



My School Menus™ Are Now Available 24/7!



SFE and Premier Charter School is excited to introduce the My School Menus™ to your school district. My School Menus™ allows you to quickly and easily access daily menus, nutrient fact labels, meal prices, and allergens. A nutrient calculator and allergen filter ensures that all students, parents, and teachers have a healthy meal option everyday! It will also enable you to plan meals in advance, which can assist in counting calories/points. Additionally, by having access to our online menus, we believe it will help you make healthier choices, as you will have access to nutrition information for the school meal programs right at your fingertips.

It is important to SFE that you have access to the best nutrition because we care about your health. We are excited about My School Menus™ which enables parents, students, and teachers to make healthy food choices 24 hours a day, 7 days a week, 365 days a year!

Parents of the Premier Charter School can access this service by going to your district's food service page at <http://www.healtheliving.net/instance/2023811/district/2191063>. SFE looks forward to working together to utilize this app as one more tool to provide your students and community with the best nutrition possible. If you have trouble accessing My School Menus™ or have questions, contact Alfredo Cartagena at 314-413-1691 or via email at alfredo.cartagena@sfelc.org.

