <p>Crispy Chicken Sandwich Mixed Green Salad Steamed Carrots Pineapple</p>	<p>5</p> <p>Pancakes</p> <p>Beef Hot Dog / Chili Dog French Fries Creamy Coleslaw Apple Slices</p>	<p>6</p> <p>Fruit Strudel</p> <p>Italian Chicken & Rice Cheesy Broccoli Roasted Sweet Potato Mixed Fruit Salad</p>
<p>9</p> <p>Mini Waffles</p> <p>Popcorn Chicken Bowl w/ Bread Mashed Potatoes w/ Gravy Golden Corn Pears</p>	<p>10</p> <p>Ham & Cheese on Biscuit</p> <p>BBQ McRib Sandwich Asian Cabbage Salad Sweet Potato Tots Frozen Juice Cup</p>	<p>11</p> <p>Pancake on a Stick</p> <p>Chicken Alfredo w/ Breadstick Steamed Broccoli Sweet Carrots Orange Slices</p>	<p>12</p> <p>Scrambled Egg & Toast Breakfast Sausage</p> <p>Salisbury Steak w/ Dinner Roll Mashed Potatoes w/ Gravy Green Beans Grapes</p>	<p>13</p> <p>Cinnamon Roll</p> <p>Chicken Fajitas w/ Tomato Salsa Cheesy Refried Beans Golden Corn Mixed Fruit Salad</p>
<p>16</p> <p>Breakfast Burrito w/ Salsa</p> <p>Saucy Meatball Sub Green Beans Veggie Blend Fruit Cocktail</p>	<p>17</p> <p>Long John</p> <p>Mandarin Orange Chicken Vegetable Fried Rice Garden Peas Mixed Fruit Salad</p>	<p>18</p> <p>Egg & Cheese on English Muffin</p> <p>Cheeseburger Steak Fries Fresh Carrots w/ Ranch Pineapple</p>	<p>19</p> <p>Biscuits & Gravy</p> <p>Corndog Golden Corn Creamy Coleslaw Apple Slices</p>	<p>20</p> <p>French Toast Bake</p> <p>Roasted Pork Loin w/ Dinner Roll Mixed Green Salad Mashed Sweet Potatoes Mixed Fruit Salad</p>
<p>23</p> <p>Assorted Muffins Breakfast Sausage</p> <p>Shredded BBQ Pork Sandwich Baked Beans French Fries Peaches</p>	<p>24</p> <p>Hash Brown Casserole</p> <p>French Bread Pizza w/ Marinara Sweet Potato Tots Steamed Broccoli Grapes</p>	<p>25</p> <p>Breakfast Bosco Stick</p> <p>Breakfast for Lunch French Toast Sticks Scrambled Eggs & Sausage Hash Brown Triangles Orange Slices</p>	<p>26</p> <p>Pancakes</p> <p>Spaghetti & Meat Sauce w/ Breadstick Green Beans Veggie Blend Frozen Juice Cup</p>	<p>27</p> <p>Fruit Strudel</p> <p>Lemon Pepper Tilapia & Dinner Roll Sautéed Spinach Parmesan Crusted Red Potatoes Apple Slices</p>
<p>30</p> <p>Breakfast Pizza</p> <p>Chicken Quesadilla w/ Marinara Golden Corn Applesauce M&M Cookie</p>	<p>Offered everyday with breakfast: Milk (Skim or 1%), Fruit, 100% Juice, and yogurt</p> <p>Offered everyday with lunch: Salad bar and Milk (Skim or 1%)</p>			

Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

This institution is an equal opportunity provider.





SEPTEMBER 2019

Kansas School for the Deaf

Monday	Tuesday	Wednesday	Thursday 5	Friday
2 No School Labor Day	3 Philly Cheesesteak Sandwich Mixed Vegetables Pears	4 Oven-Fried Chicken Mashed Potatoes w/ Gravy Golden Corn Ice Cream Bar	5 Grilled Cheese & Tomato Soup Mixed Vegetables Peaches	6
9 Beef Taco Salads Lettuce, Tomato, Salsa, Cheese Popsicle	10 Loaded Baked Potatoes Bacon Bits, Cheese, Sour Cream, Broccoli, Black Beans, Salsa Orange Slices	11 Tater Tot Casserole Mixed Green Salad Chocolate Pudding	12 Grilled Chicken Sandwich French Fries Fruit Cocktail	13
16 Chicken Tenders w/ Garlic Bread Mashed Potatoes w/ Gravy Pineapple	17 Beef Lasagna w/ Garlic Bread Mixed Green Salad Jello Salad	18 Chicken Nachos Lettuce, Tomato, Salsa, Cheese Cookie	19 Shredded Pork BBQ Sandwich Asian Cabbage Salad Green Beans Orange Slices	20 Home-style Pepperoni Pizza Steamed Broccoli Ice Cream Bar
23 Oven-Fried Chicken Legs Sliced Bread Mashed Potatoes w/ Gravy Applesauce	24 Beef & Bean Chili Cinnamon Roll Veggie Blend Pears	25 Shepherd's Pie Dinner Roll Veggie Blend Chocolate Pudding	26 Sweet & Sour Chicken Veggie Fried Rice Egg Roll Strawberry Shortcake	27
30 Cheeseburger Crinkle Cut Fries Ice Cream Bar	Offered everyday with supper: Salad bar and Milk (Skim or 1%)			

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