



# April 2018

Adult Meal Pricing Breakfast: \$2.75 Lunch: \$3.65

Student Meal Pricing Breakfast Full Pay: \$1.64 Breakfast Reduced Pay: \$0.25 Lunch Full Pay: \$3.31 Lunch Reduced Pay: \$0.50

## Premier Charter Lunch

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**2**

- Southwest Veggie Wrap
- Beef Dippers Rice Bowl
- Creamy Whole Grain Chicken Alfredo Rotini
- Green Beans
- Sliced Oranges
- Juicy Pineapple Chunks

**3**

- Italian Chicken Salad w/ Whole Grain Crackers
- Chicken Parmesan Sub
- Chicken Nuggets w/ Roll
- Oven Baked Potato Wedges
- Sliced Apples
- Sweet Diced Pears

**4**

- Oven Baked Rotini w/ Seasoned Vegetables & Breadstick
- Turkey & Cheese Wrap
- Chicken Nachos w/ Rice
- Peppered Corn
- Banana
- Juicy Mandarin Oranges

**5**

- Large Crispy Chicken Salad w/ Croutons
- Grilled Cheeseburger
- Philly Chicken Cheesesteak w/ Cheddar Cheese Sauce
- Crinkle Cut Carrots
- Garbanzo Beans
- Philly Sauteed Onions
- Philly Sauteed Bell Peppers
- Sliced Oranges
- Diced Peaches

**6**

- Chicken Hawaiian Pizza
- Savory Cheese Pizza
- Turkey Chili Dog
- Steamed Broccoli
- Sliced Apples
- Sweet Mixed Fruit

**9**

- Spicy Chicken Sandwich
- Grilled Cheese Sandwich
- Spaghetti Marinara w/ Meatballs
- Crispy Tater Tots
- Sliced Oranges
- Applesauce

**10**

- Tangy Chicken Teriyaki w/ Seasoned Brown Rice
- Large Fresh Ham & Cheese Salad w/ Seasoned Croutons
- Tangy BBQ Chicken Sandwich
- Steamed Cauliflower
- Sliced Apples
- Juicy Pineapple Chunks

**11**

- Traditional Cheese Quesadilla
- Savory Cheese Pizza
- Sausage Pizza
- California Blend Veggies
- Banana
- Juicy Mandarin Oranges

**12**

- Small Southwest Chicken Salad w/ Crackers
- Classic Chicken Fried Rice
- Popcorn Chicken w/ Roll
- Garbanzo Beans
- Seasoned Stir Fry Vegetable Blend
- Sliced Oranges
- Diced Peaches

**13**

- Traditional Chicken Tetrazzini
- Homemade Chicken Tacos
- Veggie Ranch Wrap
- Steamed Broccoli
- Sliced Apples
- Sweet Mixed Fruit

**16**

- Juicy Hamburger
- Creamy Macaroni & Cheese
- Tangy BBQ Chicken Wrap
- Spiced 5 Way Mixed Veggies
- Sliced Oranges
- Juicy Pineapple Chunks

**17**

- Crispy Buffalo Chicken Salad w/ Whole Wheat Roll
- Spicy Buffalo Ranch Chicken Sandwich
- Large Cheesy Beef Nachos
- Steamed Mexican
- Sliced Apples
- Sweet Diced Pears

**18**

- Vegetable Fried Rice
- Traditional Turkey & Cheese Sub
- Fiesta Beef Stack
- Oven Baked Potato Wedges
- Banana
- Applesauce

**19**

- Chicken Caesar Salad w/ Crackers
- Sweet & Sour Chicken w/ Rice
- Creamy Pasta Primavera w/ Garlic Chicken & Breadstick
- Garbanzo Beans
- Seasoned Green Peas
- Sliced Apples
- Juicy Mandarin Oranges

**20**

- Southwest Veggie Wrap
- Savory Cheese Pizza
- BBQ Chicken Pizza
- Seasoned Italian Mixed Veggies
- Homemade Hummus
- Sliced Oranges
- Diced Peaches

**23**

- Grilled Cheeseburger
- Bean & Cheese Burrito
- Chicken Tenders Potato Bowl w/ Roll
- Steamed Cauliflower
- Sliced Apples
- Sweet Mixed Fruit

**24**

- Chicken Garden Salad w/ Croutons & Roll
- Orange Chicken w/ Rice
- Meatball Sub
- Green Beans
- Sliced Oranges
- Sweet Diced Pears

**25**

- Juicy Turkey Hot Dog
- Fresh Vegetable Sub
- Beefy Flour Tacos
- Classic Refried Beans
- Banana
- Juicy Pineapple Chunks

**26**

- Large Chef Salad w/ Seasoned Croutons & Whole Grain Crackers
- Savory Cheese Pizza
- Classic Pepperoni Pizza
- Sliced Apples
- Diced Peaches

**27**

- **1/2 Day-Sack Lunch**
- Traditional Turkey & Cheese Sandwich w/ Crackers
- Fresh Vegetable Sub
- Baby Carrots
- Apple
- Whole Grain Cheddar Cheez-Its

**30**

- Whole Wheat Green Chile Quesadilla
- Beefy Bean Burrito
- Breaded Chicken Sandwich
- Steamed Broccoli
- Sliced Oranges
- Juicy Pineapple Chunks

Beverages Offered Daily: White 1% Low Fat Milk (13g) , Fat Free White Milk (13g) , Fat Free Chocolate Milk (20g) , Water Pouch

Daily Salad Bar: Lettuce & Spinach Mix (3g) , Baby Carrots (7g) , Broccoli (3g) , Celery Sticks (2g) , Crunchy Cucumber Slices (3g)

Condiments Offered: Ranch (8g) , Ketchup (5g) , Mayonnaise (2g) , Mustard

More Details: <http://premiercharterschool.nutrislice.com/menu/premier-lower/lunch/>  
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