



7th Annual
 Ben Johnson Elementary School
 Hoedown Day 5K and 1 Mile
 Fun Run



2018 marks the 7th year that Ben Johnson Elementary School has sponsored these races. The proceeds from the Hoedown Day Races on **October 13th, 2018** will benefit Ben Johnson Elementary School students. The goal of this event is to strengthen families in our school community, promote healthy living, and enhance community pride.

Date: Saturday, October 13, 2018-Hoedown Day

Time: Registration and Packet Pickup will be at 7:00 AM CST on race day.

5K and 1 Mile Fun Run begin at 8:00 AM CST.

Where: This event will start and finish near the Hardinsburg Post office.

Starting Location Address: 234 S Main St, Hardinsburg, KY 40143

Available Events: 5K Run/Walk, and 1 Mile Fun Run

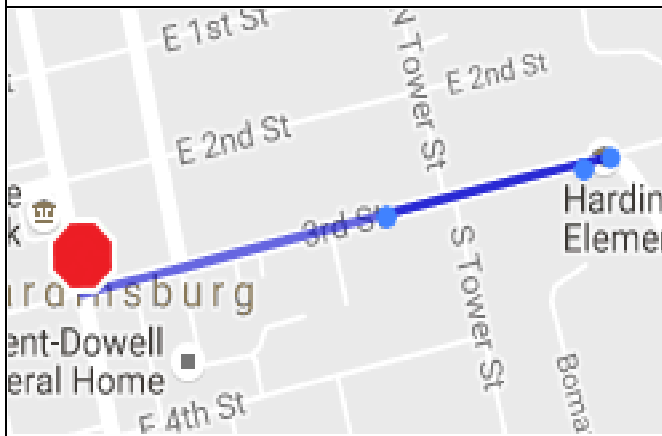
Participants will receive a Race Shirt and complimentary RACE SWAG BAG with registration.

Pre-Registration	Family Discount	5K Awards
<p>Pre-registrations received by October 4th will be guaranteed a shirt the day of race. Registrations received after October 4th will be given out on a first come, first serve basis until supply runs out.</p> <p>-Mail registrations to: BJES Hoedown Day 5K & Fun Run C/O Ben Johnson Elementary School 13598 S Hwy 259 McDaniels, KY 40152</p> <p>Make checks payable to: Ben Johnson Elementary School</p>	<p>We encourage participants to walk or run as a family. This is a great way to encourage each other. When registering your family, please take advantage of our \$30 family rate. This price includes registration for all family members, but only 2 t-shirts. You may purchase additional t-shirts for \$10. We are so pleased you have made the choice to improve your health & help strengthen our Ben Johnson Family by joining us!</p>	<p>Awards will be given to the 1st through 3rd place finishers in the 5K. Male and Female awards will be given in the following divisions:</p> <p>Overall 10 and under 11-15 16-25 26-35 36-45 46-55 56 and over</p>

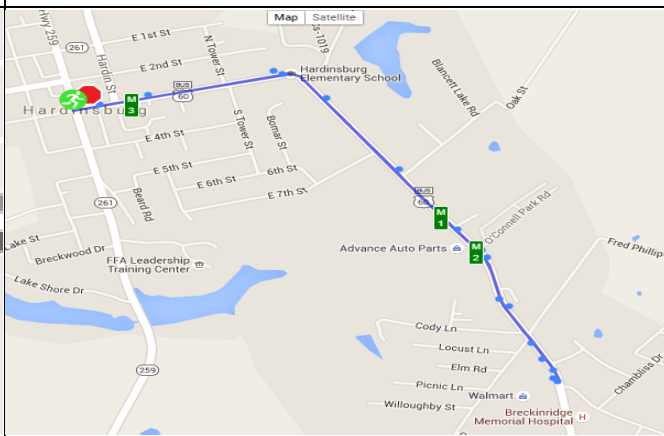
1 Mile Fun Run Awards

All 1 Mile Fun Run participants will receive an official BJES Fun Run Finisher's Certificate.

1 Mile Fun Run Map



5K Race Map



Registration Form

5K Run/Walk \$20....._____

1 Mile Fun Run \$20....._____

Ben Johnson Student \$10....._____

Family \$30 (2 t-shirts)....._____

of Additional t-shirts x \$10= _____

Additional Donation\$_____

Total\$_____

Make checks payable to: Ben Johnson Elementary

Name _____

Address _____

Age _____ Birthdate _____

Phone _____

Email _____

Family Name (if running together) _____

Liability Release Waiver:

I have read the accompanying event information and understand the policies of the event. I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE Ben Johnson Elementary School, the City of Hardinsburg, all sponsors, race officials, workers or volunteers, their representatives, successors or assigns for ANY AND ALL claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers and or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

Signature: (Parent or Guardian required if under 18)

Single Runner

Adult T-shirt Size (Check size)

Small _____ Medium _____ Large _____

X-Large _____ XX-Large _____ XXX-Large _____

Youth T-shirt Size (Check size)

Y Small _____ Y Medium _____ Y Large _____

Hoedown Day 5K & Fun Run Family Discount:

List Name, Age, Shirt Size, and Event for each family member

Name / Age / Shirt Size / Event

_____ / _____ / _____ / _____

_____ / _____ / _____ / _____

_____ / _____ / _____ / _____

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