

Breckinridge County Elementary Basketball League Rules

Length of Quarters and Overtime Periods

4th Grade will be 5 min quarters

5th Grade will be 6 min quarters

Two minute overtime periods will be utilized.

OTHER TIMING SITUATIONS

- a. Four timeouts per game: 2 full/2 30 sec.
- b. Time Between Quarters: 1 minute
- c. Time Between Halves: 5 minutes
- d. Time Between Games: at least 5 minutes or start when coaches are both ready

CLOCK

The clock will stop at every whistle.

CALLS

Three seconds in the lane will be called (ref can remind them to get out of paint)

PRESS

4th Grade - Full Court Press Last 2 Minutes of Each Half and During Overtime Period

5th Grade – Full Court Press for Duration of Game

Defense

In order to encourage fundamental skills of basketball, man to man defense is strongly encouraged in both full and half-court defense.

SCORE

No pressing if ahead by 10

Clock will continue to run when one team is up by 20 or more points, but will stop on free throws and time outs. Once the margin is below 20 points, regular clock keeping will resume.

GAME TIMES

4:30: 4th Grade Boys

5:30: 5th Grade Boys

6:30: 4th Grade Girls

7:30: 5th Grade Girls

**Boys'/Girls' times will switch beginning November 7, 2019

All Other General Rules to Basketball Apply

Updated July 2019