



The General Word

Volume 1 Issue 2

September

Jackson County High School

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The Dress Code Dilemma - Taylor Lake & Tabitha Vaughn

School dress codes have been in schools for hundreds of years. In the beginning, dress codes were used to discourage juvenile delinquency and encourage proper conduct. Dress codes are used to give children boundaries and encourage them to follow rules. It teaches them that when they are in public, certain expectations are required of them. If there were no dress codes in schools, many students might barely cover up.

Many schools, especially in the south, have enforced uniforms on their students. The pros and cons are many. Supporters say that it reduces bullying and violence by taking away style

differences. Those against it argue that it takes the student's individual expression away.

Jackson County High School has a good dress code policy that school officials and students can agree on. But, from the students' point of view, it can be improved. For instance, most students feel that the rule that all garments must reach the top of the knee is a bit much. Even strict schools with uniforms allow students to wear skirts, dresses, and shorts four to five inches above the top of their knees. One of the biggest controversies is the new clothing fad with holes in the jeans. Every kid loves a

good pair of jeans with holes. Although students are allowed to wear jeans with holes at JCHS, the holes cannot be above the knee. It's hard to find jeans without some holes above the knees. Students feel that allowing them to wear jeans with holes to mid-thigh is a great compromise.

The last improvement students would make to the school's dress code is to have more hat days. One thing's for sure, Jackson County kids love their boots and hats! They've had a couple of hat days this year and the students love it. Here's a super stu-

Carolyn's Corner

- Brittany & Ashley Smith

Flu Season!!

Flu shots for students will be offered in September. The shots will either be the flu mist or the flu shot. If you have a fever you should stay home and not come to school.

Students should always make sure that your vaccinations are up to date!



Hand Washing

You should always wash your hands before and after you eat. When you wash your hands you need to wash them for 20 seconds, to lather and wash between your fingers. If singing helps, sing the birthday song or your ABC's.

Healthy Foods/Awareness

Make sure you eat healthy foods. Fruits and vegetables are best; they are good for your immune system. Drink your

fluids like water and Gatorade or juices to keep hydrated. Be aware of the stomach virus, the common cold, and strep throat. EAT DAILY! Because your body needs fuel. Always eat 3 meals a day, and a healthy snack. Make sure you get adequate rest.

Another thing to remember!

EVERY student needs to make sure to turn in your health consent forms! If not, Carolyn cannot see you.

Recommended Reads

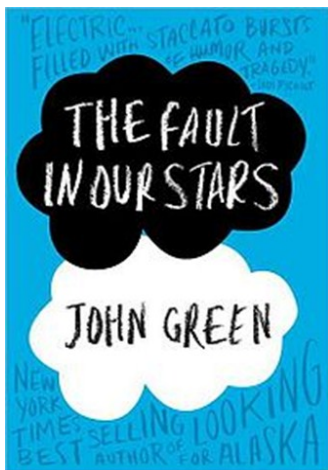
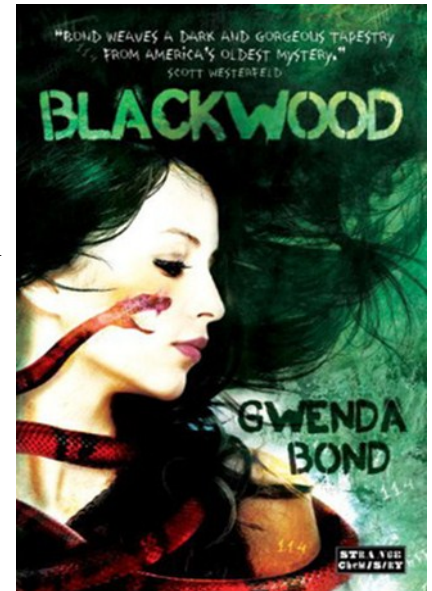
Attention Staff and Students!!!

Our first Recommended Read, Blackwood, is authored by Gwenda Bond, our own Mrs. Bond's daughter, a graduate of Jackson County High School. This is her first published novel.

On Roanoke Island, the legend of the 114 people who mysteriously vanished from the Lost Colony hundreds of years ago is just an outdoor drama for the tourists, a story people tell. But when the island faces the sudden disappearance of 114 people now, an unlikely pair of 17-year-olds may be the only hope of bringing them back.

Miranda, a misfit girl from the island's most infamous family, and Phillips, an exiled teen criminal who hears the voices of the dead, must dodge everyone from federal agents to long-dead alchemists as they work to uncover the secrets of the new Lost Colony. The one thing they can't dodge is each other.

Blackwood is a dark, witty coming of age story that combines America's oldest mystery with a thoroughly contemporary romance.



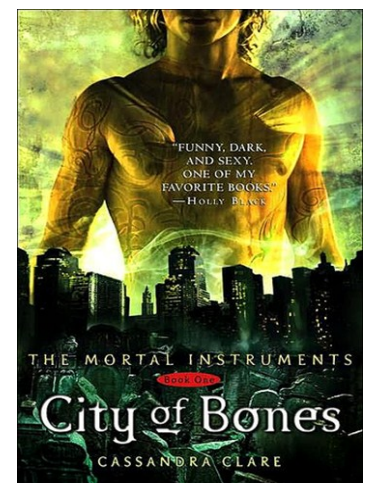
The Fault in Our Stars by John Green

Despite the tumor-shrinking medical miracle that has bought her few years, Hazel has never been anything but terminal, her final chapter inscribed upon diagnosis. But when a gorgeous plot twist named Augustus Waters suddenly appears at Cancer Kid Support Group, Hazel's story is about to be completely rewritten.

City of Bones by Cassandra Clare

When fifteen year old Clary Fray heads out to the Pandemonium Club in New York City, she hardly expects to witness a murder—much less a murder committed by three teenagers covered with strange tattoos and brandishing bizarre weapons. Then the body disappears into thin air. It's hard to call the police when there is nothing—not even a smear of blood—to show that a boy has died. Or was he a boy?

This is Clary's first meeting with the Shadowhunters, warriors dedicated to ridding the earth of demons. It's also her first encounter with Jace, a Shadowhunter who looks a little like an angel and acts a lot like a jerk. Within twenty-four hours Clary is pulled into Jace's world with a vengeance, when her mother disappears and Clary herself is attacked by a demon. But why would demons be interested in ordinary mundanes like Clary and her mother? And how did Clary suddenly get the Sight? The Shadowhunters would like to know....



Student Elections!



Student Elections are coming up quickly for seniors. The General Word has decided to list all the candi-



dates to help students be aware of all the seniors running for President, Vice President, Treasurer and Secretary!

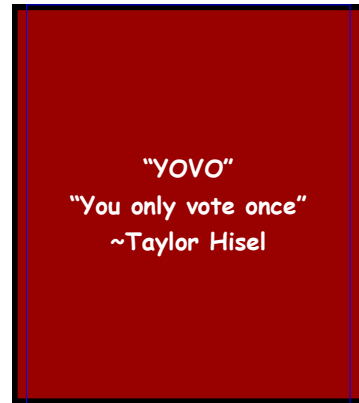
Happy Voting!
We have listed a few slogans to help you choose your candidate.

President

- David York ~ "Wired to win!"
- Brianna Rose~ "Ask not what your [class] can do for you, but what you can do for your [class]."
- Brody Keck~ "Your senior year. Your choice. Your voice."
- Charity Spurlock~ "A leader is one who knows the way, goes the way and shows the way."
- Joseph Perry~ "It's time for a change."
- Brandon Isaacs~
- Ben Bays~

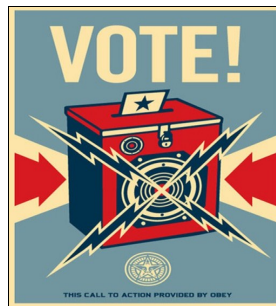
Vice President

- Kelsey Nicholson
- Matt Robinson
- Chad Mudd



Secretary

- Rachel Hayes
- Taylor Hisel
- Austin Stewart
- Emily Sizemore
- Rachel Smith



Treasurer

- Tanner Rose
- Austin Barrett
- Austin Bowling
- Brandy Couch
- Drew Bingham

Teacher Interviews

Ms. Rose

GW: How long have you been teaching?

BR: This is my first year teaching. During college I would go between my college classes to elementary and middle school kids, I did this for two or three years. It was fun; it also gave me a lot of teaching experience.

GW: Do you like teaching at Jackson County High School?

BR: I really enjoy teaching high school here. I'm really happy to be here.

GW: Have you taught anything besides Spanish?

BR: Yes, I am actually teaching English right now. I teach English first block.

GW: Why did you want to become a teacher?

BR: I have a passion for Spanish and the Hispanic Community. I love it! You can do just about anything and learn. You can sing, play games, and watch movies, just as long as it in Spanish.

GW: Are you originally from Jackson County?

BR: I grew up in Berea, but my family is from up here.

GW: What's your favorite thing about being a teacher?

BR: My favorite thing about being a teacher is when I start to see that something I have helped my students learn is actually benefiting them.

GW: Starting college did you know that you wanted to be a teacher?

BR: I knew I wanted to be a teacher, but what I originally planned on teaching ESL.

Ms Miller

GW: Where are you from?

CM: Jackson County in the Gap

GW: What classes do you teach?

CM: Integrated Social Studies, U.S History

GW: How long have you taught at JCHS?

CM: I have taught here for 3 years now.

GW: Do you like teaching here?

CM: It depends on the day.

GW: What do you want your students to learn from your class?

CM: To be a positive contribution,

no matter what it is.

GW: What are your expectations for your class?

CM: My expectations are to: Be respectful, to be on time and to try.

GW: Do you do anything special in your classroom to help your students?

CM: I am a down to earth person, and I try to show that to my students. I also try to talk to all my students.

GW: What is your favorite part about teaching?

CM: Dealing with kids!

GW: What kind of sports do you coach?

CM: Basketball, Softball

GN: Do you like the new high school or miss the old one

CM: It's alright; I like the new one better.

GW: If you could change anything about this school, what would it be?

CM: More structure.

GW: Do you think this school will be more respected than the old high school?

CM: Yes, it already has been.

Mr. Baldwin

GW: How much experience do you have with teaching?

CB: This is my second full year. However, I have worked with high-school students through non-profit activities.

GW: Where are you from? Where have you lived before?

CB: I am from Annville, Kentucky. I have lived in London, Berea, and Lexington, Kentucky. I have also lived in Louisiana and Minnesota. I have traveled to other countries as well.

GW: How do you plan on teaching the students the required criteria?

CB: I will follow the curriculum and I will make it interesting by using technology to make it relevant for the students.

GW: Do you like teaching at our school so far?

CB: I am having a blast. The students and staff are so warm.

GW: What are a few things that you would like your students to know about you?

CB: I want to be an example for the students.

GW: What are your classroom rules?

CB: All I ask is that my students have respect.

GW: Why did you decide to be a teacher?

CB: I wanted to be a college professor at first but, after a while, I decided that I would rather just be a high-school teacher.

GW: Where did you go to college?

CB: I attended Berea College. This is a great option for the students here, seeing how it's not that far away and is a great college. I also earned two degrees from UK.

GW: What age groups have you taught?

CB: 9th and 10th graders. However, I've taught all ages at one point or another.

GW: Is there anything else you would like to say?

CB: Just glad to be here

“I am having a blast!”

-Mr. Baldwin

A Talk to Teens about Parenting

As a teenager, we are sometimes very short-sited. There are very few things we worry about besides friends, clothes, and having fun. There is hardly any thought given to an unwanted or unexpected pregnancy. What if you were to become pregnant or by chance get a girl pregnant during your teen years? How would you react or feel? From the moment conception happens, the teenage life as you know it, changes drastically.

As a teenage mom myself, I know a few things about motherhood and what it's like to have an almost three month old child while trying to finish high school. His needs come first before mine. The many adjustments I had to make during pregnancy and after he was born, have changed my life. I quit smoking and decided I wouldn't be around smoking. I changed my diet as well. I'm not much of a fruit eater, but I decided for my baby I would quit eating or drinking anything that had harmful ingredients or caffeine. I began to eat more fruits, vegetables, and meats. Those things help a baby's brain grow healthy and normal. I chose to only go to places I knew were safe for my child, which meant I would not go to recreational places I enjoyed before I became pregnant or lose rest and sleep. Now I spend my time with bath time, play time, cuddle time, all the jobs that con-

tribute to the care of a baby.

Before my child was born, I never dreamed of how costly his needs could get. That includes the costs of what he needs weekly. When he was born the milk he used was Gerber which costs \$14.97 per can. I learned later that he was lactose intolerant and would need to have a different formula. The doctor decided to put him on Similac which costs \$26.58 per can. Times those cans by 7 to 8 cans per month and I spend \$212.64 monthly on my son's food. I have to have a box of diapers about every two weeks. That cost is around \$48.34. Next add drops, Tylenol, doctor's appointments, and all the extra toys, swings, and bouncy seats, and it gets pretty costly. For a young mother who's in high school who doesn't have a job, things can get very stressful.

Did you know?

- In the U.S. about 820,000 teens become pregnant. That is 34% of teenage girls before the age of 20.
- 79% of teenagers that become pregnant are unmarried.
- 80% of pregnancies are unintended.
- The biggest rise in pregnancy is for girls younger than 15.
- 25% of teen mothers have a second child within 2 years.
- 80% of teenage mothers end up on welfare.

- Daughters of teenage mothers are 22% more likely than their peers to become teen mothers themselves.
- Sons of teenage mothers have a 13% greater chance of ending up in prison than their peers.
- An unwanted pregnancy is one of top reasons teenage girls drop out of high school.

There are a few things you can do to prevent yourself from becoming pregnant. Talk with your parents or the school nurse about sex. Educate yourself about birth control. Then, of course, there is abstinence. Abstinence is the safest solution. Younger women are not built for child birth. Their hips are not yet developed, and they are vulnerable to physical problems for the rest of their lives. If you harm your body at a young age, it never fully heals and you are left with pain and problems for the rest of your life. If you are not physically and mentally ready for a child, take precautions.

Remember:

A baby is for life!

—Nikki Smith



Heard in the Hallways...

Students are happy that the football team finally won a game! A lot of people hope that the football team will win again. Many people think that it is appropriate for the football team to wear their dress shirts and ties because they look more professional and presentable for Jackson County High School. With our new high school, we got a new cafeteria! Compared to last year, there is a lot more students now in each lunch.

The cooks should get more help; they can't do everything by themselves. Students should show them more respect and appreciate them more by cleaning up after themselves. The menu has changed a lot since last year. We get a lot more home cook meals. We are supposed to get the slushy machines working and now we may even nachos! We also may be getting a Dance Revolution game! Some students think that it's a

waste of money to buy the games and should be given to sports, but others think that the sports get too much money.

—If you want to contribute to "Heard in the Hallways" see Charity Spurlock or Tabitha Vaughn

Terry Hossler and The Promise Neighborhood by Lauren Cunagin

- GW: Where did you grow up?
 TH: I grew up in Springfield, Missouri, I met my husband there in college. Then we moved to Athens, Georgia., before we moved to Richmond, Kentucky. I worked at Lincoln Memorial University in Cumberland Gap, Tennessee.
- GW: What is your official position at JCHS?
 TH: It's a long title; it's called the 'Post-secondary academic specialist' —through Berea College's Promise Neighborhoods program/grant.
- GW: How long have you been working with JCHS?
 TH: I've been here since February 1st of last year.
- GW: What did you do before you worked here?
 TH: Before I came here, I was based at Berea College for six years with the Gear Up program. I worked with Fred McQueen and a lot of the students here. So it's been an easy transition for me, already knowing some of the staff and students.
- GW: What are the benefits of the Promise Neighborhoods grant?
 TH: It's an interesting grant, because it's cradle to career. We have a number of staff throughout the county working with people from birth to twenty four. The main goal is that residents be really career ready. For many students that means college or technical training —actually for everyone —because high school education just isn't enough anymore; students need more than that.
- GW: What did you hope to gain by using the senior mentoring program?
 TH: First of all, there were multiple points there: one was developing a contact point for incoming freshmen so that when they started out, they already had a face they knew in the upper class. Secondly, the point was to work closely with seniors. I wanted to not only improve their work-ethic, but to improve their leadership skills. It also gave me that chance to build a relationship base because learning 150 names at once is hard.
- GW: Which group of students does your job target?
 TH: My particular job? My job is built like a bull's-eye, my main target (the center of the bull's-eye) is to work with seniors, to have them ready to take the next step. The next ring out is working with other students in the school to help them build the pathway that i'm paving for the seniors or the students that really do need a little extra support. The third ring, is working with students that graduated last year to help them have a successful first year out of high school, be it in college, trade school, or jobs.
- GW: What are the main differences between Gear Up and Promise Neighborhoods?
 TH: The big difference is that Gear UP services were restricted to two years, so it finished last year. They only technically served two particular grades, all the other classes got a nice ripple effect for trips and things, but officially the funds were restricted to just those two grades. Promise Neighborhood has such a wide range, making it possible for Coach Shearer and me to work closely with all students.
- GW: When does the Promise Neighborhoods grant end?
 TH: Right now it's a five year program. Promise Neighborhoods is a presidential initiative. There were only five programs funded in the entire county, but we're the only ones based in a rural format. The other grants were issued to inter-city schools. We really hope to show that we can work hand in hand with the school system and other entities in the county. Our portion works with Owsley County, Jackson County, and Clay County. We're excited to partner with the schools so that nationally the Promise Neighborhood program can grow all over the country and help all students.
- GW: Is there anything else you would like the students of JCHS to know?
 TH: Now is absolutely the time to start talking about next year, seniors particularly need to start working with someone. Even if you're not sure what you want to do-it's never too early to start planning.



“I wanted to not only improve their work-ethic, but to improve their leadership skills.”

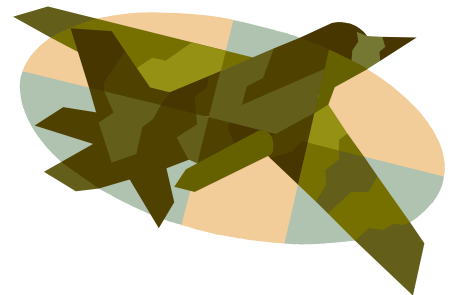
-Mrs. Hossler

"I Am Tough" -by Katie Wagner for September 11th, in honor of her brother

I am tough. I am rough, but when it comes to my hero, he is my brother. He went to the Marines. He means the world to me. If I could hear his voice it would make me happy, but "I am tough," he told me in his eyes. He told me this is what brothers are for. I take it as I am tough, but the tears come running down my face. I say to myself "Be tough and rough." Just a few more weeks and he will be home for me to hold in my little arms again. So, do I take this? Yes because I am tough, just for my brother. He is MY HERO! He taught me how to be strong, not weak, and to be tough; let everything go over my head. I am tough, but my brother is tougher. I am tough; I watched my brother leave me on September 4th, 2012. I am tough; it takes things to be tough and rough. I am tough, I miss you being near. I may never have to go through the things you have, my brother, but this is what sisters are for! I am tough and rough, but sometimes it is rough to get you off my mind. I am tough, and I wonder where you are. I miss out little play fights, but I am tough for my brother. I am tough and this is what you're for. I fight every-

day for you brother, for you my brother. This house is like a tomb without you brother, so you come back, you hear. I let you see my tears; I wonder where or if you have my tears from the night you left my eyes, bubby? I am tough. I may never have to experience the nights you have, but that's what sisters are for. I am tough, but not as tough as you are, my brother, Justin. You're the one who makes me tough and because of that I am tough. This is what brothers are for. I miss you and our little play fights. I still wonder where you are, my brother. You are MY BEST FRIEND! I am tough. I run singing out the song "What Brother Are For" by Dean Brody. I am tough, like you, but I still hide in my room. I try to deny that there is war, but I still run to our spot in the maple woods, and I am tough standing there for you, my brother. Then I run back home and get my fishing pole, and wonder where you are. I am tough like you my brother, Justin. I am a tough Marine sister for you! I am tough like the military men, but I still cry like you all do. You say goodbyes, and we cry to let you know "WE LOVE YOU!" I am tough and let

you see the tears that you have also cried. I am tough. I have heroes, but you Justin you are the only one I call mine! I am tough. Sometimes freedom is hard to live with, and it takes the things you don't wanna give away. I said "Come back here; play in the fields." I am tough for you to love me that much. You are here to see me grow and see me make it through this. I am tough. I have a smile and a brother like you! MY HERO!



Football Scores

Home game against Paris

Jackson County-22 Paris-46

Away game at Lawrence

Jackson County-8 Lawrence-42

Home game against Breathitt

Jackson County-14 Breathitt-36

Away game at Trimble County

Jackson 18 Trimble—0

Sports News!

Girl's Volleyball Scores

11 wins

9 Losses

Get out and support
our winning team!



Golf News

The Jackson County Golf Team added another Title to their list of accomplishment for the 2012 season. This Title is Southeast Kentucky Golf Conference Tournament Champions. The Generals finished the regular season undefeated in conference play and earned the Title Regular Season Champions and Monday Sept. 17th while playing in a steady rain was able to put together a terrific run during the tournament and was able to finish with a three stroke lead over Kentucky's 4th ranked Corbin Redhounds. This was another tremendous win for our program by winning the Regular Season and following it up with a tournament win is great. The Generals were led by Zach Norris with a 2 under par performance which held up as the best round of the day. Tyler McDaniel finished with a 36 even par to claim run-

ner-up as an individual and Cody Ellis of Corbin and Jacob Anderson finished tied for third with a 38. Logan Estridge finished with a 41, Reed Akemon 46, and Jarron Hignite 47. This gave the Generals 159 to capture SEKGC Crown. The SEKGC named Zach Norris and Logan Estridge as ALL CONFERENCE and Jacob Anderson was Honorable Mention All Conference. Congratulations to the General Team and their parents and fans who braved the great outdoors to witness the Generals in action.

Ed Morgan, Jr.



Golf Stats

9-8-12

Logan Estridge 78
 Zach Norris 79
 Jacob Anderson 82
 Jarron Hignite 80
 Reed Akemon 86

All "A" State Tournament Eagle's Nest

Jackson County State Champions
 St. Mary
 Newport Central Catholic
 Kentucky Country Day
 Lexington Christian
 University Heights
 Glasgow
 Owensboro Catholic
 Elliott County
 Green County
 Paintsville
 Hazard
 Nicholas County
 Owen County
 Louisville Holy Cross

9-10-12

Logan Estridge 38
 Zach Norris 33
 Jarron Hignite 43
 Jacob Anderson 43
 Reed Akemon 48

Match at Crooked Creek 19-0

Jackson County 157
 North Laurel 176
 Whitley County 218

*For a complete run-down of stats,
 see Ed Morgan*

The Golf Team from
 left to right:

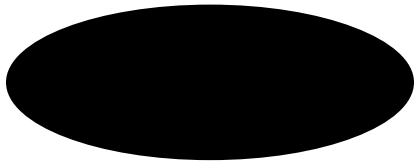
- Ed Morgan
- Reed Akemon
- Zach Norris
- Logan Estridge
- Jacob Anderson
- Jarron Hignite



JCHS

If you have news to include in the paper please E-mail Mrs. Smith:
carolyn.smith@jackson.kyschools.us
Or bring it by room 101

Editor: Mrs. Sue Smith




The General Word

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Brittany Smith

Ashley Smith

Brandon Trent

Cody Cheek

Student Spotlight



Introducing Cheyenne Nolan!
Cheyenne lives in Blackwater, Kentucky and is a junior here at JCHS. Her favorite color is blue which is fitting considering she wants to attend the University of Kentucky. In college she'll major in art and education in preparation to become an art teacher and eventually an art professor. If Cheyenne were a tree she'd be a willow tree. (Cheyenne is also this weeks featured artist)

Student Art Spotlight



Chyenne Noland
11th grade