

KELLIHER COMMUNITY EDUCATION SPRING 2017

Peggy Vollhaber – Coordinator

647-8806

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Like us on Facebook @ Kelliher School Community Education

GENERAL INTEREST

FAB LAB

Eric Carlson & Eric Nord

Come get an introduction to Kelliher School's Fab Lab. This class is a canvas wrap. You will need a high quality photo from either a flash drive or your smart phone. Or you can bring in a photo to be enlarged. If you would like to make more than one canvas, there is an additional fee.

Fab Lab will be open April 11, 12 & 13 3:30 p.m. – 6:00 p.m.

Fee: \$50 per person BUT if child is accompanied by an adult \$20/child Must be registered by April 6th

ANTIQUE ROADSHOW KELLIHER STYLE

John & Kathy Eggers

Do you have an item that you have been wondering how much it's worth? Here's your chance to find out if you could be rich! Bring your item(s) in and John and Kathy will appraise them for you.

Thursday, April 27th 4:00 – 5:30 p.m. Kelliher School Media Center Fee: \$5 per item appraised

Must be registered by April 20th (you can pay at the class)

INTRODUCTION TO WELDING

Eric Nord

Whether you're curious about metal working and want to know more about what metals you can weld and how to weld, or if you are interested in tinkering with metal art, come learn how to wirefeed (SMIG), stick/arc weld (SMAW), and TIG welding. This class is based on the beginner who may or may not have a welder, but would like to know how to get started, what is required, and how to make it work. We will be practicing MIG and ARC welding primarily and the class will include building a metal rose. Mothers Day is coming soon. Give a gift that will last for a lifetime. If interested in metal art and building the rose, you can focus on that, but if more interested in learning how to produce quality welds for future building of trailers, deer stands, or maintenance applications you can work on more practice welds, etc. Contact instructor for more information.

April 18, 19 & 20th 3:30 - 6:00 p.m.

\$75/person (includes practice iron, rose material, practice arc rods, gas & wire)
Must be registered by April 11th

COUPON CRAZINESS

Ivy Hahn

If you are trying to stretch a dollar, this is the class for you! Ivy will give you many tips and websites to make your money go further. Coupons can be a wonderful tool for shopping!

Tuesday, May 2nd 4:00 p.m. Kelliher School FACS Room

Fee: \$10

Must be registered by April 25th

SOCIAL PAINT NIGHT

Gypsy Canvas

Anyone can be an artist – yes, you! No art experience is necessary to create an acrylic painting on a canvas that you take home. Step by step instructions by a professional will guide you through the creation of the painting in а relaxed. welcoming atmosphere. Snacks and beverages will be provided. This would be а Mother/Daughter class! Print will be posted on Kelliher Community Education Facebook page by April 8th.

Monday, May 8th 6:00-8:00 p.m. Kelliher School Art Room

Fee: \$40

Must be registered by April 26th

ORGANIZING 101

We Love Messes – Tammy Schotzko

Don't know where to start? Let's get you on the road to organized with tips, tricks, and systems that make it easy. We'll cover how to get started, how to stay motivated and how to maintain your accomplishments.

Thursday, May 11th 6 p.m. – 8 p.m. Kelliher School Media Center

Fee: \$20 (Must be registered by April 20)

ESSENTIAL OILS 101

Eva Jourdan

Are you wondering what the craze around essential oils is all about? Are you looking for natural ways to support your health?

Join us to learn the benefits of essential oils, how to choose the right ones for you, and how to use them properly. Class content is provided for informational purposes only and is not to be accepted as medical advice. Always check with your medical provider before making any changes in your health routine.

Tuesday, April 25th 4:00 – 6:00 p.m. Kelliher School Media Center

Fee: \$5 (Must be registered by April 18th)

STENCIL A SIGN WITH DIXIE'S

Dixie's Boutique

Learn the technique of stenciling and make a beautiful wooden sign in this one night class. You will have your choice of many stencils. All materials are included in the price of the class. We need 10 people for this class so register early! Must be registered by th.

Tuesday, May 16th 6 p.m. – 8 p.m. Kelliher School Art Room

Fee: \$35 (includes all supplies and one sign. Additional signs cost \$10 each)

YOUTH

FIREARM SAFETY

Minnesota state law requires that anyone born after December 31, 1979, must be firearms certified to purchase a hunting license. Youth ages 11 and older can take an online firearms safety course, then attend a two hour class at 3:30 p.m. on Wednesday, April 26th in the Kelliher School Media Center. After online and classroom portion are complete, you must attend a field day starting at 9 a.m. on April 29th at

the Battle River Sportsmens Club. If you are 11, you can complete the course but you will not receive your certificate until you turn 12. The website for the online portion is: DNR.state.mn.us/safety/firearms/index.html Please sign up for the classroom portion and field day in the school office. Must be signed up by April 21st.

SUMMER BASEBALL

A separate registration form has been sent home with students regarding youth summer T-ball, Midgets, Little League and Girls Softball. If your child does not attend Kelliher School but would like to participate in summer ball, email: pvollhaber@kelliher.k12.mn.us.

If you have a community event you would like included in the Kelliher Community Education brochure, please contact Peggy Vollhaber at pvollhaber@kelliher.k12.mn.us or message Kelliher Community Education on Facebook!

ECFE

Join in Kelliher Early Childhood parent child activities and watch your child learn and grow with new experiences. During "parent time", parents will share and discuss daily parenting joys and challenges. The Kelliher ECFE program invites families with children ages Birth to Pre-Kindergarten to attend classes on Tuesdays starting at 3:30 p.m. in the Early Childhood classroom. For more information, call Diane Mostad at 647-8728, email mostad@paulbunyan.net; or Rachel Neft at 647-8286, ext. 1120, email mostad@paulbunyan.net; or Rachel Neft at 647-8286, ext. 1120, email

COMMUNITY

HEALTH FAIR

GET GOING! GET GROWING! is the theme for this year's health fair to be held Tuesday, April 11th from 3:30 p.m. to 5:30 p.m. at the Kelliher Old School Center. Featured presentation is One Vegetable. One Community. Presentation begins at 5:30 p.m. Have fun with informational display booths, games, giveaways, etc. Enjoy a free meal of chili made by some of our local cooks. This event organized by CRC, Inc. and Kelliher Area Community.

TRAP SHOOTING

Monday nights starting in May, you are welcome to come to the North Beltrami Sportsmen's Club for trap shooting. There is also a summer league that starts June 5th and runs for 10 weeks. The Sportsmen's Club is also open one Sunday each month during trap season for open shooting. You do not need to be on a team to shoot. For more information, call Morris Frenzel at 647-8180 or 766-9807.

BINGO

Ready to have some bingo fun? Join us for ham bingo! All proceeds go towards the Big Bog Festival and community events. **Thursday, April 6th 6:30 p.m.**

FACILITY USE

Kelliher School is allowing adults to access the gym and weight room during non-school hours. If you would like your child to get more gym time or lift weights, just come to the school and apply for a fob key. You can access the school from 5:30 a.m. to 9:30 (excluding school activity hours). A \$50 deposit is required and you must be 18 to get a fob.

KELLIHER VFW PANCAKE BREAKFAST

Come and support your local VFW by joining them for breakfast on the second Sunday of each month. *No breakfast in April*. Breakfast is held at the Kelliher Community Center from 8 a.m. to 12 noon. Reasonably priced with special rates for **Kelliher School Commons**

children and senior citizens. Proceeds go to a scholarship fund for students.

MEALS ON WHEELS

Homemade food delivered to your home or eat at Cornerstone Residence. Monday through Friday. Meals may also be arranged on weekends. Contact Rosa at 647-8258 for more information

Kelliher Community Education is always looking for new ideas for classes/events. If you have a talent you would like to share, or have an idea for a class, please contact Community Education!

OLD SCHOOL CENTER

KELLIHER LIBRARY & INFORMATION CENTER

Come and "check out" Kelliher Library and Information Center. See what's new! There are many new books, computers and much more! KLIC is open on Tuesdays from 4:00 – 7:00 p.m.

JOELY'S NORTHERN TOUCH MASSAGE AND HEALTH

Joely Michalek offers massage treatments such as deep tissue massage and relaxation massage. She offers the use of the Hot House during these treatments as well as the option to take advantage of the Chi Machine before a massage. Northern Touch is open from 10 a.m. to 6 p.m. on Tuesdays. For more information, call 556-7382.

KELLIHER FITNESS CENTER

Come and see what everyone's talking about. We offer a fitness center with top of the line exercise equipment so close to home. Monthly membership fees, yearly fees, family and friend discounts – there are many options. For more information, contact Kelliher City Hall at 647-8470.

CHOICE THERAPY

Choice Therapy in Bemidji has a branch of their clinic at the Old School Center in Kelliher. For dates and hours the clinic is open, please call 647-9569.

KELLIHER THRIFT & GIFT SHOP

Come in and check out the Kelliher Thrift and Gift, which is a nonprofit business located in the Old School Center. Donations are accepted during store hours. It's time to do that fall cleaning and purging! One man's junk is another man's treasure! Gift shop hours are Mondays, Tuesdays and Thursdays from 10 a.m. to 4 p.m., first Wednesday and first Saturday from 10 a.m. to 2 p.m.

KELLIHER HEALTH SERVICES & CLINIC

Sponsored by Beltrami County Public Health Services

Staffed by Sanford Providers

Susan Anderson, Family Nurse Practitioner

Tuesdays – 8:00 a.m. to 4:30 p.m. Thursdays – 8:00 a.m. to 4:30 p.m.

Dr. Sherry Billups

1st Wednesday of each month 8:00 a.m. to 1:00 p.m.

Appointments can be scheduled by calling 647-8832. Appointments preferred but walk-in patients are welcome. The clinic provides: *Acute and Chronic Health Care *Adult physicals: General, Pre-op, DOT, Bus *Well Child & Teen Checkups *Sports and camp physicals

Procedures: wart removal, cyst & mole removal and stitches

Additional Services: Lab work, blood pressure checks, medication refills, immunizations and referral for specialists

REGISTRATION INFORMATION

Pre-registration is required for all activities. Registration fees to be mailed with registration form. Please do not mail cash. Registrations must be paid in full BEFORE the first class.

Mail to: Peggy Vollhaber - Kelliher Community Education

231 Shevlin Ave. SW Kelliher, MN 56650

Registrations may also be turned into the school office.

Make checks payable to Kelliher Community Education or you can now make payments for Community Education classes on the school's website by clicking on the PaySchools icon.

A full refund will be given if the class is cancelled. There will be NO refunds after the first class meeting or if cancellation is made the day of the class.

Note to parents: You are responsible for picking up your child immediately after the class is finished. Students are not allowed to loiter in the school during these times. Elementary parents: Please send a note for the teacher if your child is going to attend a class after school and will not be riding the bus that day.

My class was cancelled! Please register EARLY to avoid disappointment for yourself and others! There are times when Community Education has to cancel classes because people wait until the last minute to register and then it's too late...Don't miss out on these great class or event opportunities! Register early! If you have any questions or suggestions, please call Peggy Vollhaber, Community Education Coordinator at 647-8806 or email: pvollhaber@kelliher.k12.mn.us

REGISTRATION FORM
Make checks payable to: Kelliher Community Education You can now make payments for Community Education classes on the school's website by clicking on the PaySchools icon. Mail to: Peggy Vollhaber, Kelliher Community Education, 231 Shevlin Ave. SW, Kelliher, MN 56650 OR Submit to Kelliher School Office. By submitting your registration, you agree to the terms of our cancellation policy.
Name
Address
City, State, Zip
Home Phone Cell (if desired)
Email
Class Fee
certify that myself/dependent is adequately covered by insurance.
Signature
This is to certify that we do not have insurance but will assume all legal responsibility and liability fo injuries or accidents arising therefrom.
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