

Will you accept the CHEW CHALLENGE?

Take a Bite Out of Childhood Hunger!

Over 5,000 children in Onslow County have been identified as critically in need of food. Childhood hunger is not an option in our caring community!

United Way's CHEW! Program— a weekend backpack program— is the solution!

To participate in the CHEW CHALLENGE

- Pledge to donate \$30 or 30 food items in 30 days
- To donate money, text the word APPLE to 91999 and complete your donation via your smartphone.
- To donate food items, visit www.chewchallenge.org to see a list of the best foods to donate
- Use your smartphone and film yourself reciting the script on the reverse side of this card. End your video by biting into an apple.

"CHEW CHALLENGE Script"

Hi! I'm (state your name) and I accepted the CHEW Challenge by donating \$30.00 or 30 food items (only state what you will donate) to feed one local child. I call out (name your friends that you are calling out) to accept the challenge within 30 days. For more details visit, chewchallenge.org. Take a bite out of childhood hunger.

Next Steps:

- At the end of every video, the person accepting the challenge should bite into an apple
- Use hashtags #CHEWCHALLENGE #LIVEUNITED #LIVEUNITEDONNSLOW
- Tag United Way of Onslow County
- Tag the three people you call out
- Tag anyone else you think would enjoy your video