

The Square Foot Gardening Project

The goals of this project are simple, yet important:

- We want all of our students to know and experience the science involved with growing. Every student will have the opportunity of growing from seed to harvest each year.
- We want all of our students to understand and experience the health and nutritional benefits of balanced and varied diets. Plant based diets are the most healthful. We know that children who grow their own vegetables are more likely to eat them.



We are in the beginning stages. Last spring we piloted this project with two grade levels - one in the greenhouse and one in the garden. Based on these experiences we are ready for our first year with the entire student population.

Here is our plan for what might be grown throughout the grades giving consideration to likely temperatures, light availability and variety of growing experience.

Fall Planting		
	Greenhouse	Garden
Kindergarten	carrots	
Grade 2	spinach and beans	
Grade 5		radishes and mescaline mix
Grade 7		kale and chard
Spring Planting		
Grade 1	mescaline mix (lettuces)	
Grade 3	kale, broccoli, endive	
Grade 4		
Grade 6		broccoli, cabbage, Brussels sprouts
Pre-K		sunflowers (and other annuals as desired)
Grade 8	tomatoes in individual buckets to take home at the end of school	

We anticipate surprises and missteps along the way. Naturally our plan will evolve as we encounter them. We are looking forward to sharing this project with the entire school community. Once we begin growing, the possibilities seem endless - herb gardens, giant pumpkins, popcorn, historical gardens and heirloom seeds, butterfly gardens, dye gardens...