



March 2018

Adult Meal Pricing Breakfast: \$2.75 Lunch: \$3.65

Student Meal Pricing Breakfast Full Pay: \$1.64 Breakfast Reduced Pay: \$0.25 Lunch Full Pay: \$3.31 Lunch Reduced Pay: \$0.50

Premier Charter Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Southwest Chicken Salad W/ Salsa
- Savory Meatball Sub
- Classic Chicken Fried Rice
- Oven Baked Potato Wedges
- Fresh Apple
- Diced Peaches

2

- Garlic Chicken Spaghetti with Breadstick
- Savory Cheese Pizza
- BBQ Chicken Pizza
- Spiced 5 Way Mixed Veggies
- Fresh Banana
- Juicy Mandarin Oranges

5

- Southwest Veggie Wrap
- Beef Dippers Rice Bowl
- Creamy Whole Grain Chicken Alfredo Rotini
- Cooked Green Beans
- Fresh Sliced Oranges
- Juicy Pineapple Chunks

6

- Italian Chicken Salad with Whole Grain Crackers
- Chicken Parmesan Sub
- Chicken Nuggets W/ Roll
- Oven Baked Potato Wedges
- Sliced Apples
- Sweet Diced Pears

7

- Oven Baked Rotini with Seasoned Vegetables & Breadstick
- Turkey & Cheese Wrap
- Chicken Nachos w/ Rice
- Peppered Corn
- Traditional Salsa
- Fresh Banana
- Juicy Mandarin Oranges

8

- Large Crispy Chicken Salad with Croutons
- Homemade Sloppy Joe Sandwich
- Philly Chicken Cheesesteak w/ Cheddar Cheese Sauce
- Cooked Crinkle Cut Carrots
- Salad Bar, Garbanzo Beans
- Philly Sauteed Onions
- Philly Sauteed Bell Peppers
- Fresh Sliced Oranges
- Diced Peaches

9

- Chicken Hawaiian Pizza
- Savory Cheese Pizza
- Turkey Chili Dog
- Steamed Fresh Broccoli
- Fresh Apple
- Sweet Mixed Fruit

12

- Spicy Chicken Sandwich
- Grilled Cheese Sandwich
- Spaghetti Marinara W/ Meatballs
- Crispy Tater Tots
- Fresh Sliced Oranges
- Unsweetened Applesauce

13

- Tangy Chicken Teriyaki with Seasoned Brown Rice
- Large Fresh Ham & Cheese Salad with Seasoned Croutons
- Tangy BBQ Chicken Sandwich
- Freshly Steamed Cauliflower
- Sliced Apples
- Juicy Pineapple Chunks

14

- Traditional Cheese Quesadilla
- Savory Cheese Pizza
- Sausage Pizza
- California Blend Veggies
- Salad Bar, Garbanzo Beans
- Fresh Banana
- Juicy Mandarin Oranges

15

- 1/2 Day- Sack Lunch
- Traditional Turkey & Cheese Sub
- Fresh Vegetable Sub
- Fresh Baby Carrots Sack Lunch
- Fresh Celery Sticks
- Fresh Apple
- Whole Grain Pretzel Heartzels

16

Conferences- No School

19

Spring Break

20

Spring Break

21

Spring Break

22

Spring Break

23

Spring Break

26

- Loaded Chicken Nachos
- Grilled Cheeseburger
- Bean & Cheese Burrito
- Vegetarian Refried Beans
- Traditional Salsa
- Sliced Apples
- Sweet Diced Pears

27

- Chicken Caesar Salad W/ Crackers
- Orange Chicken W/ Rice
- Breaded Chicken Sandwich
- Cooked Green Beans
- Fresh Sliced Oranges
- Sweet Mixed Fruit

28

- Juicy Turkey Hot Dog
- Fresh Vegetable Sub
- Beefy Flour Tacos
- Freshly Steamed Cauliflower
- Fresh Banana
- Juicy Pineapple Chunks

29

- Large Chef Salad with Seasoned Croutons & Whole Grain Crackers
- Savory Meatball Sub
- Chicken Nugget Potato Bowl w/ Roll
- Seasoned Spinach and Onions
- Sliced Apples
- Diced Peaches

30

- Garlic Chicken Spaghetti with Breadstick
- Savory Cheese Pizza
- Classic Pepperoni Pizza
- Spiced 5 Way Mixed Veggies
- Fresh Banana
- Juicy Mandarin Oranges

Beverages Offered Daily: White 1% Low Fat Milk (13g) , Fat Free White Milk (13g) , Fat Free Chocolate Milk (20g) , Water Pouch

Daily Salad Bar: Fresh Lettuce/Spinach Mix (3g) , Fresh Baby Carrots (7g) , Fresh Broccoli (3g) , Fresh Celery Sticks (2g) , Crunchy Cucumber Slices (3g)

Condiments Offered: Ranch Dispenser (8g) , Ketchup Dispenser (5g) , Mayonnaise Dispenser (2g) , Mustard Dispenser

More Details: <http://premiercharterschool.nutrislice.com/menu/premier-lower/lunch/>
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