

Winter 2018

Ocean City High School Guidance Newsletter



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8th Grade Course Selection

8th Grade
Orientation Program
January 23

Ocean City
Intermediate School
February 6-9

Upper Township
Middle School
February 20-23

School Choice
Students
by
appointment with
assigned Counselor
February through
March

2018-19 Course Selection Is Underway.

Counselors will be meeting in classrooms, walking our current 9th, 10th, and 11th graders through the course selection process. Our Program of Studies is posted online under the guidance page on the high school site and is also available through the home page of the student's Family Connection site.

The classroom guidance schedule is as follows:

Thursday, January 11 - 9th Grade TIES
Friday, January 12 - 9th Grade TIES

Thursday, January 18 - 10th Grade English
Friday, January 19 - 10th Grade English
Monday January 22 - 10th Grade English

Wednesday, January 31 - 11th Grade English
Thursday, February 1 - 11th Grade English
Friday, February 2 - 11th Grade English

In the classroom group presentations, counselors present an overview of the courses available to students and answer questions in the group setting. 9th graders select a graduation plan that guides their course selection. 10th graders review their plan from last year and make revisions if necessary. 11th graders also review and revise their plan. The course selection will be a two-part process. Students will be given a course selection worksheet to initiate course selection which will need to be reviewed and signed by each of their teachers. They will also input their course selections online in their family connection account.

Parents/Guardians – Students will be instructed to bring the course selection worksheet home for you to review and sign. Please take some time to review the sections made by your child. Feel free reach out to the appropriate counselor with any question regarding selections. We will need the signed worksheet returned to us one week after the classroom meeting.

After course selection worksheets are returned courses are uploaded and the counselors review the graduation plans and also the courses selected. If satisfactory, the counselor will approve the plan before the requests are uploaded to our student management system. Counselors will see students with questionable selections.

At OCHS every effort is made to give students a schedule of classes that were requested during the course selection process. After the initial course selection process concludes in late winter/early spring, there will be an opportunity during the first week of June to make changes to initial selections with parent & teacher approval. The school's master schedule and staffing is built upon careful and deliberate course selections made by students. Every effort should be made by students, counselors, parents, and teachers to ensure that the courses selected are appropriate for the students. No changes to course selections will be considered after the first week in June unless there are extraordinary circumstances. Administrative approval will be required for this circumstance.

NOTE TO JUNIORS and their Parents: Counselors will cycle back to all juniors in the early Spring to review selections and review post-secondary plans, including college searches. Parents are encouraged to come in for these meetings and/or request time with the counselor this spring.

Give us a call or an email with any concerns or questions.

Important Dates and Events

January 29 - 2nd MP
closes.

February 10- ACT
@ OCHS

February 22 -
Community Job
Fair/Trade Day

March 2 – 3rd MP
Interim Reports
Effective

March 10 - SAT @
OCHS

March 15 -
Volunteer Fair

March 27 – CASCA
College Fair @
Stockton University

April 11 – 3rd MP
closes

April 19 – College
Admissions Panel

April 3 - 13th PARCC
Testing

May 5 – SAT @
OCHS

May 22 – Four Year
College Preview

May 30 - Senior
Awards Breakfast

June 7- Community
Scholarship Gala

Seniors No Time to Slump!

Once you have a college offer in hand, you may get the urge to coast through the rest of the school year, or maybe you've already decided to slack off. It's your senior year and you deserve it, right? Before you give in to senior slump, you should know that the college may be watching you. Colleges, especially selective universities, have been known to withdraw offers of admission to students who drop college prep classes or begin earning uncharacteristically low grades. If you've slumped, but not too far, colleges might send you a warning letter and add certain stipulations to your admission, such as requiring a 2.0 grade point average during the first year of college. Taking an extended breather during your senior year can make your freshman year in college difficult. So have fun your senior year, but don't give up on your college preparation. Study hard! **Keep in mind midyear and final grades are sent to each of the colleges you have applied to or plan to attend.**

3 Ways High School Seniors Can Capitalize on Second Semester

By Cathryn Sloane

Many students – and parents – are all too familiar with the stereotypes surrounding second-semester seniors. Pop culture often deems the final semester as a time for high school seniors to relax and put the hard work on the back burner, as they've likely wrapped up the college admissions process and may even know where they will be attending college.

But is this really the right time to take it easy? While students certainly deserve a break at this point and should carve out some time to wind down, it's not necessarily the correct time to draw everything to a halt. The final semester of high school is an excellent chance to take advantage of key opportunities that can help you prepare for the college transition.

Two current college students shared their best tips for maximizing these last few months of senior year.

- **Keep yourself challenged:** Often, one of the most feared elements of the college transition is the fact that the coursework will be much more difficult. Students may be used to certain study tactics and test-taking strategies that worked well for them in high school, but that doesn't mean those same approaches will necessarily work in college. A great way to fend off any schoolwork complications is to find ways to keep yourself challenged during the last semester of high school "Try taking some challenging classes to develop those study skills," said Nate Trona, a senior at the University of Pittsburgh. "If you choose to take it easy the last semester, this might put you in a downward slump that some kids may have a hard time recovering from." Trona suggested students take an Advanced Placement course to get them out of their comfort zone. Not only can AP courses keep you working hard, but they may even help you earn credits that will come in handy when scheduling college classes. Tough courses aren't the only way to keep yourself challenged, however. Megan Grove, a freshman at Southern Illinois University—Edwardsville, said opportunities outside academics helped keep her well-rounded and ready for college life. "It's important to be involved, for example, in extracurricular and leadership roles," said Grove. "I believe that doing so really helped me to prepare for college."

- **Foster connections with your teachers:** The last semester of high school can be an emotional time, as students are getting ready to say goodbye to the peers they've shared class with for so long – but what about the teachers? These are important relationships that students must not forget about. Think about the teachers who have made an impact on you over the last four years. Whether their support helped you raise a class grade, score better on the SAT or earn a leadership position in student government, there is likely an instructor to whom you'd like to show your appreciation. It will likely be easier to stay in touch with these teachers after graduation if you foster your connections with them now. Trona noted the importance of recommendation letters and references when it comes to pursuing opportunities in college and beyond, and high school teachers can be excellent points of contact for these. Students will need good references to get some opportunities as a college freshman, such as research or even some volunteer positions, said Trona. "A high school professor who knew you well might be able to write you the letter that makes you more competitive in the field that you're pursuing."

- **Lay out a plan:** The final semester of high school is an opportune time to start making decisions about what you'd like to do in college and how you're going to pursue these goals. Take this time to review the resources your high school has available to help guide you in such decisions – such as picking your college major – as well as the resources your college has to offer. Grove said students should begin to plan their college path. "This is especially important because many schools have freshman orientation and registration for classes directly after high schools finish their second semester, so the preparation for that is extremely helpful." Remember that these last few months of high school are an invaluable time to receive helpful guidance on how to begin the next phase of your life, build relationships with your instructors and take advantage of your school's resources. Spend your time wisely – before you know it, that diploma will be in your hand and you'll be moving on to your college campus.

Cathryn Sloane is a marketing manager for Varsity Tutors. She earned a Bachelor of Arts in English from the University of Iowa.

Scholarships!

Check out our scholarship listing under the college information tab in family connection.

Log onto Family Connection

@

<http://connection.naviancare.com/ochs>

To see the entire list.

The Ocean City Community Scholarship is available. Seniors should strongly consider completing this application which qualifies them for multiple community based scholarships. Applications are available in Family Connections scholarship listing.

ATTENTION STUDENT ATHLETES

Any student who is considering playing sports at the Division I or Division II Collegiate Level needs to file with the NCAA Clearinghouse. To file with the **NCAA Eligibility Center** please follow these steps:

* See your counselor and share your desire to play Division I or Division II

* Go to: [NCAA Eligibility Center](#)

* Follow the instructions for registration

* Create an account

* Complete registration forms

* Pay fees

* Request that an official transcript be sent to the NCAA Eligibility Center (end of junior year)

Admissions Decisions

College admissions decisions are rolling in now through April 1st and there is much anxiety for both seniors and their parents. Students are taking their final visits to schools to which they've been admitted and forming opinions regarding where they would be most comfortable. It is a big decision. Often the financial aid offers that will be forthcoming play a large role in determining where a student will be able to go. Please pay attention to the priority dates for filing the required financial aid paperwork or you will be out of luck. Freshmen priority dates are earlier than upperclassmen and need to be adhered to.

Getting a College Admission Deferral

From The College Solution Blog

With Lynn O'Shaughnessy

What happens if your child recently received a **college admission deferral letter**?

Plenty of students, who applied to schools via early action and early decision applications, have received deferral notices.

Students need to understand that a deferral doesn't mean that their hopes have been dashed. It signifies that a school has not decided whether to accept or reject the applicant and will show its hand when the regular decisions are released.

Just because a college defers a student's application doesn't mean the school isn't interested in him or her. With so many students submitting large numbers of college applications to highly selective schools, these institutions are postponing a decision on more applications. Students who were deferred shouldn't sit around feeling sorry for themselves. Here are eight things they can do:

1. Send in the card.

Some schools will ask deferred students whether they want to be considered in the regular admission pool. If still interested, the student should send in this postcard immediately.

2. Ask your high school counselor to intercede.

If the school is the child's No. 1 pick, he or she should ask the high school guidance counselor to notify the college of this fact. A friend of mine, who is the college counselor at a private high school, says she will call or email the institution if this school is truly a teenager's top choice. You can also ask the counselor to inquire what else the applicant with the delayed decision could do.

3. Assess your chances.

Some schools, such as Stanford University defer few students, while schools like Georgetown University defer many. Contact the school to see what percentage of deferred applicants eventually win an acceptance letter. If the odds are poor, prepare yourself mentally to look elsewhere.

4. Write a letter.

Send the appropriate **college admission officer** (if you don't know find out) a letter explaining why you want to attend the school and how you would contribute to the school community.

5. Update the school.

Share any relevant news with the school that you didn't include in your application. This can include your latest grades as well as honors or activities.

6. Consider another recommendation or two.

I'd ask the school if sending in additional recommendations would potentially be helpful.

7. Look for connections.

If a parent or student know faculty, administration or distinguished alumni from the college he/she should solicit suggestions on how to proceed. This might lead to an offer to make a call or write a letter on the child's behalf.

8. Look elsewhere.

It's unfortunate when a teenager gets emotionally attached to a single school. If your child has been deferred, it's best if he or she gets used to the possibility of attending another institution.



COLLEGE PLANNING TERMS

Common Application

Form that allows a student to submit one application to many different schools. Available online at:

<https://www.commonapp.org>

Some schools also require supplemental forms.

Early decision.

A binding agreement between you and the school. You apply early, and if admitted, are bound to attend the school. The application deadline occurs early and the admission decision is delivered early.

Rolling admissions.

A process in which a school reviews applications and makes decisions on them throughout the year.

Early action.

You can apply to an early action school and receive your admission response early. The decision is usually non-binding, but you may agree to forgo applying to other early action/early decision institutions. When conditions apply it is sometimes called Restrictive Early Action.

Open admissions.

An admission decision, usually made by public, junior and community colleges, without regard to your academic performance.

Transcript.

The official record of your educational achievements provided by your high school.

Free Application for Federal Student Aid (FAFSA).

The key to unlocking student financial aid, it should be completed and submitted as soon after October 1st as possible. The form and supporting information can be found at

<http://www.fafsa.ed.gov>.

You can find glossaries of college and financial aid terms on several websites, including:

[Finaid.org](#)
[College Confidential](#)
[FastWeb](#)

Juniors – start your college planning

The last half of junior year is here and that means it's time to spring into action. Ideally, you've already been thinking about college and investigating your choices, but now is the time for action. Just ask any senior. Time goes by very quickly.

Here are some things to do:

- Work with your Guidance Counselor to discuss your preliminary list of colleges. Discuss whether your initial list of colleges meets your needs and interests (academic program, size, location, cost, etc.) and whether you are considering colleges where you are likely to be admitted. You should be optimistic and realistic when applying to colleges.
- Continue to take challenging courses. When registering for senior year, don't just sign up for easy courses, because that will hurt your chances for college admission and you'll pay when you arrive at college and can't handle the coursework.
- Begin to make a preliminary list of colleges you would like to investigate further. Surf the internet and use family connection and college resources in the counseling office or library.
- Start a college comparison worksheet.
- Make plans to visit colleges this spring when classes are in session.
- Start or update an academic resume.
- Register for the SAT & ACT. You should be academically ready to take it by spring of this year. If not, plan to take it in the summer or fall, work hard in your courses and check out free test questions at www.actstudent.org or www.collegeboard.com
- Check into applying to college online.
- Investigate scholarship opportunities.

2018 TESTING SCHEDULE

FEBRUARY 10 - ACT Testing – Use 5th Street Entrance

MARCH 10 - SAT Reasoning – Use 5th Street Entrance

APRIL 17-20 PARCC Testing

MAY 5 SAT Reasoning & Subject Tests – Use 5th Street Entrance

MAY 7-18 AP EXAMS

MAY 24-25 11th Gr. SCIENCE TESTING

JUNE 2 SAT Reasoning & Subject Tests – Use 5th Street Entrance



Free SAT/ACT Test Prep

Your child has access to Method Test Prep through their Naviance Family Connection account. This is an online course that the OCHS Guidance Department provides to help students improve their SAT and ACT scores as well as builds their math, reading and writing skills. Students can listen to math, verbal and writing tutorials and each tutorial is accompanied by a quiz to test student mastery. The program is highly adaptive and keeps track of a student's strengths and weaknesses. Students have access to a large pool of practice questions and receive instant feedback upon completion of each question. This feedback includes easy-to-understand explanations. Students and parents have seen measurable progress when using Method Test Prep. Method Test Prep uses proven strategies that are clear and easy to understand for any type of learner. Method Test Prep is interactive and time efficient. By using internet technology, students are more engaged and their time is focused on areas in need of improvement. Method Test Prep is a good fit for any type of student. The website can be accessed at any time of day or night most convenient to the student. Method Test Prep is designed to be used independently or as a supplement to other SAT or ACT prep. All students in grades 9-12 have access to the Naviance program and can log onto this program using an email address and a password that they created. Once the students are in their Naviance accounts, they should click on the link - Method Test Prep.

Career Spotlight

Genetic counselors help people answer questions about their genetics. They evaluate family history and medical records, order genetic tests, and evaluate the results.

Genetic counselors learn the medical history of the patient. They talk with patients and read medical records. They decide if genetic testing is necessary. Counselors refer patients to a doctor or laboratory for the actual tests.

Genetic counselors meet with patients and their family to discuss test results. It is important that counselors remain neutral when providing this information. This enables patients to make informed and independent decisions. Counselors talk about cases that were similar, explain possible outcome scenarios, and discuss treatment options.

Genetic counselors address any emotional issues raised by the results of genetic tests. They refer patients and families to community or state support services.

Genetic counselors work with people who want to have children. They may work with people already pregnant who suspect there might be genetic problems. Some patients come with a specific problem. They know they have a genetic disorder, such as Huntington's disease, and need information about it. Or they have a family history of heart disease or cancer and want more information. With the advancements in the field of genetics, this is an expanding discipline.

Most genetic counselors work in a medical setting as part of a health care team. They may also work in:

- Diagnostic laboratories
- Health consulting
- Pharmaceutical industry
- Public health and education
- Research

Increase Your College Chances with this Admissions Secret

Posted www.teenlife.com by Suzanne Shaffer

Many college experts offer advice on how to get into college. They recommend stellar standardized test scores, a killer college essay, a high GPA, and strong extracurriculars. While all those application components are important, did you know that there another way for students to increase their admission chances by 40 percent!

Data from the National Association for College Admission Counseling show there is a powerful tool students can use to improve their admission chances: demonstrated interest.

Students who visit a college before they apply, are up to 40 percent more likely to be admitted than students who do not visit or show demonstrated interest, the data says.

Why does demonstrated interest matter?

For colleges, it's difficult to know which applicants are really interested in attending. Due to the ease of the Common Application, students can apply to multiple colleges at once. Students often believe that applying to more colleges will increase their chances of getting accepted. When a college receives your application, admission officers look for ways to determine whether you will accept their offer of admission. Since all colleges have quotas to fill and determine their admission offers based on percentages of acceptance, showing interest lets them know you will likely accept their offer. As they see it, why offer admission to someone who isn't interested when there is someone who is likely to accept?

How do you find the colleges that place a strong interest on this?

Which colleges want your student to show them some love? You don't have to guess. You can use a tool like Collegedata.com to determine if a college uses demonstrated interest in its admission decision. The colleges are asked to rate 19 admission factors by using these four categories: very important, important, considered, and not considered. Each year, colleges are surveyed and this data is used to compile the information on its website. To access the data, you simply search for the college, click on the Admissions tab, and scroll down to the Selection of Students heading. Then you can see the importance a college places on a student's level of interest. Harvard, for example, lists this as "not considered." In comparison, the United States Naval Academy, lists it as "very important." Every college is different so it's important to check before applying to determine whether a college visit or another demonstration of interest is warranted.

How does your student demonstrate interest?

The most obvious way to demonstrate interest is to visit the college, take a tour, and schedule an interview; but visiting colleges across the country can be expensive.

Fortunately, there are other ways to demonstrate interest:

Join a college's Facebook page.

Contact a college admission representative or alumni.

Participate in a school's online chat or attend an online college fair.

Request literature or attend a local college fair.

Connect to current students via social media.

Follow the college on Twitter and make a connection.

Schedule an online interview.

Colleges love receiving unsolicited requests for information. Your student is not only demonstrating interest, but forging a relationship with a college representative that will often result in more interest and attention during the admission process. This in turn increases your chances of admission.

A Mother-Daughter Dialogue

Love The Journey To College: Guidance from an Admissions Consultant and Her Daughter is a new book that discusses the aspects of the college admissions process from the point of view of both a mother, who happens to be a college counselor, and her daughter.

The book is by Jill Madenberg, and her daughter, Amanda Madenberg.

Visiting Colleges

Jill: When Amanda visited a few likely schools and loved them, it was a game-changer for both of us. I knew she would undoubtedly be accepted, and she was absolutely thrilled with each of them. A huge stress in the college process was removed because we were confident that Amanda would get into several colleges that she had visited and loved.

Amanda: I can't even explain to you how nice it was to be ecstatic about schools that I knew should accept me comfortably. From private, liberal arts schools to state schools and their honors programs, I had options that I loved and was excited about. For example, I applied to a big state school in the South that hardly anyone from my area attends. The school is in the middle of the cutest little city, and it offers a phenomenal education—especially the Honors Program to which I applied. This program accepted me even before I heard from Cornell, and the security of this option in my back pocket gave me so much confidence.

Visit Colleges in Session

Jill: It is very common for students to set their hopes on one specific school. However, if you remember that you need to find only a few colleges that will likely accept you out of the nearly 4,000 to choose from, it turns the college process from highly stressful to far more enjoyable. If you decide to prioritize visiting, you should try to visit each campus when that school is in session. Visiting during the summer, during Christmas vacation or Thanksgiving break is almost pointless. If you are across the country on a family vacation and want to visit colleges nearby during the school's break, of course you should do that because it is more convenient than coordinating a separate trip. The summer is certainly easier to schedule an interview and some colleges do have current students on campus. But don't be fooled into thinking you understand the culture of a particular campus if hardly anyone is there when you go.

Amanda: Truth. When our family took a vacation to California during Christmas break of my sophomore year, we visited three amazing schools that I thought I would love, but it was impossible to tell for sure. You really can't get a sense of the social scene or type of kids who attend each school when the students aren't there.

Walk with the Guide

Jill: Seeing a campus while classes are in session is vital. Although attending an informational presentation and tour is great, there is a lot more to be gained when planning a visit. Remember that the tours are often scripted and given with the intent to "sell" you on a particular school.

Amanda: Something my mom taught me that I found really helpful is the advantage of walking next to the tour guide for at least a portion of the tour. While the tour guide will give the group lots of information while walking, he/she will often take a break when going inside a building or walking from one place to another. You can ask the tour guide some personal questions if you are up front, and inquire about the things that interest you specifically. For example, I would ask tour guides about the Greek Life on campus and the level of student spirit.

Jill: There is nothing wrong with that, but you need to investigate a bit further to learn more about what each college offers. Certainly, one tour guide does not necessarily represent the campus culture. Many families try to visit up to four colleges in one day—this is too many. To really get a sense of each school—the academics, the campus life, and the students—you need several hours at least; plan to spend a minimum of four hours on a campus. Amanda: More time if you can! It's nice to have an entire day to fully experience the school.

Pick a Spot to Eat

Jill: After your info session and tour, you will want to have a meal or snack in a heavily populated dining hall. In addition to testing the food for variety, accommodation and taste, you will get a read on specifically who attends this college. Yes, this may sound superficial or judgmental, but remember that you are visiting colleges for fit. It is essential that you think you will fit in with the students who attend, and you can only make that call after observing the students firsthand.

Amanda: Pick a spot to eat where you are surrounded by several conversations, and try to listen to what is being talked about. Are the students gossiping? Talking about stressful schoolwork? Telling stories? Talking politics? Since childhood, I have always been fascinated to hear the conversations of college students.

And, As An Aside: Keep Your Mouth shut!

Amanda: In order to better deal with friends, acquaintances and peers throughout high school, I decided not to tell anyone about the following: my grade-point average, standardized test scores or college list (including my Early Decision school). In retrospect, it's not as if I am opposed to people knowing about my scores after the fact, but I kept this information to myself to avoid getting swept up in a competitive environment as much as possible. While the questions and occasional uncomfortable situations were inevitable, I am happy that I did not share my statistics while I was experiencing the process. I definitely did not need the additional stress of having people gossip about me.

Jill: And having worked with students from all types of high schools, I can tell you that I recommend the "keep your mouth shut" philosophy to all my students.

Excerpted with permission from College Bound News.

VIRTUAL HIGH SCHOOL

Ocean City High School is offering students the opportunity to enroll in courses on-line through Virtual High School. Students can choose from a variety of unique courses who are taught by certified teachers across the country. VHS students utilize the library during a class period to access their VHS Course and correspond with teachers. Any Junior student who is interested in the program, please see Mrs. Andrea Kuhlberg in the Guidance office, or contact her at akuhlberg@ocsdnj.org.

AP Testing Information

Once again, for the 2018 AP exams, students at Ocean City High School will be registering online. This registration will take a few minutes and can be completed from any computer with internet access. This year each AP exam costs \$94.00.

Online exam registration is now live and ends on Thursday, March 1, 2018 at 11:59 PM. In order to register, students should click on the link provided on the school website or visit www.TotalRegistration.net/AP/311045 to register. To complete registration, students must answer all of the required questions. Registration is not complete until students have printed the PDF of the confirmation page that is provided at the end. Please be sure to have a credit card or debit card available before beginning registration.

Here are the important dates for the registration process:

- Fri, Dec 1, 2017 at 12:00 AM - Registration Begins
- Thurs, Mar 1, 2018 at 11:59 PM - Registration Ends
- Thurs, Mar 8, 2018 at 11:59 PM - Registrations that have not been paid for will be cancelled and exams will not be ordered.

Please contact Mrs. Mary McDowell Campo, mmcdowell-campo@ocsdnj.org, if you would like to register for an exam not listed or have any questions.

Student Support Services Upcoming Events, Awareness Activities and News

OCHS Safety Team

- **Tues, Jan 16 – Love Your Body Speaker**
West Chester University student will present on Body Positivity, Disordered Eating and Living a Healthy Lifestyle
 - Period 7 (11:40-12:35) in the OCHS Community Room
 - Sign-up in the OCHS Wellness Center
- **Feb 26-Mar 2, 2018 – Eating Disorder Awareness Week (Love Your Body Week)**
 - Heart sales all week during lunch \$1 (heart includes a positive quote and lollipop)
 - Woven heart candy-gram “you have *heart* because.....”
- **Mon, Feb 26 - Mirrorless Monday**
 - All mirrors will be covered with positive messages for the day
- **Tues, Feb 27 - Rebound Tuesday**
 - Shred negativity, grab some positivity!
- **Wed, Feb 28 Weightless Wednesday**
 - No measurements, no restricting, no weighing, no scales today!
 - *School assembly featuring guest speaker Colleen Coffey from The Active Minds Speakers Bureau*
- **Thursday, Mar 1 - Love Your Body Day**
 - Love Your Body Day! “I AM _____ ENOUGH” poster
 - *School assembly featuring guest speaker from The Renfrew Center (Leading Clinical facility in Eating Disorder Treatment)*

OCHS I&RS Team

- The team recently welcomed OCPD Sergeant Patrick Randles, who is the newly-appointed supervisor of the OCPD Community Police Unit. Sergeant Randles will work with the I&RS team to ensure the continued growth and success of the OCHS students who are referred for support.

Scholar Leadership and Enrichment Programs.

Hugh O'Brian Youth (HOBY) Leadership Program

HOBY is a program that allows a chosen sophomore delegate to attend three- or four-day seminars and participate in hands-on leadership activities, meet leaders in their state, and explore their own personal leadership skills while learning how to make a positive impact in their community. This year's delegate is Louis Williams and the alternate delegate is Sophia Ginat.

New Jersey Scholars Program

The NJ Scholars program creates an intense, interdisciplinary intellectual experience that will change students' lives by teaching them to think in a new way — relating disciplines instead of dividing them. Scholars participate in lectures and small-group seminars where they actively engage with the disciplines. Every year we are able to have one chosen student apply for entrance in to this very selective program and this year that student is Patricia Bachleda.

New Jersey Governor's School for Engineering

The New Jersey Governor's School of Engineering & Technology at Rutgers University is an intensive residential summer program that brings together some of New Jersey's most talented and motivated high school students. During the program, students will have the opportunity to collaborate with two to four students on a novel research project which will be showcased in a conference-style final paper and presentation in front of hundreds of invited guests at a Rutgers research symposium. Additionally, students will be able to participate in a variety of workshops, attend site visits to local corporations, and engage in activities that will help them connect with professors, professionals, and peers from throughout the state. Jacqueline Nesi is the student that has been chosen to apply for entrance into this incredibly competitive program.

New Jersey Governor's School in the Sciences

The mission of the Governor's School in the Sciences is to broaden students' appreciation and knowledge of science through exposure to a range of scientific topics and scientists. Students are introduced to scientific research via a hands-on research experience in an area of interest with the goal of inspiring young scholars to major in STEM fields in college. OCHS has chosen Caroline Artymowicz to apply for entrance into this prestigious summer program.

Boys & Girls State

Boys State and Girls State are produced by the American Legion and the American Legion Women's Auxiliary. The program involves a mythical fifty-first state organized and administered for citizenship training purposes under the auspices of The American Legion, Department of New Jersey. Boys & Girls State educates our youth in the duties, privileges, rights and responsibilities of American citizenship. Both programs endeavor to provide a foundation for understanding self-government, a rational approach toward the solution of public questions, and a live faith in the ideals and processes of democracy. While Girls State has not yet chosen their delegates, Boys State delegates for 2018 are as follows:

Shane Ferry Gabriel Griffin
Travis Krause Eric Love Andrew Redmond

College/Career Counselor Event Schedule

2/22/18 Student job Fair/Trade Day during community lunch in the auxiliary gym:

Several employers will be present to offer onsite informal interviews and discuss job openings for the summer season as well as trade/labor union/military opportunities for full time employment beyond high school. *All students are encouraged to complete/update their resume's and bring multiple copies with them.*

3/15/18 Student Volunteer Fair during community lunch in the auxiliary gym:

Several local agencies will be available to meet with students who are interested in volunteering in their community. Keep in mind, Colleges, Universities and Employers are looking for students who have a passion and integrate themselves into the environment in which they live!

3/20/18 ASVAB Testing in the OCHS Media Center 8AM-11AM:

The ASVAB exam is a military entrance exam that is available to any student who is interested in grades 10-12. Students are encouraged to sign up for the exam on family connection or through their school counselor.

3/27/18 College Fair 6-8:00 PM @ Stockton University:

Over 150 colleges/universities will be available to discuss majors, special programs, entrance requirements and scholarship opportunities. This event is free and open to any student/family interested.

4/19/18 College Admissions Panel 6:30-8:00 PM in the OCHS Media Center:

This event is available to any student/family in grades 9-11. Several college admissions representatives will be present from Ivy League to open enrollment schools to discuss the application process, tips for a solid application, testing, importance of visits, interviews, college essays and offer suggestions/pointers to give students an advantage in the application process.

5/22/18 auditorium 1:00 PM-2:35 PM Four Year College Preview Rescheduled

All SENIORS who are College-bound will attend. Students will learn about the transition from high school to college from OCHS alumni. Students will learn about financial aid, majors, study skills/habits, roommates and much more.

5/30/18 Senior Awards Breakfast 7:30 AM – 9:30 AM Details and information to follow.

6/7/18 Community Scholarship Gala 6:00 PM- 8:30 PM Details and information to follow.

Guidance Department Team Members

Guidance Counselors

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Have a Great Winter!



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We're on the Web!

See us at:

<http://oceancity.nj.och.schoolines.com/?PageName=bca&n=1731>

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