



Beaufort  
Bertie  
Camden  
Carteret  
Chowan  
Currituck  
Dare  
Gates  
Hertford

Hyde  
Martin  
Northampton  
Onslow  
Pasquotank  
Perquimans  
Pitt  
Washington



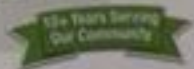
**Integrated Family Services**  
PLLC

Connecting the Pieces:  
Creating Stronger Families

## MOBILE CRISIS TEAM

1.866.437.1821 / 24 hours a day / 7 days a week

For Help With People in Crisis That Have:  
Mental Health Issues  
Developmental Disabilities  
Substance Abuse Issues



[www.integratedfamilyservices.net](http://www.integratedfamilyservices.net)



**In a CRISIS?**  
*Chat with Us!*

We are here to provide you with online emotional support.  
[www.integratedfamilyservices.net](http://www.integratedfamilyservices.net)

24 hours a day  
7 days a week  
365 days a year



Click icon — Chat with us!

**ACCESSING IFS CRISIS CHAT**  
Step 1: Click the "Chat with us" icon at the top of any of the pages on our website.  
Step 2: Complete and submit the brief pre-chat questions.

### PURPOSE

MOBILE CRISIS MANAGEMENT involves all support, services, and treatment necessary to provide integrated crisis response, crisis stabilization interventions, and crisis prevention activities 24 hours a day / 7 days a week. Crisis intervention services are provided at any location in the community to reduce barriers to service delivery.

### Can Provide Services For:

- All Beaufort, Bertie, Camden, Carteret, Chowan, Currituck, Dare, Gates, Hertford, Hyde, Martin, Northampton, Onslow, Pasquotank, Perquimans, Pitt, Tyrrell and Washington County citizens regardless of insurance
- Anyone in crisis
- Suicidal or depressed persons
- Persons with homicidal ideations
- Domestic violence
- Emergency petitions situations
- Family education
- Delusional and psychotic persons
- Death notification and support
- Links to Mental Health services
- Links to Detox
- Family and Marital conflicts

### Can't Provide Services For:

- Treatment without consent
- Transportation only

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At IFS Crisis Chat you can chat with a caring person. Whether you feel alone, don't know where to turn, or have a problem that is difficult to talk about, visit:

[www.integratedfamilyservices.net](http://www.integratedfamilyservices.net) and Chat with Us! We are confidential and we don't judge.

#### You can chat about:

- Relationships
- Self Image
- Bullying
- Thoughts of Suicide
- Family Problems
- Whatever you need

**We are here to help you.**

Reach out. Get help.  
We are here to listen.

