

# Please join us for an afternoon of relaxation and creativity

with North Hampton School's talented Art Teachers:  
*Marsha Zavez and Carly De Leeuw*

## ZENTANGLE



Marsha and Carly will provide materials and instruction on how to easily create beautiful images known as Zentangle that have been found to inspire imagination, promote relaxation and self-confidence.

**When:** Tuesday, March 6<sup>th</sup> 4-6 p.m.

**Where:** NHS Library

Please sign up on Sign Up Genius

Light refreshments will be served

\*All children who would like to participate must be accompanied by an adult and remain in the library during the course of the event.

For more information about Zentangle:

<https://zentangle.com/pages/what-is-the-zentangle-method>