

**CAAC**  
**CAPITAL AREA ACTIVITIES CONFERENCE**

**RED DIVISION**

**Dewitt - Panthers**  
**Fowlerville - Gladiators**  
**Haslett - Vikings**  
**Ionia - Bulldogs**  
**Owosso – Trojans**  
**St Johns - Redwings**



**FIGHT SONG:**  
**GO! OWOSSO GO!**  
Go you Owosso  
Smash right through that line  
With your colors flying  
We will cheer you all the time  
**RAH! RAH! RAH!**  
Go you Owosso  
Fight for victory

## FORWARD

The intent of this handbook is to provide administrators, coaches, athletes and parents the policies and procedures of the Owosso High School Interscholastic Athletic Program.

The Interscholastic Athletic Program is an integral part of the total educational program and should be conducted so that it is worthy of such regard. The athletic program includes all school sponsored games or sports in which students are given the opportunity to formally compete with those on similar level teams from other schools

### MISSION STATEMENT

To motivate our athletes to be dedicated to whatever endeavor they may be pursuing; teaching them values of sportsmanship, fair play and positive leadership, thus enhancing their self esteem.

The Athletic Department and Coaching Staff have the following beliefs:

#### WE BELIEVE:

- that our athletic programs and practices should provide athletes with positive and challenging experiences;
- that our coaching decisions should be based on validated research and practices (Health, safety, equipment, and training);
- that parental/community involvement and support are essential to the success of our program;
- that the behavior of athletes and coaches should reflect mutual respect for each other;
- that our programs and practices should reflect respect for the individuality of the athletes;
- that the behavior of athletes should reflect respect for themselves, others, facilities and equipment;
- that athletes must be committed to training rules;
- that our programs and practices should instill a sense of pride in our athletes, coaches and community;



**OWOSSO PUBLIC SCHOOLS**

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## ATHLETIC POLICIES AND PROCEDURES

### I. Code of Conduct for Athletes

It is an honor and a privilege to represent Owosso High School in athletic competition. The eyes of the student body and the community are focused on the team and its members. It is imperative that every athlete make a genuine effort to abide by the policies listed below:

1. All students participating in any established sport will be considered an Owosso athlete covered by the rules and regulations stated in this athletic code.
2. Each athlete is expected to conduct him/herself in a manner that will create a positive reflection upon teammates, the Owosso Schools and community through personal and electronic conduct.
3. All athletes are expected to uphold the traditions of good sportsmanship and fair play. At all times they are to abide by and respect the decisions of the officials.
4. The use of profanity or vulgar gestures will never be acceptable and is subject to school penalties.
5. All athletes will follow training and practice rules established by the school. Other routine team rules regarding missing practices, arriving late for practice, not carrying out assignments, etc., may be established and enforced by respective coaches.
6. The dress and grooming of athletes will always be in accordance with team policy.
7. All athletes will be expected to exhibit a positive school and team attitude.
8. All athletes will return parental permission for participation in the interscholastic athletic program before competing.
9. All athletes will refrain from using wireless communication devices whenever a reasonable expectation of privacy exists.

### II. Eligibility Requirements

The handbook of MHSAA sets forth the rules governing eligibility and limits of participation with respect to high school student/athletes. The general rules regarding the MHSAA standards student athletes must meet will be posted for all to read. In addition, the Athletic Director and coaches will discuss the eligibility regulations with their parents and teams at Parent Night.

Owosso High School athletic eligibility is based upon the principles of the MHSAA as well as the following rules and procedures adopted by the Board of Education and the Athletic Council.

Coaches will provide the Athletic Director with a team roster listing information required by MHSAA rules. From this, the Athletic Department will conduct grading period checks throughout the school year. Student/Athletes will meet the following requirements for eligibility:

- A. No student/athlete of Owosso High School shall compete in any athletic contest during the first 60 school days of the current semester who did not receive credit in six (6) or more classes in the previous semester.
- B. A student/athlete must also be receiving credit in at least six (6) classes during the current semester check. Student/Athletes who are not currently receiving credit in at least six (6) classes will sit out a minimum of one week or until they are currently receiving credit in at least six (6) classes.
- C. To be receiving credit, a student/athlete must be earning a D- or better.
- D. Student/Athletes taking only six (6) classes must be receiving credit in all six (6) classes to be considered eligible.
- E. Student/Athletes who do not receive credit in a two-hour or three-hour block class are ineligible.

- F. Eligibility checks on a student/athlete's grade will be based on all course work from the first day of the semester up to and including the current week in which the eligibility check is conducted. A student/athlete taking dual enrollment and/or home school courses must be receiving credit in at least five (5) classes recorded on their transcript, to be considered eligible.
- G. An incomplete grade "I" will be regarded as not receiving credit if the student athlete does not complete the necessary make-up work. To become eligible, make-up work must be completed prior to the end of the school day the student athlete is to compete. It is the student athlete's responsibility to return to the Athletic Director an "incomplete" form signed by the teacher, stating that the student has completed all incomplete work and is passing. Only an incomplete grade may be made up. A failing grade (E or F) cannot be made up to affect one's eligibility status.

A student/athlete may be allowed to practice while ineligible, at the discretion of the coach, but will not be allowed to dress for contests or be dismissed from school early for an athletic contest.

### III. Behavioral Expectations for Athletes

#### 1. School Discipline

Discipline of athletes shall be in accordance with general school policies for all students. Student athletes who have been suspended from school shall receive the following discipline from the athletic staff:

- A. The student shall not be allowed to participate in any athletic event during the term of suspension.
- B. The student shall not be allowed to practice during the term of disciplinary action.

The length of time for disciplinary action shall be measured from the time of being sent from school until 8:00a.m. the day the student is to return to the classroom. If any additional disciplinary action occurs it will be determined by the coach involved.

Normally, athletes referred to the office on matters of discipline during the school day are ineligible for athletic competition (which includes practices) until the matter has been disposed of by the administration.

- C. Students who are involved in In-School Suspension are eligible to participate in practices and competitions. Athletes who are involved in In-School Suspension will not be allowed to leave early to participate in an athletic event. However, certain infractions may be subject to review by administration

#### 2. School Attendance

Athletes shall abide by the general school policies on attendance for all students, moreover, students involved in athletics must realize that their status on the teams may be hurt by absences from school. The following items are guidelines to be utilized by the coaching staff when confronted with athletes missing school

- A. The only acceptable excuse for missing practice or a scheduled contest is illness on that day or a previously arranged absence with the head coach. The first unexcused offense may result in forfeiture of rights to dress for the next contest. This decision is left up to the coach involved. Subsequent violations may result in suspension or expulsion from the team.
- B. A student must be in school one-half day (3 hours) in order to be eligible to practice or compete in a game unless previous arrangements have been made with the coach or administration.

- C. Students who are in school and must miss practice for an important reason must secure permission from their coach or Athletic Director prior to missing practice except in case of an emergency.
- D. An athlete absent from school the day before a game, and who receives an excused absence, may participate in a scheduled athletic contest.
- E. Athletes who are truant from school may not be allowed to participate in the next athletic contest but must attend all practices. Athletes are expected to attend school the day following a contest.
- F. The Athletic Council may initiate disciplinary action against students who violate these guidelines.

3. Hazing/Initiation of Student Athletes is Illegal

- A. If you are involved in hazing or initiations and are caught, you will face expulsion from school; removal from the team and the school district will work with the Shiawassee County Prosecuting Attorney to see that you are punished under any and all statutes that apply to the alleged crimes that you might have committed.
- B. Involved means: active in the act, standing by while the act occurs, participating in the act by holding the victim down or otherwise restraining him/her or exhorting the perpetrators of the act. The above mentioned possibilities are not meant to be totally inclusive of any or all acts that could be construed as hazing.

4. Training Rules

- A. It is important that all athletes understand that athletic training rules are in force from the first day of fall practice as a freshman until the last day of contest play as a senior. It is also important to understand violations of the athletic code accumulate throughout their high school career.
- B. An athlete shall refrain from the following:
  - 1. Drinking of/ or possession of alcoholic beverages.
  - 2. Smoking and/ or use of tobacco, including possession.
  - 3. Illegal use or possession of drugs and/ or controlled substance.
  - 4. Illegal use or possession of performance enhancing drugs (Public Act 215)
  - 5. Hosting a party with alcohol and/ or illegal drugs.

**In-season (defined as: the first MHSAA scheduled practice date to the end of the last contest) violation of the above will result in:**

**1ST OFFENSE**-immediate suspension for a minimum of 1/3 of the dates scheduled for the entire season. The athlete must attend all practices, games (not in uniform) and all other team activities. If the athlete becomes a distraction to the team the coach may disallow these privileges. If less than 1/3 of the season is remaining, the remainder of the penalty will be served in the next sport season of participation. Athletes must finish the full season in which they are serving their suspension.

**2ND OFFENSE**-immediate suspension of the athlete for one calendar year. The athlete is not allowed to practice with any team or be a part of the program. \*OHS administration may reduce the length of a suspension by up to 50% of the second offense if the student and his/her parent or guardian agree to and satisfactorily participate in an approved substance abuse prevention and treatment program at their own expense. The program may be public or private and is at the discretion of the parent or guardian.

**3RD OFFENSE**-immediate suspension of the athlete from **ALL** athletic teams for the remainder of his/her high school career.

**Out of season (defined as: end of last contest to the start of MHSAA first scheduled practice date) violation of the above will result in:**

When choosing to participate in the next athletic event, the student will be allowed to participate, but will be barred from interscholastic competition the number of days as indicated below:

**1ST OFFENSE:**

1. Athletic events having 0-10 days of scheduled interscholastic competition: 1 event
  2. Athletic events having 11-15 days of scheduled interscholastic competition: 2 events
  3. Athletic events having 16 or more days of scheduled interscholastic competition: 3 events
- \*\*NOTE: A scrimmage with another school may not count as a scheduled interscholastic competition. \*\*NOTE: A student suspended from interscholastic competitions must continue to demonstrate the qualities of sportsmanship outlined in this handbook.

**2ND OFFENSE:**

The student will be suspended from athletics for one calendar year. \*OHS administration may reduce the length of a suspension by up to 50% of the second offense if the student and his/her parent or guardian agree to and satisfactorily participate in an approved substance abuse prevention and treatment program at their own expense. The program may be public or private and is at the discretion of the parent or guardian.

**3RD OFFENSE:**

The student will be suspended from participation in organized athletics at Owosso High School for the remainder of the student's high school career in Owosso.

\*Very serious conduct or training rule infractions may, at the discretion of the Director of Athletics, result in a hearing with the Athletic Council. In such cases, athletes will be suspended immediately pending the outcome of the hearing. A few examples of conduct requiring Athletic Council action would be (among others):

- Gross misconduct under game conditions
- Sale or distribution of illegal drugs
- Involvement in illegal felonious activity.

\*\*\*The athletic council will be made up of 1 administrator, 1 teacher, 1 parent and 2 coaches.

In addition, the student/athlete will be subject to Board of Education policies pertaining to the above. This also applies to students 18 years or older.

**Concern Procedure Line of Communication**

If an athlete, parent, coach, administrator or fan has a concern or question regarding an athletic situation, the Athletic Office urges the individual to attempt to resolve the issue by following the steps listed below:

1. Talk with the coach
2. Talk with the head coach
3. Talk with the Director of Athletics
4. Talk with the Principal
5. Meet with the Athletic Council
6. Talk with the Superintendent or his/her designee

**Appeals Procedure**

All athletic code violations reviewed by the Athletic Director or the Athletic Council will result in a recommendation to the high school Principal. The Principal may accept or modify the recommendation.

Parents or guardians may request a conference with the Principal. The Principal shall affirm or modify the terms of his action within two school days from the date of the notification.

#### IV. Physical Examinations and Insurance

1. No athlete shall participate in any phase of the athletic program, including tryouts, who does not have on file in the Athletic Director's office an "Athletic Information Card: indicating fitness, signed by a physician and parents or guardian.
2. All athletes are encouraged to be covered by insurance before they participate in any phase of the athletic program, including practices. Parents are responsible for any coverage of insurance, including ambulance costs, if needed, in interscholastic athletics.  
All athletes shall have on file with their respective coach an "Emergency Medical Information" card.
3. Physicals for the current school year are valid beginning April 15<sup>th</sup> .

#### V. Team Membership and Limits of Participation

1. Once an athlete has started practicing in a sport, he/she may not change to another current sport without permission from the coaches of both sports. An athlete who is cut from one sport may try out for another.
2. If an athlete is dropped from a team for disciplinary reasons, he/she will not be allowed to try out for another sport during the same season. He/she will not be permitted to be involved with out-of-season practice or conditioning for a succeeding sport until completion of the current sport's season. If an athlete quits a team, he or she will not be allowed to tryout for another sport during the same season or be permitted to be involved with "out of season" practice or conditioning for a succeeding sport until completion of the current sport' season, unless the "Releasing Coach" agrees to waive the restrictions. If an athlete quits a team, after cuts are made, he or she will be subject to the same restrictions listed above, unless the "Releasing Coach" and Athletic Director agree to waive the restrictions.
3. An athlete being treated by a doctor for an injury will not be allowed to practice until the athlete obtains his/hers doctor's approval in writing to resume practice. This approval, in writing, must be given to the Athletic Trainer/Athletic Office.
4. An athlete may participate in two sports in the same season provided that sport coaches, the athletic director, and parents are in agreement. In such cases, one sport will be designated the athlete's primary sport. This means the athlete must attend all practices and contests of the designated primary sport before being allowed to participate in the secondary sport unless the coach of the primary sport grants prior approval. This process must be started prior to the beginning of the season and all team members must be aware of expectations. If it becomes obvious that a student cannot fulfill the obligations of the primary sport or that by limited participation in the secondary sport a question of the ability to safely participate is raised, the student may find himself or herself in a position of having to withdraw from one of the activities.
5. Students shall not participate in any outside competition in a sport during the season in which he is representing his/her school in that sport.
6. Students will not be permitted to participate in any so called all-star or charity games.
7. Student athletes are frequently involved in multiple school activities. The athlete should notify the coach and the director of the other activity as soon as a conflict in the calendar occurs which requires the student to be in two places at the same time. The student athlete is not in jeopardy during the resolution of the conflict. When two practices or contests occur the student athlete has the choice of which event he/she will attend, but when a conflict between practice/rehearsal and a contest occur, the student athlete will attend the contest. The coach will notify the Athletic Director if assistance is needed to resolve the conflict.

#### VI. Equipment and Facility Usage

1. Facilities will be available to students only if there is a supervising coach in attendance. If an athlete, in the judgment of a coach or an administrator, abuses the gym, locker rooms, lockers, etc., or is found stealing from another player or the school, he/she shall be suspended immediately from athletics until restitution is made and proper disciplinary action imposed.
2. Players are responsible for all equipment issued to them. It will be issued at the start of each season. Future participation in any sports will not be permitted until equipment issued for a sport just completed has been turned in. Players who lose equipment or damage it through carelessness and abuse will pay the replacement cost of the equipment before participating in another sport.

3. If school is called off during the school day or before the start of the school day there will be no freshman or junior varsity practices. Varsity teams may practice after noon on that day providing safe conditions exist. These practices cannot be made mandatory.
4. All athletes are to park in the main lot or freshman lot at all times. Athletes parking behind the building or in designated “no parking” areas may face team and school discipline.
5. Uniforms can be worn only on game days and only by team members.

VII. Practices

1. Practice for teams will be scheduled by the coach.
2. Length of the practices will be determined by the coach. All athletes will be expected to attend the entire practice period unless excused by the coach.
3. Athletes will not use the gymnasium as a thoroughfare in going to the locker rooms. They are expected to use the locker room entrances.

VIII. Transportation

1. Teams will use school transportation to away contests unless other arrangements are authorized by the Athletic Director or administration.
2. All players are required to travel to an away contest and return with the team. This requirement may be waived for extenuating circumstances by the parents of the student by submitting, in writing, a request to the Athletic Director prior to the event.
3. An athlete’s conduct on a trip can have an effect upon his/her status as a member of the team. The coach, athletic director, or administrator may suspend from team membership, an athlete that demonstrates unacceptable behavior on a team trip.

IX. Athletic Awards

The following guidelines have been established for the granting of awards for interscholastic competition.

1. Basic Requirements

- A. All eligibility requirements of the MHSAA and the school must be met for an athlete to be considered eligible for consideration for an athletic award.
- B. The athlete, to be considered for an athletic award, must have displayed good sportsmanship in competition and have been in regular attendance at contests and practices.
- C. An athlete must complete the full season unless injury or a crucial family matter arises.
- D. Each coach will provide, in writing, criteria for earning awards in his/her program.
- E. Athletes are eligible to receive a maximum of one set of numerals, one Trojan head and one Varsity “O” in the four years of athletic competition. In addition, an insert for each sport an athlete letters in will be given. Participation certificates will be given for all sport levels.
- F. Varsity coaches may, if they so wish, present special awards such as “Most Valuable”, “Most Improved”, “Coaches Award”, etc., to their team members. The method of selection will be left to the discretion of each head coach. Any special awards granted must comply with the MHSAA regulations.



### FIRST YEAR AWARD

A first time athlete can earn the following for team membership:

<u>Freshman</u>	<u>Junior Varsity</u>	<u>Varsity</u>
Certificate	Certificate	Varsity Certificate
Numerals	Trojan Head	Numerals
		Trojan Head
		Letter "O" and insert
		Or insert only if Letter
		has already been earned
		Varsity plaque

### SECOND YEAR AWARD

Second year athlete in the same sport can earn:

<u>Junior Varsity</u>	<u>Varsity</u>
Certificate	Varsity Certificate
Trojan Head	Insert

### THIRD YEAR AWARD

Third year athlete in the same sport can earn:

<u>Junior Varsity</u>	<u>Varsity</u>
Certificate	Varsity Certificate
	Insert
	3-year varsity plaque

### FOURTH YEAR AWARD

Fourth year athlete in same sport can earn:

<u>Varsity</u>
Varsity Certificate
Insert
4-year Varsity plaque

The athletic department also provides the following awards:

- Captain's award and insert
- Managers insert
- Senior plaques (awarded to all senior athletes who earn a varsity letter during his/her senior year)

Additional Awards

- Junior or senior
- 3.5 cumulative GPA
- Varsity letter winner.
- CAAC All Conference recognition
  - Based on a vote of Varsity coaches in that sport (schools must be represented at the meeting to have an athlete considered).
- CAAC All Academic Award
  - 3.5 cumulative G.P.A.
  - Varsity letter winner
- CAAC Senior Scholar Athlete Recognition
  - Top 10 senior athletes based on overall G.P.A.
  - Letter in two sports their senior year

## Educational Material for Parents and Students (Content Meets MDCH Requirements)

Sources: Michigan Department of Community Health, CDC and the National Operating Committee on Standards for Athletic Equipment (NOCSAE)

### UNDERSTANDING CONCUSSION

#### Some Common Symptoms

Headache	Balance Problems	Sensitive to Noise	Poor Concentration	Not "Feeling Right"
Pressure in the Head	Double Vision	Sluggishness	Memory Problems	Feeling Irritable
Nausea/Vomiting	Blurry Vision	Haziness	Confusion	Slow Reaction Time
Dizziness	Sensitive to Light	Fogginess	"Feeling Down"	Sleep Problems
		Grogginess		

#### WHAT IS A CONCUSSION?

A **concussion is a type of traumatic brain injury** that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. A concussion can be caused by a shaking, spinning or a sudden stopping and starting of the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. A concussion can happen even if you haven't been knocked out.

You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear to be noticed until days or weeks after the injury. If the student reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student who may have had a concussion should not return to play on the day of the injury and until a health care professional says they are OK to return to play.

#### IF YOU SUSPECT A CONCUSSION:

- 1. SEEK MEDICAL ATTENTION RIGHT AWAY** – A health care professional will be able to decide how serious the concussion is and when it is safe for the student to return to regular activities, including sports. Don't hide it, report it. Ignoring symptoms and trying to "tough it out" often makes it worse.
- 2. KEEP YOUR STUDENT OUT OF PLAY** – Concussions take time to heal. Don't let the student return to play the day of injury and until a health care professional says it's OK. A student who returns to play too soon, while the brain is still healing, risks a greater chance of having a second concussion. Repeat or second concussions can be very serious. They can cause permanent brain damage, affecting the student for a lifetime. It is better to miss one game than the whole season.
- 3. TELL THE SCHOOL ABOUT ANY PREVIOUS CONCUSSION** - Schools should know if a student had a previous concussion. A student's school may not know about a concussion received in another sport or activity unless you notify them.

#### SIGNS OBSERVED BY PARENTS:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes

#### CONCUSSION DANGER SIGNS:

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. A student should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people/places
- Becomes increasingly confused, restless or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously.)

#### HOW TO RESPOND TO A REPORT OF A CONCUSSION:

If a student reports one or more symptoms of a concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of athletic play the day of the injury. The student should only return to play with permission from a health care professional experienced in evaluating for concussion. During recovery, exercising or activities that involve a lot of concentration (such as studying, working on the computer, or playing video games) may cause concussion symptoms to reappear or get worse. Students who return to school after a concussion may need to spend fewer hours at school, take rests breaks, be given extra help and time, spend less time reading, writing or on a computer.

**Parents and Students Must Sign and Return the Educational Material Acknowledgement Form**

**OWOSSO PUBLIC SCHOOLS MEDICAL EMERGENCY INFORMATION CARD**

**PLEASE PRINT**

[A] Name \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Birth Date \_\_\_\_\_

Where parents can be reached if not at home:


Mother: Address \_\_\_\_\_ Phone \_\_\_\_\_

Father: Address \_\_\_\_\_ Phone \_\_\_\_\_

Name of two relatives or neighbors who can be called in case of emergency:

1. Name \_\_\_\_\_ Phone \_\_\_\_\_

2. Name \_\_\_\_\_ Phone \_\_\_\_\_



[B] In the event of a serious accident or illness I request that a representative of the school system contact me. If I cannot be reached, I request that contact be made with the physician listed below and his instructions be followed in the treatment of my child. If the emergency is such that immediate medical care is necessary, I authorize the school system to transport my child to a hospital for emergency care. The hospital, their agents or a licensed physician may administer such emergency treatment as they see necessary under the circumstances.

\_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian

Medication taken regularly \_\_\_\_\_

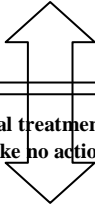
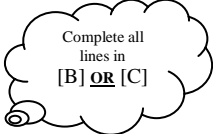
Are you allergic to any medicines YES NO If yes what \_\_\_\_\_

Allergies or other conditions \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Co. \_\_\_\_\_ Group # \_\_\_\_\_

Contract # \_\_\_\_\_ Service Code \_\_\_\_\_



[C] **PLEASE ONLY SIGN BELOW IF YOU DO NOT GIVE YOUR CONSENT** for emergency medical treatment of your child. In the event of injury or illness requiring emergency treatment, I wish the school authorities to take no action or to :

*PLEASE READ ABOVE BEFORE SIGNING-*


\_\_\_\_\_ Date \_\_\_\_\_

*Parent/Guardian signature Date*

[D] By my name and signature below, I acknowledge in accordance with Public Acts 342 and 343 of 2012 that I have received and reviewed the Concussion Fact Sheet for Parents and/or the Concussion Fact Sheet for Students provided by Owosso Public Schools.

\_\_\_\_\_

Participant Signature and Date Parent/Guardian Signature and Date



**\*BACK OF FORM MUST BE SIGNED BY ATHLETE AND PARENT BEFORE FIRST CONTEST**

## OWOSSO PUBLIC SCHOOL ATHLETIC CODE

### ACKNOWLEDGMENT FORM

By signing the acknowledgment form, the athlete and the athlete's parent or guardian agree to abide by the rules and procedures set forth in the Owosso Public Schools' Athletic Code throughout the athlete's career at Owosso Public Schools. Prior to team try outs, a student participant and his/her parent or guardian must sign and return to the team's coach this acknowledgment form.

I wish to try out for and/or participate in school-sponsored interscholastic athletics. I have read the Owosso Public Schools' Athletic Code and agree to follow the standards of conduct procedures contained therein as a condition of my participation in interscholastic athletics at the Owosso Public Schools. I understand that the Athletic Code applies on a year-round basis. I further understand that if I violate the Athletic Code's standards of conduct that I will be subject to penalty as provided in the Athletic Code, including exclusion from the opportunity to participate in interscholastic athletics.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Participant Signature

I agree to permit my son/daughter to try out for and/or participate in school-sponsored interscholastic athletics. I understand that the Athletic Code applies on a year-round basis. I have read the Owosso Public Schools' Athletic Code and agree to support the standards of conduct and procedures contained therein as a condition of my son/daughter's participation in interscholastic athletics at Owosso Public Schools. I understand that if my son/daughter violates the Athletic Code's standards of conduct that he/she will be subject to penalty as provided in the Athletic Code, including exclusion from the opportunity to participate in interscholastic athletics.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

**YOU MUST FILL OUT, SIGN AND RETURN MEDICAL EMERGENCY CARD AND ACKNOWLEDGMENT FORM TO YOUR COACH BEFORE YOU CAN PARTICIPATE IN A CONTEST.**