

## **Medical/Health**

### **Accion Social Comunitaria (Spanish)**

This is a Spanish-speaking agency that provides medical assistance and legal referrals. Most of the staff are bilingual. Lury Rodriguez is the community health worker who focuses on preventive services. They provide many medical services and can make referrals to other providers who speak Spanish. They are used to working with undocumented people.

They also provide clothing food assistance; spiritual advisor.

They are starting a new free program called Family Enrichment Center (tutoring computers clubs sports etc for elementary high school). They can provide some transportation (call for further information).

LIMITATIONS: Medical services are by appt only - client must call for this;

Need to bring in photo ID (can be from country of origin) current utility bill last paycheck stub or letter from employer

For children must bring in immunization record/card birth certificate or social security card

FEES: medical services are \$10 donation for the first time \$8 for each visit thereafter; must pay own lab fees

Phone number- 314-664-5565

3646 Fairview Avenue

St. Louis, Missouri 63116

hours: MWF 9am-5pm; Tu 12:30-8pm; Th 12-8pm

### **After Hours Pediatric Urgent Care**

An alternative to the ER; has pediatricians after hours for children in need of immediate medical care; co-pays are typically less for Urgent Care than the ER and it is usually less crowded than hospital emergency rooms.

Phone number- 636-519-9559

1751 Clarkson Road

Chesterfield, Missouri

Hours: Monday-Friday 5pm-9pm

Saturday, Sunday, and Holidays 12pm-6pm

Open 365 days a year

### **Almost Home-**

This is transitional housing for teen mothers with children. It offers a structured long-term program that focuses on education, counseling, healthcare and parenting skills.

Phone number- 314-771-4663

3200 St. Vincent Avenue

St. Louis, Missouri 63132

### **ALS Association-St. Louis (Lou Gehrigs Disease)**

Organization that provides support to the patients and families who suffer from ALS -amyotrophic lateral sclerosis (Lou Gehrigs). Provide case management and provide 26 in-house programs.

[www.alsa-stl.org](http://www.alsa-stl.org)

Phone number- 888-873-8539

5615 Pershing Avenue, Suite 20  
St. Louis, Missouri 63112

### **Alzheimers Association**

24-hour Helpline support groups individual and family consultation "How to Cope" training programs respite "time off" and "Safe Return" (a wander-alert bracelet). Alzheimers education and training institute for professionals.

[www.alzstl.org](http://www.alzstl.org)

Phone number- 314-432-3422

9347 Olive Boulevard  
St. Louis, Missouri 63132

Hours: Monday 9am-8pm  
Tuesday-Friday 9am-5pm

### **Alzheimers Association Safe Return Program**

People with Alzheimers or any other type of dementia can register in the national Safe Return program. Participants get a Safe Return bracelet and wallet card labeled with an ID number and phone number to call 24/7. If the person with dementia wanders and becomes lost or confused emergency personnel physicians Good Samaritans etc. can call the toll-free number for caregiver information health status medications etc.

Phone number- 800-572-1122

Hours: 24/7

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org)

Phone number- 1-800-ACS-2345

St. Louis, Missouri 63108

Hours: 8:30 am-5:00pm

### **American Liver Foundation**

This foundation offers research, education, and advocacy for those affected by hepatitis and other liver-related diseases. Funds research grants locally and nationally along with education programs. The foundation also offers hepatitis screenings, vaccination support-groups, and patient and professional education.

[www.liverfoundation.org](http://www.liverfoundation.org)

Phone number- 314-352-7377

16 Hampton Village Plaza  
St. Louis, Missouri 63109

### **American Parkinson Disease Association**

This resource provides services for individuals with Parkinsons Disease as well as their families and caregivers. Services include: respite care adult day care lifeline public awareness and educational programs exercise classes speech therapy wellness classes support groups and social events. They offer groups all over MO and in IL.

Phone number- 314-362-3299

660 S. Euclid, Box 8111  
St. Louis, MO. 63110

### **American Red Cross Life-line**

This service provides a 24-hour emergency system if client meets income requirements.

### **Are you Ok Telephone Checkup Program**

This service provides a free computerized telephone checkup system for the elderly and people with disabilities living in the city. To qualify clients must live alone or live with someone unable to contact emergency dispatch. The computer will call residents daily and after 3 attempts with no answer the fire department will respond to the home and contact a caregiver with a house key. The fire department will also provide public education services.

Phone number- 314-289-1988

### **Asthma Allergy Foundation of America**

Offers education support and medical resources to those suffering from asthma and allergies who are uninsured or underinsured.

[www.aafastl.org](http://www.aafastl.org)

Phone number- 314-645-2422

1500 S. Big Bend Blvd.  
Richmond Heights, Missouri 63117

### **BJC Behavioral Health**

They will do in-home emergency assessments if a BJC counselor is available.

SERVICES: Offer medication assistance through psychiatrist evaluation and case management assistance for psychosocial needs. BJC serves both children and adults. Caller MUST make screening appointment assessment first. Intake worker will locate the nearest BJC office to the client. Client should have address phone number insurance and diagnosis information available if possible. They have several locations in the city and the county. Call main number for Farmington.

[www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org)

Phone number- 314- 729-4004

#### ADDRESSES:

- Kirkwood - 343 S. Kirkwood Ste. 200 63122
- Maryland Heights - 3165 McKelvey Ste. 200 63044
- St. Louis City - 1430 Olive 5th floor 63103

### **Brain Injury Association of Missouri**

This service strives to improve the life for people with brain injuries and their families. It also provides support groups, regular newsletter information, referral, summer wilderness camp, monthly social/recreational activities, advocacy, and safety initiatives.

Phone number- 314-426-4024

10270 Page Avenue Suite 100  
St. Louis, Missouri 63132

### **Breast Cancer Helpline-National**

The Komen Foundation has a National Toll-Free Breast Care Helpline answered by trained caring volunteers whose lives have been personally touched by breast cancer.

Phone number - 1-800-IM AWARE (1-800- 462-9273)

### **Cancer Information Services –National**

This resource supplies confidential information about cancer and related resources to cancer patients and their families, the general public, and professionals. They will send out publications (usually free); smoking cessation services; database to search for ongoing clinical trials throughout the world (cancer related).

[www.cancer.gov](http://www.cancer.gov)

Phone number- 1-800-4-CANCER

Hours: Monday-Friday 9am-4:30pm

### **Cass Dental**

This service accepts all dental insurances; out of pocket- NO MEDICAID.

Phone number- 314-531-5000

3610 Cass Drive  
St. Louis, Missouri 63113

Hours: Monday-Friday 8am-5pm

### **Catholic Community Services**

This service provides social services, health care access, life skills, education through ten neighborhood-based centers- in collaboration with the Archbishops commission on community health and other community organizations.

325 N. Newstead Ave.  
St. Louis, Missouri 63108

Additional locations:      2647 Ohio Avenue  
Phone number- 314-771-7423

1202 S. Boyle Avenue  
Phone number- 314-534-1180

### **Center for Disease Control Information**

PHONE NUMBERS (all these hotline numbers connect to the CDC):

- 1) CDC Info (immunizations sexually transmitted diseases HIV/AIDS cancer diabetes childrens health): - English Line 1-800-232-4636 (Daily 24 hrs)
  - Spanish Line 1-800-344-7432 (Daily 8-2 EST)
  - TTY 1-800-243-7889 (M-F 10-10 EST)
- 2) Immunization Hotlines (emergency immunizations preparedness birth defects):
  - English 1-800-232-2522 (M-F 8am-11pm EST)
  - Spanish 1-800-232-0233
  - TTY 1-800-243-7889
- 3) Herpes Line:
  - 1-919-361-8488 (M-F 9am-6pm EST)

### **Center for Disease Control Prevention**

This is a federal organization providing useful information in an effort to promote health by preventing and controlling disease, injury, and disability.

Website: [www.cdc.gov/ncipc/ncipchm.htm](http://www.cdc.gov/ncipc/ncipchm.htm)

Email: [ohcinfo@cdc.gov](mailto:ohcinfo@cdc.gov)

Phone number- 404-639-3311

Fax number- 404-639-1537

1600 Clifton Rd. NE  
Atlanta Georgia, 30333

Hours: Monday-Friday 8am-4pm (rolls over to emergency line after normal business hours)

### **CLAIM (Community Leaders Assisting Insured of Missouri)**

Volunteers who help people having trouble with insurance; provide case management and other services; provides free Medicare assistance programs counseling

[www.missouricclaim.org](http://www.missouricclaim.org)

Phone number- 1-800-390-3330

Hours: Monday-Friday 9am-4pm

### **Clinics for Spanish Speakers**

**GRACE HILL South Clinic:** 314-577-6232 (on Cherokee Street). All practitioners speak Spanish.

**Family Care Health:** 401 Holly Hills. This location has several Spanish-speaking practitioners including nurses in family planning, general medicine, pediatrics, pharmacy and dental services. Call the operator at 353-5190 and request a Spanish speaker in the proper department. Translation is provided for all appointments.

**Midwest Health Center:** at Our Lady of Guadalupe Church. 314-839-4408 OR 636-240-8076

Hours: Sunday 1pm-3pm

### **Communicable Disease Control**

Free HIV and STD testing

Contact: Jody Ernst at 314-679-7902  
Phone Number- 314-615-1630  
Fax Number- 314-615-8346

Hours: Monday-Friday 8am- 5pm

### **ConnectCare (Regional Hospital)**

The hospital stabilizes patients and assists with their medical needs.

Phone number 314-361-2273

5535 Delmar  
St. Louis, Missouri 63112

Hours: Urgent Care is open Monday- Friday 9am-7pm  
Saturday, Sunday, and holidays 8am-5pm  
Normal business hours 8am-4:30pm

### **Consumer Checkbook**

This is a nonprofit research organization that specializes in providing consumers with information to help them choose the best hospitals, health plans, and physicians; produces the book Consumers Guide to Top Doctors which identifies 20000 top-rated physicians in metropolitan areas across the country.

[www.checkbook.org](http://www.checkbook.org)

Phone number 1-800-213-7283

### **David C. Pratt Cancer Center**

David C. Pratt Center offers free educational materials, counseling with oncology-certified nurses, free screenings, supportive therapies, spiritual and pastoral services, nutritional counseling, monthly support groups, wellness classes, and special programs for cancer patients.

[www.stjdmsmercy.org/services/cancer/contact.org](http://www.stjdmsmercy.org/services/cancer/contact.org)

Phone number 314-251-6400

607 New Ballas Rd.  
St. Louis, Missouri 63141

Cancer Answer Line Hours: Monday-Friday 8am- 4:30pm

### **Dental Referral Services**

SERVICES: matches people based on dental needs location and payment

[www.gslds.org](http://www.gslds.org)

1. Dental Society of Greater St. Louis  
PHONE: 314-569-0447 Ellen Kessler

## 2. Dental Referral Service

11457 Olde Cabin Rd. Suite 300  
St. Louis, Missouri 63141

Hours: 9am-5pm

### **DePaul Hospital**

This service provides an inpatient detox program with dual dx only.

[www.fsddepaul.com](http://www.fsddepaul.com)

Main hospital number 314-344-6000  
Intake 314-344-6360

12303 DePaul Dr.  
Bridgeton, Missouri 63044

### **Drug Assistance from Pharmaceutical Companies**

See below for a listing of pharmaceutical company numbers. Also see the referral "Free and low cost drugs" for other suggestions and tips for medication assistance. Some pharmaceutical companies offer medication assistance programs to low-income individuals and their families. These programs typically require a doctor's consent and proof of financial status. They may also require that you either have no health insurance or no prescription drug benefits through your health insurance. Contact the pharmaceutical company directly for specific eligibility, requirements, and application information. If unaware of the correct pharmaceutical company to contact, callers should ask their doctor or pharmacist which company makes their prescription drugs.

1. Abbott Laboratories - 800-222-6885
2. AstraZeneca Pharmaceuticals - 800-424-3727
3. Boehringer Ingelheim Pharmaceuticals - 800-556-8317
4. Bristol-Myers Squibb Company - 800-332-2056
5. Eli Lilly and Company - 800-545-6962
6. Forest Pharmaceuticals Inc. - 800-851-0758
7. GlaxoSmithKline - 866-728-4368
8. IVAX Pharmaceuticals Inc.- 800-327-4114 x4344
9. Janssen Pharmaceutica - 800-652-6227
10. Novartis Pharmaceuticals - 800-277-2254 (long term) 800-277-2254 (main)
11. Ortho-McNeil Pharmaceutical Inc.- 800-652-6227
12. Pfizer Inc. - 800-707-8990
13. Roche Pharmaceuticals - 800-285-4484
14. Wyeth Pharmaceuticals - 800-568-9938

HELPFUL WEBSITES: Partnership for Prescription Alliance; RxAssist: Assessing Pharmaceutical Patient Assistance Programs; Medicare.gov: Prescription Drug Assistance Programs; RxHope: The Heart of the Pharmaceutical Industry

### **Drug Test Resources of St. Louis**

This service offers in-home drug testing programs for teens as well as in-home drug testing and prevention programs. They also test and provide education for parents; to help them become familiar with the signs of drug abuse, types of drugs teenagers are abusing, and the long term effects. Resources are provided for parents. These resources include information on therapists, counselors, detox, and treatment centers.

[www.drugtestresourceofstlouis.com](http://www.drugtestresourceofstlouis.com)

Phone number 314-363-65656

Hours: Monday-Friday 8am-5pm

### **Family Care Health Center**

This is a not-for-profit health care organization providing affordable and accessible services for all ages. It offers extensive medical, dental, vision, pharmacy, nutrition, and WIC services. They also have a social worker on staff, employees who speak Spanish, and a women's health nurse. Translation is provided for all appointments. They serve St. Louis City and County as well as some counties in Illinois. There is also a Dental Clinic at 422 Wilmington Ave (314) 353-3727. Call for interpreter availability at this clinic.

Phone number 314-353-5190 (Carondelet Center)

locations:	Carondelet Center 401 Holly Hills Avenue St. Louis, Missouri 63111	Forest Park Southeast Center 4352 Manchester St. Louis, Missouri 63110
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Hours: Monday 9am-6pm  
Tuesday 9am-7pm  
Wednesday 1pm-6pm  
Thursday 8am-5pm  
Friday 9am-6pm  
Saturday 9am-1pm

### **Free Cancer Screening for Uninsured Missourians**

St. Johns often offers free skin and breast cancer screenings to uninsured Missourians. Callers should call to find out if there are any upcoming screenings to see if they qualify and to schedule an appointment.

This service will provide free mammograms to women who are eligible, but must fall under certain financial criteria. They work with women who are 1. unemployed 2. uninsured OR 3. facing an extremely high co-pay. They also have a "Mamm Van" that travels throughout the area and provides screening at accessible location (i.e. church). They typically try to publicize Mamm Van visits in newspapers and local journals. Client can call St. Johns for more info.

[www.stjohnsmercy.org](http://www.stjohnsmercy.org)

Phone number 314-251-6400

615 New Ballas Road  
St. Louis, Missouri 63141

### **Grace Hill Neighborhood Clinic**

Services include pediatrics, OB/GYN, adult medicine, dental care, community health, mental health, and social service (call for current programs and services) WIC.

Has the STAES (System To Assure Elderly Services - 539-9633) program which provides telephone friends, and friendly visitors for older adults and it's free. They require conference call for the first appointment.

Phone number for Water Tower Clinic 314-898-1717  
Phone number for after hours exchange 314-289-6776

4308 N. Grand  
St. Louis, Missouri 63107



Hours: Monday 10am-6:30pm  
Tuesday 9am-5:30pm  
Wednesday 10:30am-7pm  
Thursday and Friday 9am-5:30pm

### **Health Education for Children (HEY)**

HEY is a comprehensive education support and resource program for youth and young adults living with HIV, at risk for HIV, or affected by HIV. They offer case management, clinical services, support groups, education, and outreach for youth 13-24.

[www.projectark.wustl.edu](http://www.projectark.wustl.edu)

Phone number 314-535-7275

4169 Laclede Avenue  
St. Louis, Missouri 63108

Hours: 8am-4pm (business)  
11am-4pm (HIV testing)

### **Health Insurance for Kids- Low or No Cost (MC+)**

This service offers low-cost or no-cost health insurance for children. Children are eligible if they are under age 19, uninsured for 6 months, or more (some exceptions apply) and the family's income falls within eligibility requirements. This program is sponsored by the federal government and administered through the states. This is a special program to pay for doctor visits, prescription medicines, hospitalizations, and more.

[www.dss.mo.gov](http://www.dss.mo.gov)

877-KIDS-NOW (877-543-7669)

Hours: 8am-5pm

### **Heartland Home Healthcare and Hospice**

This service provides homecare services including skilled nursing and physical/occupational therapy. It also has a hospice program for people who are terminally ill with less than 6 months to live. They also provide hospice clients with bereavement counseling.

[www.heartlandhomehealthandhospice.com](http://www.heartlandhomehealthandhospice.com)

Phone number: Ask for Melissa 314-453-0990

12101 Woodcrest Executive Drive  
St. Louis, Missouri 63141

Hours: 8am-5pm

### **ID Network Health and Safety Services**

SERVICES: ID Network is a national program which provides member photo and information to law enforcement 24 hours a day if a loved one becomes lost or needs emergency medical information.

Phone number 314 352-6300

5400 Langley Avenue  
St. Louis, Missouri 63132

Hours: 8am-5pm

### **Inner Peace Support Group**

This service provides support groups for those who suffer with chronic pain.

Phone number 314-725-4511 (ask for Leslie Weinstein)

### **Isaiah 58**

PHONE: 314-776-1410--PLEASE READ BEFORE GIVING OUT NUMBER  
ONLY SERVICES PART OF 63104 63110 63116 AND 63118. Read below for various services:  
MUST LIVE BETWEEN Chippewa, Chouteau, Jefferson, and Kingshighway

For assistance client will need valid picture ID proof of Social Security Number proof of address

Utility Assistance: Thursday  
9:00a - 12:00p  
MAXIMUM DONATION: \$25.00-\$50.00

Food Pantry: Monday through Friday  
10:00am - 1:00pm

Clothing Bank: Tuesday and Thursday  
10:00a-12:00pm

Also provides health screening youth program and near the South Side Employment Coalition.

SPANISH SERVICES: The Director Reverend Millie Slack speaks Spanish and is willing to translate for clients between 9-5 Monday-Friday. When referring clients tell them to ask for her and PLEASE be sure that they know about the documentation requirements. This is likely to be close geographically for many Spanish-speaking callers.

### **Judevine Center for Autism**

This resource provides a variety of services for people with autism. It also provides training for parents including: therapy, residential care, adult supported employment, and respite care.

Phone number 314-432-6200

1101 Olivette Executive Parkway  
St. Louis, Missouri 63132

### **Language Access Metro Project (lamp)**

This service will provide interpreters for medical appointments (sometimes including mental health visits). These services are free to the client but the practitioner (i.e. doctor dentist) MUST call to request the interpreter. Please CC to the doctor to advocate for the caller.

Pager (for Emergencies ONLY):  
(314) 841-8443 - 8AM-6PM  
(314) 768-1567 - 6PM-8Am Weekends  
(314) 812-7677 Afterhours number

Phone number 314-842-0062  
Fax 314 842-1303

8050 Watson Road  
St. Louis, Missouri 63119

### **Logisticare-Medicaid Transportation**

This service provides assistance with transportation for those who have medicaid.

Phone number 866-269-5927

### **MBMC Mobile Mammography Van**

The Missouri Baptist Medical Center (MBMC) Breast HealthCare Center services come to neighborhoods by way of a van. The van features state-of-the-art equipment and the mammogram testing takes about 20 minutes. Films are examined by MBMC radiologists and the results are reported to patients and their physicians. The van is handicapped-accessible.

Phone number 314-996-5170

### **Medications**

When you have a caller looking for medications consider the following options:

1. Public Health clinics like:  
Connectcare  
Peoples Health Centers 63112 314-367-7848 and 63143 314-781-9162  
Carondelet Health System 63043 314-770-0333  
Forest Park Health Clinic 63108 314-367-6600.
2. Social workers at the caller's hospital or clinic who are often able to get free samples.
3. Specialty organizations like American Diabetes Assoc American Cancer American Lung Kidney Assoc. etc.

### **Mid-City Dental**

Phone number 314-776-7100

2600 Chouteau  
St. Louis, Missouri 63101

### **Missouri Families for Effective Autism Treatment**

Missouri Families for Effective Autism Treatment (MO-FEAT) is a not-for-profit organization which provides education, advocacy, resources, and emotional support for the families of a loved one with Autism.

[www.mo-feat.org](http://www.mo-feat.org)

Phone number 314-645-6877

800 Maryville Center Drive Suite 204  
Chesterfield, Missouri 63107

Hours: 9am-3pm

### **MO Family And Child Coalition**

Healthy Start is a program for pregnant women. Its goal is to positively impact infant mortality and to reduce low birth weight in newborn babies.

Phone number 314-289-5680

539 N. Grand Blvd. Suite 403  
St. Louis, Missouri 63103

### **MS (Multiple Sclerosis) Society**

This service provides information, referrals, and support groups for people with MS.

[www.gatewaymssociety.org](http://www.gatewaymssociety.org)

Phone number Toll Free 1-800-FIGHT MS  
314-781-9020

1867 Lackland Hill Parkway  
St. Louis, Missouri 63146

Hours: 8:30am-5:00pm

### **MTM-Medical Transportation**

Non-emergency curb-to-curb transportation; MTM is subcontracted through Medicaid; serves MO and many other states including IL.

LIMITATIONS: All non-emergency require 5 days advance notice. Para-lift requires 2 days advance notice. For emergencies they will verify with a doctor first.

[www.mtm-inc.net](http://www.mtm-inc.net)

Phone number 636-561-5686  
Spanish Speaking 1-800-523-1786

16 Hawk Ridge Drive  
Lake St. Louis, Missouri 63367

Hours: Monday-Friday 7am-6pm  
Saturday 8am-6pm

### **National Cancer Institute**

PHONE: 573-522-2845

HOURS: M-F 9-4:30PM; automated information about various cancer topics is available 24/7

SPANISH: hotline operated in English and Spanish

### **Optimum Nurse-line**

Nurses answer this line 24 hours/day regarding health issues including but not limited to: medication questions recent diagnoses and common illnesses and immediate problems. Also gives referrals about related websites and medical professionals.

Phone number 1-800-846-4678

### **PAKT Community Resource Center**

This resource offer resources for services including: a food pantry, health screening, utility assistance for bills, youth programs (Summer Youth program), art activities, cultural programs for youth, and tutorial programs (ages 7-14 years old).

Phone number 314-524-2710

8301 Booker Avenue  
St. Louis, Missouri 63140

Hours: Monday-Friday 9am-5pm

### **Partnership for Prescription Assistance**

This is a national hotline that helps citizens find out about medication assistance programs for which they are eligible. There is an application process. People can call to see if they qualify and for help with the application process. When they call they need to know the names of the medications they take (not all meds are covered).

[www.pparx.org](http://www.pparx.org)

Phone number 1-888-4PPA-NOW

Hours: Monday-Friday 8am-10pm  
Saturday-Sunday 9am-5pm

### **People's Health Centers (3 Locations)**

Peoples Health Centers provides quality health care and social services to thousands of poor and medically underserved people in the St. Louis community; services provided include: dental, internal medicine, laboratory/X-Ray – ultrasound, mammogram, outreach - school-linked programs, abstinence education, community health nursing, health education, mobile health services, pediatrics, pharmacy, social services - mental health, substance abuse counseling, HIV/AIDS counseling, and testing, WIC (Women Infants Children) - lactation services nutrition, women's health - Obstetrics/Gynecology, family planning, other specialties – asthma, general surgery, and podiatry. There is free healthcare for people 19 and up. This service is also open on evenings and weekends.

[www.phcenters.org](http://www.phcenters.org)

PHONE: 314-367-7848 Central West End  
314-781-9162 Maplewood  
314-838-8220 North County

Central Phone number 314-367-7848

Headquarters/Central Site  
5701 Delmar Boulevard  
St. Louis, Missouri 63112

### **Prince Hall Comprehensive Social Service**

This building is a Missouri Family Support Center with many state and city agencies in it. Although it is not in College Hill it is within walking distance (about a mile away). The programs and services change regularly but the switchboard operator is very knowledgeable about what current services are offered by which agencies. Some of the programs and services are: Missouri Division of Health Senior Services, mentoring for young people, jobs programs, St. Louis Housing Authority, help for individuals with developmental disabilities, sexually transmitted disease clinic, WIC, Adult Learning Center, child support enforcement care, oversight for abused and neglected children, a health clinic, Family Court - Juvenile Division, Poisoning Prevention Council, helping chronically mentally ill patients, and an income maintenance office of DFS which can help with emergency food stamps and signing up for AFDC.

Phone number 314-361-2273

4411 N. Newstead  
St. Louis, Missouri 63115

### **Prostate Cancer Resource Group**

Physician-led group for those who have been diagnosed with prostate cancer. Learn more about treatment options as well as connect with other patients and families dealing with the same issues.

Phone number 314-996-5638

### **Spanish Speaking Doctors**

Victor Rivera (ob/gyn at St. Anthony's)  
Jose Benites (general practitioner at St. Anthony's)  
Dr. Suarez (general) at SSM 961-9080  
Alma Fulton (dentist) 544-3448  
Dr. Gabriel de Erasquin (psychiatrist) 729-4044 (intake) 206-3700 (office)

### **St. Louis American Cancer Society**

This resource provides services and support for people with cancer and their families. The 24-hour hotline also has counselors who work with people trying to quit using tobacco.

[www.cancer.org](http://www.cancer.org)

Phone number 314-286-8100

4207 Lindell Boulevard  
St. Louis, Missouri 63108

Hours: Monday- Friday 8:30am-5:00pm

### **St. Louis Cancer and Breast Institute**

This service provides multi-specialty cancer center specializing in all kinds of breast disease benign and malignant.

Phone number 314-989-1300

450 N. New Ballas Road.  
St. Louis, Missouri 63141

Hours: Monday-Friday 8am-5pm

### **St. Louis Christian Chinese Community Service Center**

This service provides health education seminars, health clinic, marital family therapy, individual counseling, welfare assistance (forms and translation), legal consultation services and referrals.

**Website:** [www.stl-cccsc.org](http://www.stl-cccsc.org)  
**Email:** [stl-cccsc@sbcglobal.net](mailto:stl-cccsc@sbcglobal.net)

Phone number 314-989-1220

8225 Olive Boulevard  
St. Louis, Missouri 63132

Hours: Monday-Friday 9am-5pm

### **St. Louis County Department of Health Center**

St. Louis County Department of Health has 3 Health Center locations which provide free or low cost mental health services for County residents.

1) John C. Murphy Health Center  
ADDRESS: 6065 Helen Ave. Berkeley Missouri 63134  
PHONE: 314-522-6410; TTY: 522-1260  
HOURS: MWRF 8:30-12 1-5pm; T 9:30-12 1-6pm

2) North Central Community Health Center (Pine Lawn)  
ADDRESS: 4000 Jennings Station Rd Pine Lawn MO 63121  
PHONE: 314-679-7800  
HOURS: M T W F: 8:30-12 1-5pm; R 9:30-12 1-6pm

3) South County Health Center  
ADDRESS: 4580 South Lindbergh Blvd. St Louis County MO 63127  
PHONE: 314-842-1300  
HOURS: MTRF 8:30-12 1-5pm; W 9:30-12 1-6pm

[www.stlouisco.com](http://www.stlouisco.com)

Phone number for the main switchboard 314-615-0600

### **St. Louis Effort for AIDS (EFA)**

1) Support groups for loved ones and people with HIV infection, ARC/AIDS, and hepatitis 2) Financial help with rent, food, and utilities; 3) "Buddy System"; 4) Dental medical legal psychological referrals; 5) Advocacy Speakers Bureau education case management.

[www.stlefa.org](http://www.stlefa.org)

Toll free- 1-800-337-AIDS  
Hotline- 314-647-1144  
Toll free to office 1-888-785-3321

1027 Vandeventer Suite 700  
St. Louis, Missouri 63110

Hours: CRISIS LINE Monday-Friday 9am-5pm

**St. Louis Veterans Administration Medical Center**

314-894-6415 (Polytrauma) ALTERNATIVE LOCATION: Jefferson Barracks #1 Jefferson Barracks Drive St. Louis Mo 63125 PHONE: 314.652.4100 SERVICES: John Cochran division has inpatient and outpatient medical care, women's clinic, and Opioid Addiction Treatment Clinic. This division also offers counseling for military, sexual trauma, and those services can be accessed through the main Social Work office. Jefferson Barracks divisions have inpatient and outpatient psychiatric care, substance abuse programs, short-term physical rehabilitation, domiciliary spinal cord unit, polytrauma unit, and hospice programs.

Main Office: 314-4100  
Eligibility: 314-289-6412  
Women's Clinic: 314-289-6540  
Substance Abuse Treatment: 314-894-6598

915 N. Grand  
St. Louis, Missouri 63106

**Tel-Link-Statewide**

This service provides state-wide assistance with DFS, C-star. It also provides help for low income people that have dental and prenatal needs. This is a referral line only.

Phone number 1-800-835-5465

Hours: Monday-Friday 8am-5pm

**The Medicine Shoppe**

This service will waive co-pay for Medicaid or other state funded program and will deliver most places for free (normally \$3 delivery fee). They do try to collect either the co-pay or the \$3 delivery fee but will waive both if it is not financially possible for the person to pay anything. Please call for specific information.

Phone number 314-367-3009

625 N. Euclid  
St. Louis, Missouri 63108

Hours: Monday-Friday 9am-6pm  
Saturday 9am-1pm



### **The Missouri Physician's Health Program-For Missouri Physicians**

The Missouri Physicians Health Program (MPHP) is available to help physicians who have life problems including substance abuse, mental health, stress, behavioral health problems, disruptive behavior, boundary violations, physical illness, and other issues which prevent them from functioning at their best. MPHP facilitates the physician's return to healthy personal and professional functioning through early identification intervention and treatment. MPHP will take 3rd party referrals.  
24-hour hotline 314-995-4990

### **The Wellness Community of Greater St. Louis**

This resource provides free programs and services for cancer patients and caregivers. Cancer patients can call peer survivors with similar type of cancers for support. It also provides self-help and support groups, community information, and educational programs.

Phone number 314-238-2000

1058 Old Des Peres  
St. Louis, Missouri 63131

### **UMSL Child Advocacy Department**

This resource provides services for traumatic experiences including sexually abused children and families. They also provide forensic interviews, medical exams, individual and group therapy. Sessions start at 9AM.

Phone number 314-516-6798

One University Boulevard  
St. Louis, Missouri 63121

Hours: Monday-Thursday 9am-8pm  
Friday 9am-6pm

### **Unity Health Hospice**

Hospice services including a nurse, social worker, home health aide, and Chaplin; for people with a terminal illness who have less than 6 months to live.

Phone number 314-729-4400

1000 Des Peres Road  
St. Louis Missouri 63131

### **Vision USA**

This service provides eye exams for low income working families.

Requirements:

- 1)At least one member of the household MUST be employed
- 2)No eye exam within the past 2 years
- 3)No insurance that covers eye exams

NOTE: the program does not cover eyeglasses operations or contacts. ONLY COVERS EYE EXAMS

Phone number 1-800-766-4466

Hours: Monday-Friday 8:30am-5:00pm

### **Visiting Nurses Association**

This is a not-for-profit home health care agency providing hospice and in-home health care for homebound patients.

Phone number 314-918-7171

Hours: 8:30am-5:00pm

### **Weight Management Program At Washington University**

This service provides behavioral and surgical treatment for obesity. They are affiliated with one of the only doctors that will accept Medicaid to pay for gastric bypass surgery; there is a wait list of about 6 weeks for services.

NOTES: The program holds information sessions two days per month typically from 5:30- 6:30 p.m. About a six week wait period for services.

In order to participate in this program, the person must have a BMI over 40 or over 35 with medical complications. The person must be over age of 17 and younger than 65.

Website: [www.weightmanagement.wustl.edu](http://www.weightmanagement.wustl.edu)

e-mail: [weightmanagement@im.wustl.edu](mailto:weightmanagement@im.wustl.edu)

Phone number: 314-286-2080

Hours: Monday-Thursday 8:30am-4:30pm