

October Elementary Menu

2018/2019

Breakfast in the Classroom

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Sausage Biscuit (27)</p> <p>Crispy Popcorn Chicken (13) Mac & Cheese Ham Bake (23) Garlic Breadstick (15)</p> <p>Curly Fries (17) Caesar Salad (5)</p>	<p>2 Chocolate Chip Muffin (44)</p> <p>Breaded Chicken (11) Garlic Breadstick (15) BBQ Sandwich (39)</p> <p>Roasted Potatoes (19) Cole Slaw (7)</p>	<p>3 Chicken Biscuit (32)</p> <p>Chicken Tenders (22) Country Style Steak (3) Brown Rice (48) PB&J Sandwich (32)</p> <p>Sweet Potato Tots (37) Seasoned Green Beans (4)</p>	<p>4 WG Cinnamon Bun (30)</p> <p>Pepperoni Pizza (30) Mini Cheese Ravioli (33) Garlic Toast (15)</p> <p>Buttered Corn (20) Roasted Squash & Zucchini (4)</p>	<p>5 Breakfast Pizza (21)</p> <p>Beef Nachos (41) Beef Rice Bowl (48) Cheese Quesadilla Sliders (32)</p> <p>Spring Mix (1) Salsa Cup (6) Cajun Pinto Beans (19)</p>
<p>8 Sausage Biscuit (27)</p> <p>Beef Teriyaki Bites (6) Sesame Popcorn Chicken (25) Brown Rice (48)</p> <p>Buttered Corn (20) Steamed Broccoli (4) Seasoned Black Beans (22)</p>	<p>9 Mini Powdered Donuts (41)</p> <p>Chicken Tenders (22) Dinner Roll (30) Hot Dog w/ Chili (29) PB&J Sandwich (32)</p> <p>Cole Slaw (7) Curly Fries (17) Carrot Cup (6)</p>	<p>10 Chicken Biscuit (32)</p> <p>Chicken Pie (24) Biscuit (27) Corn Dog Nuggets (30)</p> <p>Golden Mashed Potatoes (18) Seasoned Green Beans (4)</p>	<p>11 PB&J Sandwich (32)</p> <p>Cheese Pizza (30) Baked Spaghetti (26) Garlic Toast (15)</p> <p>Caesar Salad (5) Roasted Okra (6)</p>	<p>12 Cinnamon Crumble Cake (53)</p> <p>Cheese Stuffed Sticks (30) Marinara Sauce Cup (7) Hamburger (28)</p> <p>TaterTots (16) Caesar Salad (5)</p>
<p>15 Sausage Biscuit (27)</p> <p>Crispy Popcorn Chicken (13) Mac & Cheese Ham Bake (23) Garlic Breadstick (15)</p> <p>Curly Fries (17) Steamed Broccoli (4)</p>	<p>16 Chocolate Chip Muffin (44)</p> <p>Breaded Chicken (11) Garlic Breadstick (15) BBQ Sandwich (39)</p> <p>Roasted Potatoes (19) Cole Slaw (7)</p>	<p>17 Chicken Biscuit (32)</p> <p>Chicken Tenders (22) Mini Meat Loaf (13) Creamy Mac and Cheese (20) PB&J Sandwich (32)</p> <p>Sweet Potato Tots (37) Seasoned Green Beans (4)</p>	<p>18 WG Cinnamon Bun (30)</p> <p>Pepperoni Pizza (30) Mini Cheese Ravioli (33) Garlic Toast (15)</p> <p>Buttered Corn (20) Roasted Squash & Zucchini (4)</p>	<p>19 Breakfast Pizza (21)</p> <p>Beef Nachos (41) Beef Rice Bowl (48) Cheese Quesadilla Sliders (32)</p> <p>Spring Mix (1) Salsa Cup (6) Cajun Pinto Beans (19)</p>
<p>22 Sausage Biscuit (27)</p> <p>Beef Teriyaki Bites (6) Teriyaki Popcorn Chicken (27) Brown Rice (48)</p> <p>Buttered Corn (20) Steamed Broccoli (4) Seasoned Black Beans (22)</p>	<p>23 Mini Powdered Donuts (41)</p> <p>Chicken Tenders (22) Dinner Roll (30) Crispy Fish Fillet (16) PB&J Sandwich (32)</p> <p>Cole Slaw (7) Curly Fries (17) Carrot Cup (6)</p>	<p>24 Chicken Biscuit (32)</p> <p>Chicken Pie (24) Biscuit (27) Corn Dog Nuggets (30)</p> <p>Golden Mashed Potatoes (18) Seasoned Green Beans (4)</p>	<p>25 PB&J Sandwich (32)</p> <p>Cheese Pizza (30) Baked Spaghetti (26) Garlic Toast (15)</p> <p>Caesar Salad (5) Roasted Okra (6)</p>	<p>26 Cinnamon Crumble Cake (53)</p> <p>Cheese Stuffed Sticks (30) Marinara Sauce Cup (7) Hamburger (28)</p> <p>TaterTots (16) Caesar Salad (5)</p>
<p>29 Sausage Biscuit (27)</p> <p>Crispy Popcorn Chicken (13) Mac & Cheese Ham Bake (23) Garlic Breadstick (15)</p> <p>Curly Fries (17) Caesar Salad (5)</p>	<p>30 Chocolate Chip Muffin (44)</p> <p>Breaded Chicken (11) Garlic Breadstick (15) BBQ Sandwich (39)</p> <p>Roasted Potatoes (19) Cole Slaw (7)</p>	<p>31 Chicken Biscuit (32)</p> <p>Chicken Tenders (22) PB&J Sandwich (32)</p> <p>Fresh Sweet Potato (28) Seasoned Green Beans (4)</p>		

EARLY DISMISSAL

School Breakfast
*UB Price - \$0.00
\$1

School Lunch
Elementary: \$2
\$2.45, Red

*For more info
Universal Breakfast
the School Nutrition
RCSS
**Make Payment
Students Account
to www.k12pa.gov

NEW FOR 2018
the option to
Free/Reduced
online by
www.lunchapp.com
following the in-
screen. Only one
needed per home
online **OR** paper
not

Offered Daily
Choice of Cinnamon
French Toast
Strawberry and
(16) w/ Graham
Jane Cookies (10)
Cup (14), 100
Choice

Offered Daily
Choice of 1% or
or Chilled Fruit
Entree - Yogurt
Granola (13) & C
(14) (PB&J (1)
Chicken Teriyaki
**Carb Counts list
menu