

# Music - SEL

Self Awareness	Self Management	Social Awareness	Relationship Skills	Responsible Decision Making
<p>Knowing your musical preferences</p> <p>Participating in a music group and singing/playing by yourself</p> <p>Playing or singing with an appropriate emotion for the song</p>	<p>Playing only when asked</p> <p>Following the conductor/leader</p> <p>Maintaining rest position</p> <p>Silent practice</p>	<p>Not interrupting</p> <p>Positive feedback for performers</p> <p>Good audience behavior</p> <p>Knowing how your behavior is affecting the group</p>	<p>Following rehearsal behavior rules</p> <p>Taking turns playing/singing</p> <p>Group practice</p> <p>Sense of community within a large music group</p>	<p>Choose music that is appropriate for you</p> <p>Creating your unique interpretation of a piece of music.</p> <p>Self evaluations</p> <p>Being on time for rehearsals/performances</p>
<p>Knowing whether or not you are singing/playing correctly</p> <p>Rehearsing so the music is the best it can be</p>	<p>Practicing until you get it!</p> <p>Emotional expression while playing/singing and musical choice</p>	<p>Realizing that some groups have difficult music and need more practice time</p>	<p>Asking/answering questions</p> <p>Reminding others when they should be listening</p>	<p>Constructive feedback on how a group/person is progressing</p>