

Physical Examination Requirements



According to state law, "Each student medical examination shall be conducted at the medical home of the student and a full report sent to the school."(N.J.A.C. 6A:16-2.2) Your child's family physician or health care provider MUST complete his or her physical examination.

ALL STUDENTS ENTERING SCHOOL. This includes those students entering kindergarten and those transferring from another school without a documented physical examination. Each of these students MUST present written proof of a completed physical examination that has been completed no more than 365 days prior to attending school. THOSE FAILING TO COMPLY MAY BE EXCLUDED FROM SCHOOL.

SPORTS PHYSICALS. Students who wish to try out for cross country/track MUST return a completed N.J. Dept. of Ed. Annual Athletic Pre-Participation Physical Examination Form. Sports physicals MUST have been done within 365 days of the first practice . The school physician offers free sports physicals ONLY at an appointed time in June each year. Coaches for cross country and track will have the physical examination form along with the "Sports-Related Concussion and Head Injury Fact Sheet", and the "Sudden Cardiac Death in Young Adults". A sign off sheet that you have read this information will be provided and must be returned prior to the first practice.