

NHS SEL Concepts Grade 2

CONCEPTS	Self Awareness	Self Management	Social Awareness	Relationship Skills	Responsible Decision-Making
	<p>Identifying and recognising emotions; recognising personal interests and strengths; maintaining a well-grounded sense of self-confidence</p>	<p>Regulating emotions to handle stress, control impulses, and motivating oneself to persevere in overcoming obstacles, setting and monitoring progress toward the achievement of personal and academic goals; expressing emotions appropriately</p>	<p>Being able to take the perspective of and empathise with others; recognising and appreciating individual and group similarities and differences</p>	<p>Establishing and maintaining healthy and rewarding relationships based on cooperation and resistance to inappropriate social pressure, preventing, managing, and constructively resolving interpersonal conflict; seeking help when needed</p>	<p>Making decisions based on a consideration of all relevant factors, including applicable ethical standards, safety concerns, and social norms; the likely consequences of taking alternative courses of action; evaluation and reflection</p>
<p>CLASSROOM APPLICATIONS</p>	<ul style="list-style-type: none"> • I messages to self-advocate the wants/needs/feelings of others • Interactive read- 	<ul style="list-style-type: none"> • Role playing I- messages • Teacher directed/supported 	<ul style="list-style-type: none"> • Personal learning tools and being respectful • Morning 	<ul style="list-style-type: none"> • Steps/process for individual problem solving • Taking turns/playing 	<ul style="list-style-type: none"> • Role playing literature • Learning partners/learning

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	<p>alouds</p> <ul style="list-style-type: none">• Role-playing• Morning meeting• Sharing stories in author's chair• Student led conferences	<p>conflict resolution</p> <ul style="list-style-type: none">• Sensory diet• October habits of a learner• Student Goal setting• Digital portfolio conference in June• Goal/unit reflections	<p>meetings</p> <ul style="list-style-type: none">• Major focus unit on biographies/many individuals are studied. Civil rights movement and others	<p>games in classroom</p> <ul style="list-style-type: none">• Choosing good learning partners• No put downs/put ups• Buddy reading	<p>places/learning positions</p> <ul style="list-style-type: none">• Respecting building/facility, materials, taking pride in our school
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