

2015-2016

**WESTWOOD HIGH
SCHOOL**

**ATHLETIC
HANDBOOK**

NICE COMMUNITY SCHOOL DISTRICT

ATHLETIC PROGRAM GOALS

A goal of any team entering a competition is to win the competition. Therefore, coaches shall make a sincere effort to allow each member of an athletic team (participating in a sport which normally allows player substitution) an opportunity to play, membership on a team does not guarantee participation in every competition.

Component sports of the interscholastic athletic program shall:

- *afford all students the opportunity to improve physical fitness through strenuous activities that are planned and supervised.
- *provide a controlled environment within which athletes will learn the significance of rules and regulations and to respect those who enforce them.
- *develop courage through the challenge of competition.
- *develop in athletes the high ideals of sportsmanship including fair play, poise and humility, pride and compassion in victory or defeat.
- *emphasize team work, team identity, and the role of each participant as a team member.
- *teach athletes to be loyal to those with whom they work and play and to the school they represent.
- *teach athletes to strive to win utilizing strength and skill developed through rigorous self-discipline.
- *cause participants to develop self-awareness by helping them strive to reach their physical and mental limits.
- *teach participants to set goals and subsequently work to achieve them.
- *foster an appreciation of the role sports may play in enhancing the quality of life.

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ATHLETIC CODE

A. GENERAL REGULATIONS

Athletes and their parents (or guardians) must sign the Athletic Policy Form indicating that they have received, read, and understood the athletic policies, and will abide by, and support them. This form must be in the hands of the Athletic Director before the athlete is permitted to compete. This procedure applies for each and every sport and applies to each and every participant every time they participate.

Regulations for General Conduct Drugs, Alcohol, and Tobacco (Smoking or Chewing) apply:

1. **24 hours per day**
2. **12 months per year**
3. **for the duration of the participant's tenure at Westwood High School**

B. VIOLATIONS

GENERAL CONDUCT

- a. In the school's judgement, an athlete whose attitude or actions in school, out of school, or while participating in athletics that are detrimental to the philosophy of the athletic program is in violation of the Athletic Code. **Such actions will result in discipline leading up to and including dismissal from a team.**
- b. If an athlete is SUSPENDED FROM SCHOOL for disciplinary reason, the athlete will not participate or practice in sports until he or she is reinstated in school.
- c. When an athlete is suspended for disciplinary reasons that require a board hearing for reinstatement, the athlete will automatically be suspended from sports until the matter is resolved.
- d. **A Student-athlete who has, by way of the courts, been proven to have committed a crime (misdemeanor or felony), shall be subject to penalties contained in the Athletic Code.**

1. Alcohol and Drugs

Any athlete who is in possession of, under the influence of, or exhibits evidence of having consumed an alcoholic beverage or other substances (including but not limited to anabolic steroids, abuse of prescription drugs, etc.), or transfers drugs or alcoholic beverages or other substances which produce abnormal behavior is in violation of the Athletic Code.

A student-athlete may be deemed to be in “possession” of alcohol or a controlled substance, behavior altering substances or look-alike drugs, in situations where the substance might not be physically in the student-athlete’s hand, but where the substance is under control of the student-athlete or where the student-athlete is present and knowingly associating with others who are knowingly in possession of such substances. A student-athlete should avoid such situations where he/she might be found to be in possession.

2. Tobacco

Possession of or use of tobacco products is in violation of the Athletic Code.

A student-athlete may be deemed to be in “possession” of tobacco in situations where the substance might not be physically in the student-athlete’s hand, but where the substance is under the control of the student-athlete or where the student-athlete is present and knowingly associating with others who are using or knowingly in possession of such substances. A student-athlete should avoid such situations where he/she might be found to be in possession.

3. Parties/Presence at Parties with Drugs/Alcohol

If a student-athlete attends a party where alcohol or drugs are being illegally dispensed, the student-athlete must leave the party immediately and report their presence to their Coach. If a student-athlete fails to report their presence at a party and evidence comes to the attention of administration that the student-athlete was in attendance, the student-athlete will be judged to have been in possession or guilty by presence.

C. PENALTIES FOR ATHLETIC VIOLATIONS

1. First Violation

Suspension for 50% of the current or next season of competition.

OR

1. Suspension for 25% of the current season or next season of competition.
2. Substance assessment within 14 days.
3. Follow through with the recommendations.
4. Weekly drug testing for one month. Monthly drug testing for three months. Random drug testing for one calendar year. Drug testing must be conducted by a qualified agency and be supervised. The initial drug test will be used as a baseline test.
5. Re-admittance meeting with athlete, parents(s), coach, principal, vice principal, and athletic director.

6. Failure to follow any of the alternative consequence will result in the immediate administration of the original penalty (this includes missing a scheduled drug test). Failing a drug test will result in the consequence for the next offense.
 - * All assessment and/or testing will be at the expense of the student athlete's family.
 - a. After an investigation and evaluation of the facts, the high school principal or athletic director and the head coach will jointly suspend the athlete from participating in a percentage of the total regularly scheduled athletic contests the athlete is presently participating in or will be in. (Cancellation of an athletic contest(s) will not apply to the percentage penalty).
 - b. If the violation comes at the end of the sport season in which the athlete is participating where there are less than 25/50 % of the sport contest remaining, the athlete will be suspended from the remainder of that sport season and the remaining portion of the 25 % in the next sport in which the athlete participates in.
 - c. Because the number of athletic contest varies from sport to sport, the percentage penalty may mathematically include a portion of an athletic contest. In the event that this happens and the portion is .5 or less, the penalty will be rounded off to the smallest number of athletic contests, and if the portion is .6 or greater, the penalty will be rounded off to the next highest number.
 - c. If an athlete is participating in a sport at the time of the athletic violation, the athlete must continue to practice in that sport.
 - d. An athlete who is suspended from participating in athletic contests because of an athletic violation will not suit up for a scheduled contest(s), will not travel with the team, and will not sit on the bench with the team. The suspended athlete must pay admission to the school contest(s), if the athlete wishes to attend.
 - e. An athlete who is under suspension because of an athletic code violation may not go out for a sport which is already in progress.
 - f. The high school Principal or Vice Principal designee will call a conference with the athlete, both parents or guardians of the athlete, Athletic Director, and the head coach (when available) informing them of the infraction of the rules. The person making the accusation will be present or a signed statement must be present. The parent or guardian will be informed in a letter that the next infraction of the rules will result in the student receiving a one year suspension from all sports.
 - g. The student may receive counseling by coaches and/or any other qualified person, if deemed necessary.

- h. An athlete who is under suspension because of an athletic code violation may not go out for a sport, which is already in progress.

2. Second Violation

The athlete will not be able to participate in any interscholastic athletics for one year from the date of the second violation.

- a. Parents will be notified in writing.

3. Third Violation

The athlete will not be able to participate in interscholastic athletics for the rest of his or her tenure at Westwood High School.

- a. Parents will be notified in writing.

4. Due Process and Appeals Procedure

The interpretation and enforcement of this code will be the responsibility of the Westwood High School Athletic Director together with the coach of the specified sport involved. A coach shall have the authority to direct a student-athlete to leave practice or a game immediately whenever the presence of the student-athlete poses a threat, or is grossly disruptive, disrespectful, or unsportsmanlike to anyone or the normal athletic process. Only the Westwood High School Athletic Director or Principal shall be empowered to impose a suspension on a student-athlete for a violation of this Athletic Code.

- a. Minimum due process must be afforded that athlete before the suspension is imposed. This includes oral or written notice of the charges, and explanation of the evidence and an opportunity for the athlete to present his/her side of the story. All of these requirements will be met at the time the suspension is imposed.
- b. Parents may request a conference with the Principal to appeal the suspension. Such requests shall be made within the period of the suspension. The Principal shall affirm or modify the terms of this action within two school days from the date of the conference.
- c. Within three school days from the date of the conference the parent may appeal the Principal's decision to the Superintendent of schools or his designee. The Superintendent shall affirm or modify the decision of the Principal within two school days from hearing the appeal.
- d. The parent may appeal the Superintendent's decision to the Board of Education at a subsequent meeting.

GENERAL INFORMATION

A. ARRIVAL AND DEPARTURE TO AND FROM PRACTICE SESSIONS

Before and after practice sessions, all athletes must remain in the locker room area. To leave the area to go to any other part of the building, the athlete must have permission of the coach.

B. ATHLETIC AWARDS

Because of the difference of one sport to another, the requirements and/or criteria for awarding athletic awards is left up to the head coach of the sport for Sophomores and Freshman who compete at the varsity level. If a Junior or Senior participants in a sport through attending practices, games, meetings and any other coach directed team activity, then they shall be awarded a varsity letter in that sport.

WESTWOOD HIGH SCHOOL LETTER JACKETS WILL BE MADE AVAILABLE AFTER THE ATHLETE HAS SUCCESSFULLY COMPLETED A FULL ATHLETIC SEASON AND HAS BEEN AWARDED THEIR NUMERALS, A JUNIOR VARSITY LETTER, OR A MAJOR VARSITY LETTER.

C. ATHLETIC SPORTS PASS

All students attending NICE Community Schools will receive an Athletic Sports Pass free of charge to attend any home sporting event excluding tournament play. Replacement cost of I.D. is \$3.00 if lost or damaged.

D. BANQUETS (FALL, WINTER, AND SPRING)

The Westwood High School Booster Club sponsors an athletic banquet at the conclusion of the sport season. With the exception of the spring season, where an ice cream social held at Meet the Patriot will culminate the season and awards will be presented at individual team banquets. Each and every athlete is expected to attend. In the event that an athlete is unable to attend, he or she must inform his or her coach and be excused to receive an award. Encourage your parents to attend.

E. BOOSTER CLUB

The Booster Club is composed of parents and interested persons that help boost the Westwood High School Program. Meetings are held in the Media Center usually every second Monday of the month at 6:30 p.m. Encourage your parents to join the Booster Club and attend the meetings.

F. CURFEW

Curfew hours apply only while the participant is engaged as a member of a team and discretion of the coach.

G. DROPPING OUT OF A SPORT

An athlete who quits or is dropped from an athletic squad after the first interscholastic contest cannot participate in another sport until the sport dropped completes its season.

An athlete who quits or is dropped from a squad automatically forfeits all athletic awards-letter awards, conference, U.P., State honors, and banquets for that sport.

H. ELIGIBILITY-ACADEMIC

1. Previous Semester Record

No student shall compete in any extracurricular activity during any semester for a period of 60 scheduled school days following a deficiency. A student must have at least (30) credit hours of work (passing 6 out of 7 classes) for the last semester during which he/she was enrolled. Transfer students shall have met the academic eligibility standards of the school in which they had been enrolled during the previous semester.

2. Current Semester Record

No student shall participate in any extracurricular contest or event who does not have a passing grade, from the beginning of the semester to the Friday preceding the contest or event in studies aggregating at least thirty (30) credit hours per week (passing 6 out of 7 classes).

3. Patriot Online Academy

Patriot Online Academy students must show significant progress in their online class(es) to be considered eligible.

I. EQUIPMENT

In most cases you have the finest equipment money can buy. Each athlete is responsible for their equipment. Any lost, damaged, or unreasonable wear of your equipment, you will be required to pay for the loss, damage, or unreasonable wear.

J. INSURANCE

All athletes must be covered under a Health Insurance Plan. The parents (or guardians) are responsible for securing health insurance for the athlete.

K. JOB OR ATHLETICS

While part-time jobs may be financially necessary they must not conflict with practices or contests.

1. An athlete will not be permitted to be late to, or leave practice early, miss a practice, or miss a regularly scheduled contest because of work.
2. Exceptions may be made in the case of cancellations of regularly scheduled contests that are rescheduled for a later date.

L. PARTICIPATION FEE

Participation fees enable our athletic programs to be supported financially. A participation fee is not to be interpreted as a "pay-to-play" fee, and paying such a fee does not secure or guarantee playing time on athletic teams.

REGULATIONS

1. A fee of \$80 per athlete per sport is required. The family maximum ("cap") is \$300.00/year. However, if a student participates in a sport during the fall, winter and spring seasons, the participation fee would be \$40.00 for the spring sport.
2. The fee is payable after teams are chosen or by the **first official regularly scheduled contest.**
3. The fee is refundable up to the time of the first regularly scheduled contest.

M. PHYSICAL EDUCATION CLASS

Swimming/Physical Education Survey is required in your freshman year of high school. After you earn credit for Swimming/Physical Education Survey you may take other physical education classes as an elective. Physical Education is given full academic credit as is English, Math, Science courses, etc. Therefore, all athletes must participate in Physical Education full time and on a regular basis, including days of athletic contests.

O. PHYSICAL EXAMINATIONS

All athletes must have a physical exam card on file in the Athletic Director's office **before** he or she may practice or participate in a sport. One physical card must be completely filled out and signed by the parent or guardian of the athlete. Be especially careful to check to see that the name of your **insurance company** is filled in.

P. SCHOOL DAY EXCUSES

Athletes will be excused from class if it is necessary to leave for an athletic contest. The athlete must make prior arrangements for make-up work with the teachers for the classes he or she will miss.

In order to practice or compete in athletics, athletes must be in attendance during the school day.

Occasionally due to weather conditions or bus trouble, athletes and coaches arrive back at Westwood at a late hour. All athletes are expected to attend school the next day regardless of what time you get home the night before.

Q. SEASONS OF COMPETITION

Athletes are allowed to participate in two (2) inter-scholastic sports per athletic season. The maximum number of sports an athlete may participate in, during one school year is four. In the event an athlete wishes to participate in two sports concurrently, he/she must have advanced written approval of both coaches, parent(s), and the Athletic Director.

***This decision will be final and is not subject to appeal.**

If participating in two sports concurrently, the student must designate one sport as the primary sport and one sport as the secondary sport. A student participating in one sport or in a primary sport (if participating in two sports) will not be displaced from a varsity starting lineup or from the lineup for varsity team points by a student competing in the same sport as his/her secondary sport. As an example, a student who is participating in football as a primary sport and participating in cross-country (or who has designated cross-country as a primary sport) from the varsity lineup for team points.

Procedure:

The athlete must make the Athletic Director and coaches aware of interest of concurrent participation prior to the first day of practice.

The athlete, parents, coaches, and A.D. must meet to discuss participation guidelines **if approved.**

1. Note that a student participating in a sport will not be displaced from a varsity starting line-up or from the line-up from the varsity team by a student competing in the same sport as his or her secondary sport.
2. Dual sport athletes may not participate in two varsity contests on the same day.

3. Participation in the primary sport requires attendance at both the practices and games.
4. If an event needs to be rescheduled for some reason and the rescheduled contest occurs the same day as the other sport contest, dual sport rules still apply regarding participation.
5. Dual sport athletes will pay a graduated participation fee: \$80 for the primary sport, \$40 for the secondary sport.

The Athletic Director may rescind the request during the season if the decision proves to be detrimental for any reason. ***Any decision to rescind is not subject to appeal.**

R. TRAVEL

All athletes must travel **to** and **from** athletic events in vehicles arranged for by the school.

S. TRAINING ROOM

The training room is only to be used for treatment and rehabilitation of athletics and physical education related injuries. At no time should any athlete be in the training room or use any athletic supplies without the permission of the coach.

T. REMEMBER **All** athletes must have the following on file in the Athletic Director's office before they may participate in interscholastic athletics:

1. Physical Cards (before the first practice)
2. Athletic Code/Insurance Waiver
3. Proof of insurance (stated on physical card)
4. Fees to Participate (by the first contest)

POLICY FOR TRANSFERS FOLLOWING VIOLATIONS OF A SCHOOL'S STUDENT/ATHLETIC CODE

Westwood High School will enforce upon a transfer student any period of ineligibility to which that student would have been subject because of a student or athletic code violation(s) at that student's most recent previously attended school.

A student who transfers to Westwood High School after becoming ineligible because of a student or athletic conduct code violation(s) at the previously attended school shall remain ineligible at Westwood High School for not less than the period of ineligibility imposed by the previously attended school. This would be the case even if the student's situation would otherwise satisfy one or more of the exceptions to the transfer regulation of Westwood High School and the Michigan High School Athletic Association (Regulation 1, Section 9). Previous suspension will be imposed even if the act which caused the student's period of ineligibility at the previous school would not be a violation or cause the same period of ineligibility at Westwood High School.

That student was subject to the rules and penalties of the previous school, and shall not be allowed to escape the consequences of his/her conduct and, in doing so, displace students of Westwood High School from teams, positions, events and awards until the full period of ineligibility has been served.

A student transferring with an athletic suspension that violates the Westwood High School Athletic/Student Handbook would be placed on the next appropriate step of the Westwood High School Athletic Code.

COLLEGE-BOUND ATHLETES

Athletes who are planning to participate in interscholastic athletics on the collegiate level should be aware of NCAA eligibility requirements. This information can be found on pages 12-13 of this handbook. Interpretation of and questions concerning the NCAA requirements should be directed to Westwood High School's Athletic Director.

NCAA "CORE CLASSES"

The NCAA Initial-Eligibility Clearinghouse has the following Westwood High School courses on file as meeting NCAA core course guidelines. The courses listed below have been approved by the NCAA and will be used to certify that initial eligibility of student-athletes from Westwood.

NCAA ELIGIBILITY CENTER QUICK REFERENCE GUIDE



NCAA Division I Initial-Eligibility Requirements

Core Courses: (16)

- **Initial full-time collegiate enrollment *before* August 1, 2016:**
 - **Sixteen (16) core courses** are required (see chart below for subject-area requirements).
- **Initial full-time collegiate enrollment *on or after* August 1, 2016:**
 - **Sixteen (16) core courses** are required (see chart below for subject-area requirements).
 - Ten (10) core courses completed before the seventh semester; seven (7) of the 10 must be in English, math or natural/physical science.
 - These courses/grades are "locked in" at start of the seventh semester (cannot be repeated for grade-point average [GPA] improvement to meet initial-eligibility requirements for competition).
 - *Students who do not meet core-course progression requirements may still be eligible to receive athletics aid and practice in the initial year of enrollment by meeting academic redshirt requirements (see below).*

Test Scores: (ACT/SAT)

- Students must present a corresponding test score and core-course GPA on the sliding scale (see Page No. 2).
 - **SAT:** critical reading and math sections.
 - Best subscore from each section is used to determine the SAT combined score for initial eligibility.
 - **ACT:** English, math, reading and science sections.
 - Best subscore from each section is used to determine the ACT sum score for initial eligibility.
- All ACT and SAT attempts *before* initial full-time collegiate enrollment may be used for initial eligibility.
- **Enter 9999 during ACT or SAT registration to ensure the testing agency reports your score directly to the NCAA Eligibility Center. Test scores on transcripts will not be used.**

Core Grade-Point Average:

- Only core courses that appear on the high school's List of NCAA Courses on the NCAA Eligibility Center's website (www.eligibilitycenter.org) will be used to calculate your core-course GPA. Use this list as a guide.
- **Initial full-time collegiate enrollment *before* August 1, 2016:**
 - Students must present a corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.000) on Sliding Scale A (see Page No. 2).
 - Core-course GPA is calculated using the **best 16 core courses** that meet subject-area requirements.
- **Initial full-time collegiate enrollment *on or after* August 1, 2016:**
 - Students must present a corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.300) on Sliding Scale B (see Page No. 2).
 - Core-course GPA is calculated using the **best 16 core courses** that meet both progression (10 before seventh semester; seven in English, math or science; "locked in") and subject-area requirements.

DIVISION I Core-Course Requirement (16)	
4	years of English
3	years of math (Algebra I or higher)
2	years of natural/physical science (1 year of lab if offered)
1	year of additional English, math or natural/physical science
2	years of social science
4	years of additional courses (any area above, foreign language or comparative religion/philosophy)

DIVISION I – 2016 Qualifier Requirements <i>*Athletics aid, practice, and competition</i>	
•	16 core courses <ul style="list-style-type: none"> ◦ Ten (10) core courses completed before the start of seventh semester. Seven (7) of the 10 must be in English, math or natural/physical science. <ul style="list-style-type: none"> ▪ "Locked in" for core-course GPA calculation.
•	Corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.300) on Sliding Scale B (see Page No. 2).
•	Graduate from high school.

DIVISION I – 2016 Academic Redshirt Requirements <i>*Athletics aid and practice (no competition)</i>	
•	16 core courses <ul style="list-style-type: none"> ◦ No grades/credits "locked in" (repeated courses after the seventh semester begins may be used for initial eligibility).
•	Corresponding test score (ACT sum score or SAT combined score) and core-course GPA (minimum 2.000) on Sliding Scale B (see Page No. 2).
•	Graduate from high school.

Sliding Scale A		
Use for Division I prior to August 1, 2016		
NCAA DIVISION I SLIDING SCALE		
Core GPA	SAT <small>Verbal and Math ONLY</small>	ACT Sum
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86

Sliding Scale B		
Use for Division I beginning August 1, 2016		
NCAA DIVISION I SLIDING SCALE		
Core GPA	SAT <small>Verbal and Math ONLY</small>	ACT Sum
3.550	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	60
2.700	740	61
2.675	750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840	70
2.425	850	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.299	910	76
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	81
2.125	970	82
2.100	980	83
2.075	990	84
2.050	1000	85
2.025	1010	86
2.000	1020	86

For more information, visit www.eligibilitycenter.org or www.2point3.org.

NCAA ELIGIBILITY CENTER QUICK REFERENCE GUIDE



Division II Initial-Eligibility Requirements

Core Courses

- **Division II currently requires 16 core courses.** See the chart below.
- **Beginning August 1, 2018**, to become a full or partial qualifier for Division II, all college-bound student-athletes must complete the 16 core-course requirement.

Test Scores

- **Division II** currently requires a minimum SAT score of 820 or an ACT sum score of 68. **Beginning August 1, 2018**, Division II will use a sliding scale to match test scores and core-course grade-point averages (GPA). The sliding scale for those requirements is shown on Page No. 2 of this sheet.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the following four sections: English, mathematics, reading and science.
- **When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.**

Grade-Point Average

- Be sure to look at your high school's List of NCAA Courses on the NCAA Eligibility Center's website (www.eligibilitycenter.org). Only courses that appear on your school's approved List of NCAA Courses will be used in the calculation of the core GPA. Use the list as a guide.
- The current **Division II** core GPA requirement is a minimum of 2.000. **Division II** core GPA required to be eligible for competition on or after August 1, 2018, is 2.200 (corresponding test-score requirements are listed on the Sliding Scale on Page No. 2 of this sheet).
- The minimum **Division II** core GPA required to receive athletics aid and practice as a partial qualifier on or after August 1, 2018, is 2.000 (corresponding test-score requirements are listed on the Sliding Scale on Page No. 2 of this sheet).
- Remember, the NCAA core GPA is calculated using NCAA core courses only.

DIVISION II 16 Core Courses

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 3 years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

DIVISION II COMPETITION SLIDING SCALE		
<i>Use for Division II beginning August 1, 2018</i>		
Core GPA	SAT <i>Verbal and Math ONLY</i>	ACT Sum
3.300 & above	400	37
3.275	410	38
3.250	420	39
3.225	430	40
3.200	440	41
3.175	450	41
3.150	460	42
3.125	470	42
3.100	480	43
3.075	490	44
3.050	500	44
3.025	510	45
3.000	520	46
2.975	530	46
2.950	540	47
2.925	550	47
2.900	560	48
2.875	570	49
2.850	580	49
2.825	590	50
2.800	600	50
2.775	610	51
2.750	620	52
2.725	630	52
2.700	640	53
2.675	650	53
2.650	660	54
2.625	670	55
2.600	680	56
2.575	690	56
2.550	700	57
2.525	710	58
2.500	720	59
2.475	730	60
2.450	740	61
2.425	750	61
2.400	760	62
2.375	770	63
2.350	780	64
2.325	790	65
2.300	800	66
2.275	810	67
2.250	820	68
2.225	830	69
2.200	840 & above	70 & above

DIVISION II PARTIAL QUALIFIER SLIDING SCALE		
<i>Use for Division II beginning August 1, 2018</i>		
Core GPA	SAT <i>Verbal and Math ONLY</i>	ACT Sum
3.050 & above	400	37
3.025	410	38
3.000	420	39
2.975	430	40
2.950	440	41
2.925	450	41
2.900	460	42
2.875	470	42
2.850	480	43
2.825	490	44
2.800	500	44
2.775	510	45
2.750	520	46
2.725	530	46
2.700	540	47
2.675	550	47
2.650	560	48
2.625	570	49
2.600	580	49
2.575	590	50
2.550	600	50
2.525	610	51
2.500	620	52
2.475	630	52
2.450	640	53
2.425	650	53
2.400	660	54
2.375	670	55
2.350	680	56
2.325	690	56
2.300	700	57
2.275	710	58
2.250	720	59
2.225	730	60
2.200	740	61
2.175	750	61
2.150	760	62
2.125	770	63
2.100	780	64
2.075	790	65
2.050	800	66
2.025	810	67
2.000	820 & above	68 & above

For more information, visit the NCAA Eligibility Center website at www.eligibilitycenter.org.

EXHIBIT A
AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION
FOR ATHLETES PARTICIPATING IN NCS ATHLETICS

Once properly executed this Authorization will allow for the release of protected health information to the NICE Community Schools (NCS) by physicians and health care providers engaged by NCS to render services to NCS athletes participating in school activities. The purpose of the release of the protected health information is to allow NCS to determine the advisability of an athlete's continued participation in NCS athletics. An example would be the release of information on the sideline to determine whether medical services may be necessary before an athlete returns to play.

By signing this Authorization for my son, daughter or other person for whom I have the legal authority to act (hereinafter referred to as "Athlete"), I hereby authorize health care providers that are contracted with NCS to release to each other and to NCS oral and written medical information relating to the Athlete's medical and physical condition, illness or injury that may have a bearing upon past, present or future participation in athletics at NCS. The medical information should be used by NCS for the purpose of determining the advisability of the Athlete's continued participation in NCS athletics.

This Authorization is expressly bound by all of the following conditions:

1. This Authorization will automatically expire upon the Athlete's termination of participation or ineligibility in NCS athletics, except to the extent relied upon for disclosures made prior to the automatic expiration.
2. This Authorization may be revoked at any time, provided the revocation is a properly executed written document and delivered to the Athletic Director for NCS. As soon as practicable, NCS shall inform each contracted health care provider of Athlete's revocation. However, any such revocation shall not affect disclosures made by a health care provider prior to that health care provider's receipt of the revocation from NCS. In addition, such revocation shall not affect disclosures made prior to the receipt of the revocation to the extent that this Authorization was relied upon for such disclosures.
3. This Authorization is not intended to alter the Athlete's ability to receive medical care from any health care provider, regardless of whether this Authorization is agreed to or refused.
4. This Authorization shall cover actions by and for the Consortium consisting of:
 - DLP Marquette General Hospital, LLC ("MGH")
 - DLP Marquette Physician Practices, Inc. ("MGMG")
 - Bell Hospital
 - Advanced Center for Orthopedics
 - UP Rehab Services, LLC
 - Active Physical Therapy
 - Synergy Fitness, LLC

and all of their respective employees, workforce and business associates.

5. The Athlete and parent/guardian will receive a complete copy of this signed Authorization.
6. A copy of this Authorization and any revocation of it will be kept by NCS and all Consortium members providing care to Athletes.
7. Protected health information released by the health care providers to NCS is not protected by this Authorization from re-disclosure by NCS.

Date: _____

(Printed Name)/ (Relationship to Athlete)

Parent/Guardian (signed)

Athlete's Name

This Authorization and any revocation must be signed by a parent, guardian, or other person acting in loco parentis who has the authority to action the Athlete's behalf. By signing this form, you as the parent, guardian or a party acting in loco parentis warrant that you have the legal authority to action the Athlete's behalf.

The signature may be only the Athlete if the Athlete is over 18 years of age or a legally emancipated minor.

NICE COMMUNITY SCHOOL DISTRICT
Ishpeming, Michigan

ATHLETIC POLICIES
2015-2016

We, the undersigned, have received and read the attached Athletic Policy Handbook of the NICE Community School District for the 2015-2016 School Year.

DATE _____

Signature of Athlete

Signature of Parent/Guardian

-----**WAIVER FORM**-----

Principal:

We will assume all financial responsibilities for our son/daughter _____ while participating in inter-scholastic basketball, bowling, cheerleading, cross-country, football, golf, hockey, softball, swimming, tennis, track, volleyball, or wrestling. This is in respect to injuries during practice sessions, games, or travel.

In case of injury during practice sessions, games, or travel, I give my permission to the head coach or member of the staff to transport and seek immediate medical attention.

This waiver covers your son/daughter for any school sponsored sporting event during the 2015-2016 school year.

NAME OF FAMILY DOCTOR: _____

ADDRESS: _____

TELEPHONE: _____

INSURANCE CO: _____ CONTRACT NO: _____

TELEPHONE # PARENT/GUARDIAN: _____

EMERGENCY CONTACT NAME & NUMBER: _____

SIGNATURE OF PARENT/GUARDIAN: _____