

An Easy Guide to the Best CHEW Donations

- Rice, Pasta, Mashed Potatoes
- Complete Meals in a Box
- Canned Chili & Beef Stew
- Canned Corn, Green Beans, Peas, Carrots, Mixed Vegetables
- Granola Bars, Fruit Snacks, Peanuts, Cracker Packs, Cookie Packs, Pretzels
- Pop Tarts, Cereal Bars, Small Boxes of Cereal, Oatmeal, Grits
- Canned Tuna, Canned Chicken, Canned Ham
- Fruit Cups, Applesauce, Raisins
- SpaghettiO's, Ravioli, Beefaroni, Spaghetti Sauce
- Peanut Butter & Jelly
- Mac & Cheese

For Safety Reasons, No Glass Jars Please



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