



The Newbury Elementary School Newspaper

January 30, 2015

Volume 2, Issue 19

Inside this issue:

Barynya	1
We Are 1 Triton	1
Kindergarten Update	2
Triton Winter Marching Show	2
From the Health Office...	3
Museum of Science	4
Byfield Newbury Little League	4
PTA Update	5
Calendar	6
Did You Know?	6

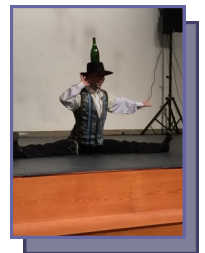
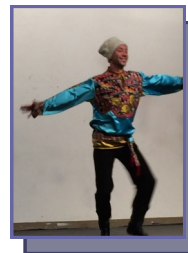
Barynya – Russian Traditional Dancers



On Thursday, the NES community was fortunate to have the cultural enrichment program BARYNYA perform two shows. The program of Russian traditional dancing, singing, and music was enjoyed by all. The show included the Dancing Bear Mascot as well as Ukrainian, Gypsy, Jewish and Russian music and dance. Live music was performed on the accordion-garmoshka, guitar and balalaika and performers showcased several traditional costumes with many costume changes. Students participated in a short Russian dance (in their seats, standing up) as well as a Russian alphabet lesson. Thank you NES PTA for sponsoring such a wonderful event!



Barynya was funded in part by a grant from the Newbury branch of the Massachusetts Cultural Council.



We Are 1 Triton

NES joins the Middle/High schools in celebrating "We Are 1 Triton" week February 9th-13th. The week will follow tenets of No Name Calling Week (NNCW) sponsored by GLSEN and will promote kindness, unity, and community among our students and schools. According to GLSEN publications, "NNCW exists to ensure that all students feel safe and respected and develop respectful attitudes and behaviors".

We will be holding the following dress up days **February 9th-13th** :

Monday: Wear red/white and blue to stand "united" against bullying.

Tuesday: Wear your favorite winter shoes to understand how it feels to walk a mile in someone's shoes.

Wednesday: Wear mismatch clothing to show that we are all different and that we can appreciate each other's differences.

Thursday: Wear backwards shirts to show that words hurt and you can't take them back. It also shows that a good person has others backs.

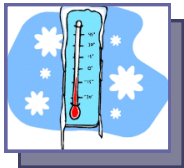
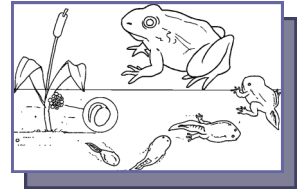
Friday: Wear Triton clothing to show that we all come together as a team.



Newbury Elementary School
63 Hanover Street
Newbury, MA 01951
(978)465-5353
Fax: (978)463-3070
Website:
<http://newbury.trsd.net>
Blog:
<http://newburyelementaryupdate.blogspot.com>

Kindergarten Update...

In kindergarten, we have welcomed our new class pets: tadpoles! We have begun our science study of life cycles and will be examining the development of our tadpoles like scientists. Throughout the rest of the year, we will be observing and recording the changes that occur within our tadpoles in our science journals, both with illustrations and writing. Soon, we will also study the life cycle of a plant by growing an amaryllis flower in class!



In science, we have been learning about the changes the winter season brings. We discuss and record the temperature daily and are learning that the lower the temperature, the colder it is outside (burr!). We have also been studying how different animals adapt to the winter season through hibernation, migration, and adaptation.

In social studies, we have been learning about Martin Luther King, Jr. and how his contributions and bravery have helped to make our country a better place. The children have worked hard writing about what makes a hero and how they might make the world a better place some day, too!



The focus of our math lessons this month has been on measurement. The students are understanding what length is, identifying the longest dimension of an object and are comparing lengths of different objects. Students use cubes and craft sticks

to measure and compare lengths of shoes, strips of tape and other objects. Another form of measurement we are discussing is weight. Using a pan balance, the students compare weights of different objects in the classroom. Our lessons continue with our math specialist Mrs. Paige. The focus has been on identifying teen numbers and the decade numbers.



We have started learning how to write our uppercase letters in Foundations this month. We have also begun to start tapping out simple consonant-vowel-consonant words to begin reading. Children are practicing this strategy when trying to write simple words in the classroom and in reading our question of the day each morning.


Presents: Triton Winter Marching Show 2015




Winter Guards and Percussion Ensembles will travel to Triton to compete in this NESBA* sanctioned event

**Admission: \$10 adults
\$8 students & seniors**

FEBRUARY 7, 2015 5:00-7:30pm
 (Performances begin promptly at 5:00pm)

TRITON REGIONAL HIGH SCHOOL
112 Elm Street, Byfield, MA 01922

*NESBA: New England Scholastic Band Association



"Quality is not an act,
 it is a habit."

-Aristotle

From the Health Office...

THE FLU

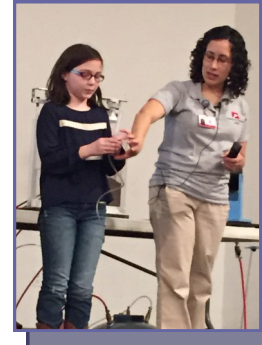


Parents often ask me how they can tell the difference between a cold and the flu. Below, I have tried to summarize the key differences between the two. If you or your child is experiencing flulike symptoms, it is best to stay home, get plenty of rest, and try to increase your fluid intake. You can also talk to you doctor about over-the-counter and prescription medications to ease flu symptoms and help you feel better faster. Here is a helpful link with more information about flu symptoms, treatment and care. <http://www.flu.gov/symptoms-treatment/index.html>

SYMPTOM	COLD	FLU
Fever	Fever is rare with a cold	Fever is usually present with the flu in up to 80% of all flu cases. A temperature of 100 degrees or higher for 3 to 4 days is associated with the flu.
Coughing	A hacking, productive (mucus producing) cough is often present with a cold.	A non-productive (non-mucus producing) cough is usually present with the flu (sometimes referred to as dry cough).
Aches	Slight body aches and pains	Severe aches and pains
Stuffy Nose	Stuffy nose is usually present and resolves within a week.	Stuffy nose is not usually present
Chills	Chills are uncommon	60% of people who have the flu experience chills
Fatigue	Tiredness is present but typically mild.	Tiredness is severe with the flu.
Sneezing	Sneezing is common.	Sneezing is not common.
Sudden Symptoms	Cold symptoms tend to develop over a few days.	The flu has a rapid onset within 3-6 hours. The flu hits hard and includes sudden symptoms like high fever, aches and pains.
Headache	Headaches are uncommon with a cold.	A headache is very common with the flu, present in 80% of flu cases.
Sore Throat	Sore throat is commonly present with a cold.	Sore throat is not commonly present with the flu.
Chest Discomfort	Chest discomfort is mild to moderate with a cold.	Chest discomfort is often severe with the flu.

Museum of Science visits NES Fifth and Sixth Graders

The Museum of Science came into NES last week to share a presentation about weather and the water cycle. Students did experiments and even created a cloud in our own NES auditorium! Fifth and sixth graders asked questions, participated in experiments, and got excited about science. Thank you to the NES PTA for sponsoring such a wonderful program!



Important BNLL Information & Upcoming Events (January 2015)

1/23 Parent Information & League Appreciation Night

Byfield Newbury Baseball & Softball is holding our Parent Information & League Appreciation Night this Friday, January 23rd from 7-8:30pm at the Triton High School Gym.

Baseball and softball families will have a chance to learn more about the upcoming season while the kids enjoy pizza, have a light skills and drill session, and play games to earn prizes.

In addition, we expect the Triton varsity baseball and softball coaches to introduce themselves to parents and provide insight on the future of their respective sports.

Of course, you will have the chance to register your softball and baseball players on site if you haven't done so already online at www.byfieldnewburylittleleague.com. We do encourage online registrations whenever possible.

Please remember that all Double A, Triple A, and Major level baseball players, (grades 2-6) must be registered for this season prior to player evaluations on January 31st.

1.31 Player Evaluations at Governor's Academy

Player evaluations for baseball and softball players will take place between 9-1:00pm at Governor's Academy on Saturday, January 31st. This event is essential for the league in determining appropriate levels of play for each player as well as in ensuring that the teams are evenly matched. Please refer to the schedule below.

Player Groups:

Tryout/Evaluation Times:

Player Groups:	Tryout/Evaluation Times:
Softball players (all ages)	9-10:00am
1 st /2 nd grade baseball players (A/AA)*	10-11:00am
3 rd /4 th grade baseball players (AAA)*	11-12:00pm
5 th /6 th grade baseball players (Majors)	12-1:00pm

*Of Note: *Any 2nd graders who want to be evaluated for Triple A must attend both the 10am and 11am evaluations. Any 4th graders who want to be evaluated for Majors must attend both the 11am and noon evaluations. T-Ball Players are not required to attend evaluations.*

Don't forget to follow us on our new Facebook and Twitter Pages:

- Like and share our new Facebook page (Byfield Newbury Baseball & Softball) with your friends.
- Follow us on Twitter at @bnllupdates

We look forward to seeing you Friday Night and at Player Evaluations. The BNLL Baseball & Softball Board!

The NES Newt –paper is published by Amy Pasquarello on a weekly basis. If you would like to submit something to be included in the NES Newt-paper, please email your information to apasquarello@trsd.net by the Wednesday before the newsletter is published.

“THE TRITON REGIONAL SCHOOL COMMITTEE NEITHER SPONSORS NOR ENDORSES THE INFORMATION IN THIS NOTICE OR THE PUBLISHER”

PTA Update...

Oregano's Fundraiser Postponed until February 11th

This week's fundraiser at Oregano's was postponed because of the storm to February 11th. On Wednesday, February 11th, Oregano's Pizzeria and Ristorante on Pleasant Street in Newburyport will donate 20% of all checks to the PTA! The restaurant is open 11:30 am-9:30 pm and offers dine-in and takeout service.

PreK-Grade 2 staff and special guests will be moonlighting as hosts and wait staff 4:30 pm to 6:00 pm and Grades 3-6 plus surprise staff will work 6:00-7:30 pm. Come for dinner, an afterschool snack with the family, grab lunch with a friend or takeout for the office.

Reservations for dinner hours are strongly encouraged. Call 978-462-5013 for reservations and takeout.

TONIGHT! Family Movie Night

The PTA is sponsoring a Family Movie Night at NES tonight at 7:00 pm. Please join us for the showing of a recent release (licensing agreement says we can't write the title here but flyers were sent home with the title.) Admission is free, though donations are welcome. Popcorn and drinks will be available to purchase at the movie. All students must be accompanied and supervised by an adult.

Book Swap Collection is next week!

Start collecting your used books... the Third Annual Used Book Swap is coming!

Books will be collected in the classrooms this Monday through Friday.

Please send in books that other classmates in your grade would enjoy and remember there is no maximum for how many books you can bring in! Then, during the second week of February, students will be able to swap their used books for others during their scheduled library time.

Volunteer at the Book Swap

Come help out at the Book Swap. Volunteer as little as one shift or as many as you wish!

Click [HERE](#) to sign up!

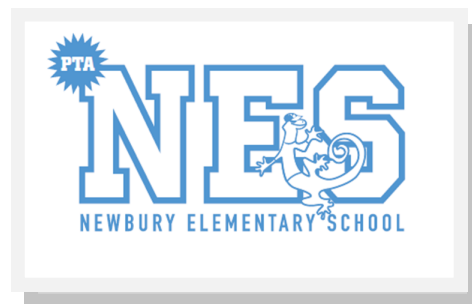
The kids LOVE this event. Included in the location column are the teachers' names whose classes will be at the fair during that time slot if you would like to come when your child is there. Volunteers will be assisting students with book choices and/or helping with checkout.

Help needed for Spring Fling and Family Auction

We are looking for people to help solicit items for our auction that will be held on March 27th. As the saying goes, many hands make light work! If we each are willing to knock on a few doors or make a few phone calls, it won't be too long before we have a full auction catalog! Our goal this year is to have all our items secured by February 28th. If you have a good relationship with a local business, that's a great place to start.

Please contact event chair Elise Carner at elisecarnermail@gmail.com or call her at [\(508\) 423-7256](tel:5084237256) and you will be walked through the next steps.

This will be our largest event of the year and we need your help to make it a success!





February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 4:15 School Council 7 pm School Committee	5	6 Half Day: Professional Development NES Ski 12-6	7
8	9 Book Swap "We Are 1 Triton" week	10 Book Swap 7:30 am Student Council 6:30 pm PreK Information Night	11 Book Swap World of Jump Roping 11:30 am -9:00 pm PTA Oregon fundraiser 7 pm School Committee	12 Book Swap	13 Book Swap NES Ski 3-6	14
15	16 Schools Closed: Winter Vacation	17 Schools Closed: Winter Vacation	18 Schools Closed: Winter Vacation	19 Schools Closed: Winter Vacation	20 Schools Closed: Winter Vacation	21
22	23	24 7:30 am Student Council	25 7 pm School Committee	26 3:15 Technology Committee	27	28

School Cancellations/Delayed Openings...

The district's automatic phone messaging service (Blackboard Connect) will notify parents of school closings, delays, and other important information. Please make sure your contact numbers stay current.

In the event of school cancellation or delayed opening, parents should be aware of the following methods of notification:

1. "No School" or delayed school opening announcements are made on the following radio and television stations or internet:

WBZ Radio (1030 AM) and Television (Channel 4)

WNBP, WHAV, WHDH - Radio

www.trsd.net

2. Starting at 6:00 am, notice will be given to these stations that school will either be called off for a full day or that the opening will be delayed.

3. On delayed opening days, school will start at 10:25 am. Students should be at their bus stops approximately two

Did you know?

hours later than the regular time. There will be no morning preschool or kindergarten sessions. School lunches will be served and students will be dismissed at the regular time.

4. If weather conditions do not improve or worsen on delayed opening days, a "no school" announcement will be made at 8:00 am.

5. The Fire Department whistle procedure on "no school" days is as follows

- Signal at 6:30 am - Warning Signal - Either school is called off for a full day or delayed opening. Radio and television stations should be used to clarify.
- Signal at 8:00 am - only if decision has changed from a delayed opening to cancellation for a full day.

