



~LYNN LYONS.LICSW

~MANAGING ANXIETY AT SCHOOL
AND HOME

OCTOBER 27

5 -7 PM

WINNACUNNET HIGH SCHOOL AUDITORIUM
1 ALUMNI DRIVE, HAMPTON

COST: FREE

IF YOU AND ANYONE CLOSE TO YOU SUFFER FROM ANXIETY, LYNN WILL
GIVE YOU THE TOOLS TO BREAK THE CYCLE.

LYNNLYONSNH.COM

FOR MORE INFORMATION CONTACT: TINE SVANHOLM, Ph # 758-9378